

Glendale School District

Breakfast Menu May/June 2017 High School

Food Service Director: Amanda Freidhoff
afreidhoff@gsd1.org (814) 687-5028



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|--|
| 8 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk | 9 French Toast Sticks with Syrup or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk | 10 Egg, Ham and Cheese sandwich on a English Muffin or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk | 11 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk | 12 Smores or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk |
| 15 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk | 16 Chocolate Donuts or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk | 17 Egg , Sausage and Cheese sandwich on a Bagel or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk | 18 FlapStick or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk | 19 Funnel Cake Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk |
| 22 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk | 23 Smores or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk | 24 Egg, Ham and Cheese sandwich on a English Muffin or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk | 25 Glazed Donut Ring or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk | 26 Funnel Cake or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk |
| 29 No School!! Memorial Day!! | 30 Cook's Choice | 31 Cook's Choice | 1 Cook's Choice | 2 Cook's Choice |
| 5 Last Day of School!! | 6 | | | |

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

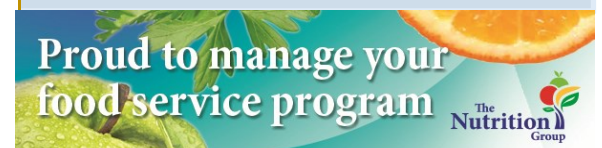
Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Alternate Options May Include:

Banana, Chocolate, or Blueberry Muffins
Chocolate Chip Oatmeal or Banana
Breakfast Bar
Assorted Cereal Bars
Warm Grab & Go Breakfast Sandwiches
Breakfast Taco Roll-Ups
Fortified Breakfast Pastries
Warm Mini Bagels
Yogurt & Toast



Milk Choices Offered Daily
Fat Free Chocolate, Fat Free Strawberry,
Fat Free Vanilla and Low Fat White



Meal Prices:
Paid \$1.35
Reduced \$.30
Adult Breakfast \$2.45

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE