

Glendale High School Lunch Menu April 2017



Food Service Director: Amanda Freidhoff
afreidhoff@gsd1.org (814) 687-5028

MENUS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Hot & Spicy Chicken Sandwich Cheeseburger on a Bun Breaded Chicken Sandwich Hamburger on a Bun</p>	<p>3 Chicken Tenders w/ WG Bread Mashed Potatoes w/ gravy Baked Beans Mandarin Oranges Low-Fat Milk</p>	<p>4 Grilled Cheese w/ Tomato Soup Steamed Broccoli Applesauce Low-Fat Milk</p>	<p>5 Savory Ham Pot Pie w/ Dinner Roll Seasoned Green Beans Diced Pears Low-Fat Milk</p>	<p>6 Meatball Hoagie w/ Cheese on WG Bun Steamed Corn Mandarin Oranges Low-Fat Milk</p>	<p>7 Cheese Pizza Tossed Salad Sliced Peaches Low-Fat Milk</p>	<p>Spicy Italian Hoagie Hot Buffalo Chicken Wrap Oven Roasted Turkey and Cheese Chicken Bacon Ranch Wrap Chicken Caesar Wrap Ham and Cheese Hoagie</p>
<p>Turkey Salad Breaded Chicken Caesar Salad Chef Salad Breaded Chicken Salad Ham salad Spicy Chicken Salad Popcorn Chicken Salad</p>	<p>10 Cheesesteak Hoagie on WG Bun Onions and Peppers Oven Baked Fries Baked Beans Pineapple Tidbits Low-Fat Milk</p>	<p>11 Viking Chicken Sandwich on WG Bun Cheese Broccoli Sliced Peaches Low-Fat Milk</p>	<p>12 Open Faced Roasted Pork Sandwich on WG Bread Mashed Potatoes w/ Gravy Sweet Potatoes Cranberry Sauce Applesauce Cups Low-Fat Milk Jelly Bean Cake Happy Easter!!</p>	<p>13 Nachos Grande w/ WG Dinner Roll Steamed Corn Mandarin Oranges Low-Fat Milk</p>	<p>14 No School Good Friday Happy Easter!!</p>	<p>*Must take at least one 1/2 cup of fruit or vegetable</p> <p>*Vegetable Bar includes: Broccoli Florets Baby Carrots Dark Leafy Greens Legume Salads Celery & Cucumber</p> <p>*Fruits include: Crisp Apple Sliced Peaches Mandarin Oranges Tropical Fruit Salad Fresh Orange Banana Pineapple Tidbits Diced Pears Applesauce</p>
<p>Hot Buffalo Chicken Pizza Pepperoni Pizza Mozzarella Cheese Pizza Sausage and Pepperoni Pizza Barbecue Chicken Pizza Vegetable Pizza Try our new Pizza Crust!</p>	<p>17 Breaded Pork Chop w/ WG Bread Mashed Potatoes w/ gravy Pineapple Tidbits Low-Fat Milk</p>	<p>18 Breadstick Dunkers w/ Meatsauce Seasoned Green Beans Mandarin Oranges Low-Fat Milk</p>	<p>19 Turkey and Cheese Pretzel Melt Broccoli and Cheese Soup Steamed Broccoli Diced Pears Low-Fat Milk</p>	<p>20 General Tso's Chicken w/ WG Bread White Rice Steamed Corn Applesauce Low-Fat Milk</p>	<p>21 Sausage Pizza Tossed Salad Sliced Peaches Low-Fat Milk</p>	<p>Milk Choices Offered Daily: 1% white, non-fat white, non-fat flavored</p>
<p>Peanut Butter & Jelly Sandwich Vegetable Bar</p>	<p>24 Twin Tacos w/ WG Bread Refried Beans Steamed Broccoli Pineapple Tidbits Low-Fat Milk</p>	<p>25 Breakfast for Lunch French Toast Sticks Sausage Tater Tots Applesauce Low-Fat Milk</p>	<p>26 Pasta w/ Meatsauce and WG Dinner Roll Seasoned Green Beans Sliced Peaches Low-Fat Milk</p>	<p>27 Mashed Potato Bowl w/ WG Bread Steamed Corn Mandarin Oranges Low-Fat Milk</p>	<p>28 No Lunch Early Dismissal National Superhero Day!!</p>	<p>Fresh Produce from local farms based on crop availability</p>
<p>Chicken Patty Sandwich Cheeseburger</p>	<p>1 Roasted Turkey w/ Mashed Potatoes and Gravy Seasoned Green Beans Sweet Potatoes Sliced Peaches Low-Fat Milk National Principal Appreciation Day!!</p>	<p>2 Meatball Hoagie w/ Cheese on WG Bun Steamed Corn Mandarin Oranges Low-Fat Milk National Teacher Appreciation Day!!</p>	<p>3 Macaroni and Cheese w/ WG Bread Steamed Broccoli Applesauce Low-Fat Milk</p>	<p>4 BBQ Rib Sandwich Steamed Corn Mandarin Oranges Low-Fat Milk Star Wars Day!! May the 4th be with You!</p>	<p>5 Hot Ham and Cheese Hoagie on WG Bun Oven Baked Fries Baked Beans Dices Pears Low-Fat Milk National Hoagie Day!</p>	<p>Lunch Prices: Paid \$2.20 Reduced \$4.00 Adult Meals: \$3.50</p>
	<p>Chicken Patty Sandwich Cheeseburger</p>	<p>Chicken Tender Wrap Chicken Nuggets w/WG Bread</p>	<p>Chicken Patty Sandwich Cheeseburger</p>	<p>Pizza Bar Deli Wraps</p>	<p>Fish Sandwich Cheeseburger</p>	<p>The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE</p>