

Glendale School District

Breakfast Menu March 2017 High School

Food Service Director: Amanda Freidhoff
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	4 French Toast Sticks with Syrup or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	5 Egg, Ham and Cheese sandwich on a English Muffin or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	6 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	7 Chocolate Chip Mini Pancakes w/toast or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk
10 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	11 Chocolate Donuts or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	12 Egg , Sausage and Cheese sandwich on a Bagel or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	13 FlapStick or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	14 NO SCHOOL GOOD FRIDAY HAPPY EASTER!!
17 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	18 Chocolate Chip Mini Pancakes w/ toast or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	19 Egg, Ham and Cheese sandwich on a English Muffin or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	20 Glazed Donut Ring or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	21 Warm Cinnamon Bun or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk
24 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	25 Chocolate Chip Mini Pancakes w/toast or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	26 Egg, Sausage and Cheese sandwich on a Bagel or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	27 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	28 Glazed Donut Ring or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Mil
1 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	2 French Toast Sticks with Syrup or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	3 Egg, Ham and Cheese sandwich on a English Muffin or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	4 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk	5 Chocolate Donuts or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low-Fat Milk

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

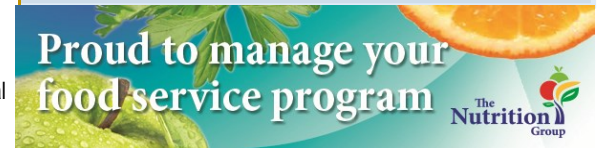
Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Alternate Options May Include:

Banana, Chocolate, or Blueberry Muffins
Chocolate Chip Oatmeal or Banana
Breakfast Bar
Assorted Cereal Bars
Warm Grab & Go Breakfast Sandwiches
Breakfast Taco Roll-Ups
Fortified Breakfast Pastries
Warm Mini Bagels
Yogurt & Toast



Milk Choices Offered Daily
Fat Free Chocolate, Fat Free Strawberry,
Fat Free Vanilla and Low Fat White



Meal Prices:
Paid \$1.35
Reduced \$.30
Adult Breakfast \$2.45

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE