



Foundation for Excellence

Wilmington 209-U Foundation for Excellence Homecoming 5K Run & 1 Mile Fun Walk

8:30 AM Saturday, September 19th, 2015
Wilmington High School, 209 Wildcat Court, Wilmington, IL

The Wilmington 209-U Foundation for Excellence is excited to host its 10th annual 5K Run and 1 Mile Fun Walk – a family event to promote healthy minds and bodies! Proceeds from this event will be used to enhance the educational opportunities of our students. Our 5K Run/1 Mile fun walk will “kick-off” Homecoming Week for the Wilmington School District! **The race will begin at Wilmington High School and will wind through quiet neighborhoods surrounding the high school. Runners and walkers will return to the school and will enjoy a FULL breakfast generously provided by Gymnastics X-Calibur, Inc. of Coal City. There will be a trophy presentation after all runners return to the school and all race results are final. We will also have special raffle prize giveaways that all participants are eligible for.**

For the safety of all participants, bicycles, in-line skates, roller skates, skateboards and dogs are not allowed on the course. Strollers and wheelchairs are welcome on the Fun Walk.

Schedule:

7:30 a.m. Registration/Check In
8:30 a.m. 5K Run
8:35 a.m. 1 Mile Fun Walk
9:15 a.m. **Breakfast** and Awards
celebration to be held in the high school
cafetorium.

Registration Fee:

\$15 before 9/3/15
\$20 on or after 9/4/15
Registration required for all participants. Fee is non-refundable.
*** Register by 9/3/15 to ensure you receive a shirt and goodie bag.**

5K Run Age Divisions (Men & Women)

12 & under	21 – 25	36 – 40	51 – 55	
13 – 15	26 – 30	41 – 45	56 – 60	66 - over
16 – 20	31 – 35	46 – 50	61 – 65	

Awards

Trophies 1st place for 5K Overall Winners (Male/Female)
Trophies 1st, 2nd and 3rd place for 5K Each Age Division, 4th & 5th place for larger categories
Trophy Overall Master
Trophy & \$100 donation to 209-U School Group with most registered participants
Trophy & \$100 donation to community group with most registered participants

A FULL breakfast will be available to all participants immediately following the race provided by Gymnastics X-Calibur!

Please keep this page for your information and reference. Complete page 2 (application) and return.

APPLICATION FORM

Please complete and mail, email or fax to:

209-U Foundation for Excellence
c/o Stephanie Southall
1601 Meadowview Lane
Wilmington, IL 60481

Stephanie.southall@countryfinancia.com

Wilmington 209-U Foundation for Excellence Homecoming 5K Run & 1 Mile Fun Walk

8:30 AM Saturday, September 19th, 2015
Wilmington High School, 209 Wildcat Court, Wilmington, IL

Name _____ Address _____

City _____ State _____ Zip _____ Phone _____

Email _____ Age as of 09/19/15 _____ Birth date ____/____/____

Male / Female (circle one)

Select Event (circle one)

5K Run

1 Mile Fun Walk

Registration Fee (Required for all participants) **Register by 9/3/15 to ensure you receive a shirt!**

Early registration before 9/3/15

\$15

Registration after 9/4/15

\$20

Shirt Size (circle one): Child-S Child-M Child-L Adult-S Adult-M Adult-L Adult-XL Adult-XXL

Wilmington High School Alumni: Yes / No

If you are competing with a group, please complete the following to assure your group gets credit for your participation:

Name of Wilmington School Group _____

(Wilmington School Groups of 10 or more receive a discounted registration fee of \$12.00 per person before 9/3/15)

- **Foundation will give a \$100 Donation to Wilmington School group with most participants**

Name of Wilmington Community non-profit organization _____

(Wilmington non-profit organization groups of 10 or more receive a discounted registration fee of \$12.00 per person before 9/3/15)

- **Foundation will give a \$100 Donation to Wilmington Community non-profit organization with most registered participants**

Make check payable to: **WILMINGTON FOUNDATION FOR EXCELLENCE**

WAIVER: I, the undersigned, know that the event I am entering carries the risk of personal injury or damage. I know that a Run/Walk requires training, and I certify that I am physically fit for this event. I also understand that this course will cover various terrains. In consideration of my being allowed to participate in this event, and for good and other valuable consideration, I hereby waive any and all claims, actions, or lawsuits of any kind against Wilmington Foundation for Excellence, Wilmington School District 209-U, the City of Wilmington, any sponsoring organization, and all persons connected with this event, for any and all injuries of any kind occurring during or arising out of this event. I further understand that there are various and significant risks when participating in an event that is held in public and under circumstances which cannot be totally controlled by the sponsors and hosts. I understand that the event will take place rain or shine, and that no refunds can be made if I choose not to attend.

Participant Signature (parent/guardian if under 18):

X _____

Water stations will be positioned throughout the course and at the finish line.

Parking – Ample parking at Wilmington High School.
Security/Traffic Control – by Wilmington Police and Fire Departments

Questions? Contact Stephanie Southall
815-476-5157 or stephanie.southall@countryfinancial.com

OFFICE USE ONLY:

Process Date: _____ **Tag Number:** _____ **Processed By:** _____