



**Wilmington 209-U Foundation for Excellence  
Homecoming 5K Run & 1 Mile Fun Walk**

8:30 AM Saturday, October 1<sup>st</sup>, 2016  
Wilmington High School, 209 Wildcat Court, Wilmington, IL

The Wilmington 209-U Foundation for Excellence is excited to host its 11<sup>th</sup> annual 5K Run and 1 Mile Fun Walk – a family-friendly event to promote healthy minds and bodies! Proceeds from this event will be used to enhance the educational opportunities of our students. Our 5K Run/1 Mile fun walk will “kick-off” Homecoming Week for the Wilmington School District! **The race will begin at Wilmington High School and will wind through quiet neighborhoods surrounding the high school. Runners and walkers will return to the school and will enjoy a FULL breakfast generously provided by Gymnastics X-Calibur, Inc. of Coal City. There will be a trophy presentation after all runners return to the school and all race results are final. We will also have special raffle prize giveaways, special recognition awards, and some fun surprises this year!**

For the safety of all participants, bicycles, in-line skates, roller skates, skateboards and dogs are not allowed on the course. Strollers and wheelchairs are welcome on the Fun Walk.

**Schedule:**

7:30 a.m. Registration/Check In  
8:30 a.m. 5K Run  
8:35 a.m. 1 Mile Fun Walk  
9:15 a.m. **Breakfast** and Awards celebration to be held in the high school cafetorium.

**Registration Fee:**

**\$17** before 9/9/16  
**\$22** on or after 9/9/16  
Registration required for all participants. Fee is non-refundable.  
**\* Register by 9/9/16 to ensure you receive a shirt and goodie bag.**

**5K Run Age Divisions (Men & Women)**

12 & under	21 – 25	36 – 40	51 – 55	
13 – 15	26 – 30	41 – 45	56 – 60	66 - over
16 – 20	31 – 35	46 – 50	61 – 65	

**Awards**

- Trophies 1<sup>st</sup> place for 5K Overall Winners (Male/Female)
- Trophies 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place for 5K Each Age Division, 4<sup>th</sup> & 5<sup>th</sup> place for larger categories
- Trophy Overall Master
- Trophy & \$100 donation to 209-U School Group with most registered participants
- Trophy & \$100 donation to community group with most registered participants

**A FULL breakfast** will be available to all participants immediately following the race provided by Gymnastics X-Calibur!

Please keep this page for your information and reference. Complete page 2 (application) and return.

**APPLICATION FORM**

Please complete and mail, email, or fax to:

209-U Foundation for Excellence  
c/o Stephanie Southall  
1601 Meadowview Lane  
Wilmington, IL 60481

[Stephanie.southall@countryfinancia.com](mailto:Stephanie.southall@countryfinancia.com)

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Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_ Age as of 10/1/16 \_\_\_\_\_ Birth date \_\_\_\_/\_\_\_\_/\_\_\_\_

**Male / Female** (circle one)

**Select Event** (circle one)

5K Run

1 Mile Fun Walk

**Registration Fee** (Required for all participants) **Register by 9/9/16 to ensure you receive a shirt!**

Early registration before 9/9/16

**\$17**

Registration after 9/9/16

**\$22**

**Shirt Size** (circle one): Child-S Child-M Child-L Adult-S Adult-M Adult-L Adult-XL Adult-XXL

Wilmington High School Alumni: Yes / No

*If you are competing with a group, please complete the following to assure your group gets credit for your participation:*

**Name of Wilmington School Group** \_\_\_\_\_

(Wilmington School Groups of 10 or more receive a discounted registration fee of \$15.00 per person before 9/9/16)

- **Foundation will give a \$100 Donation to Wilmington School group with most participants**

**Name of Wilmington Community non-profit organization** \_\_\_\_\_

(Wilmington non-profit organization groups of 10 or more receive a discounted registration fee of \$15.00 per person before 9/9/16)

- **Foundation will give a \$100 Donation to Wilmington Community non-profit organization with most registered participants**

Make check payable to: **WILMINGTON FOUNDATION FOR EXCELLENCE**

**WAIVER:** I, the undersigned, know that the event I am entering carries the risk of personal injury or damage. I know that a Run/Walk requires training, and I certify that I am physically fit for this event. I also understand that this course will cover various terrains. In consideration of my being allowed to participate in this event, and for good and other valuable consideration, I hereby waive any and all claims, actions, or lawsuits of any kind against Wilmington Foundation for Excellence, Wilmington School District 209-U, the City of Wilmington, any sponsoring organization, and all persons connected with this event, for any and all injuries of any kind occurring during or arising out of this event. I further understand that there are various and significant risks when participating in an event that is held in public and under circumstances which cannot be totally controlled by the sponsors and hosts. I understand that the event will take place rain or shine, and that no refunds can be made if I choose not to attend.

Participant Signature (parent/guardian if under 18):

X \_\_\_\_\_

**Water stations** will be positioned throughout the course and at the finish line.

**Parking** – Ample parking at Wilmington High School.  
**Security/Traffic Control** – by Wilmington Police and Fire Departments

**Questions?** Contact Stephanie Southall  
815-476-5157 or [stephanie.southall@countryfinancial.com](mailto:stephanie.southall@countryfinancial.com)

**OFFICE USE ONLY:**

**Process Date:** \_\_\_\_\_ **Tag Number:** \_\_\_\_\_ **Processed By:** \_\_\_\_\_