

# Glendale Elementary Lunch Menu

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MENUS SUBJECT TO CHANGE



## What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate  
Choice of Vegetable, Choice of Fruit\*  
Choice of Grain/Bread,  
and Choice of Milk

\*Students must choose at least one fruit or vegetable



## Fresh Fruits and Vegetables Offered Daily

\*Vegetables include:

Broccoli Florets  
Baby Carrots  
Dark Leafy Greens  
Legume Salads  
Celery & Cucumber

\*May choose two 1/2 cup servings

\*Fruits include:

Crisp Apple  
Sliced Peaches  
Mixed Fruit  
Fresh Orange  
Banana  
Pineapple Tidbits  
Diced Peas  
Applesauce

\*May choose 1/2 cup serving



Fresh Produce from local farms based on crop availability



## Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry, Fat Free Vanilla, and Low Fat White

Lunch Prices:  
Paid \$ 2.10  
Reduced \$ .40  
Adult: \$ 3.50

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	<b>Chicken Tenders w/ WG Bread</b> Mashed Potatoes w/ Gravy Mandarin Oranges Low-Fat Milk  Munchable: Pizza Dippers	<b>4 Grilled Cheese w/ Tomato Soup</b> Steamed Broccoli Diced Peas Low-Fat Milk  Munchable: Pizza Dippers	<b>5 Savory Ham Pot Pie w/ Dinner Roll</b> Seasoned Green Beans Sweetened Blueberries Low-Fat Milk  Munchable: Pizza Dippers	<b>6 Cheesesteak Hoagie</b> Oven Baked Fries Baked Beans Diced Peaches Low-Fat Milk  Munchable: Pizza Dippers	<b>7 Fish Sticks</b> Tater Tots Applesauce Low-Fat Milk  Munchable: Pizza Dippers
10	<b>Hot Dog on WG Bun</b> Oven Baked Fries Baked Beans Diced Peaches Baked Gold Fish Low-Fat Milk  Munchable: Ham & Cheese	<b>11 Meatball Hoagie w/cheese on a WG Bun</b> Steamed Green Beans Diced Peaches Low-Fat Milk  Munchable: Ham & Cheese	<b>12 Pork Roast w/ Gravy and a WG Dinner Roll</b> Mashed Potatoes w/ Gravy Sweet Potatoes Cranberry Sauce Applesauce Cups Low-Fat Milk <b>Jelly Bean Cake</b> <b>Happy Easter!!</b>	<b>13 Nachos Grande w/ WG Dinner Roll</b> Steamed Corn Applesauce Low-Fat Milk  Munchable: Ham & Cheese	<b>14 No School</b> <b>Good Friday</b> <b>Happy Easter!!</b>
17	<b>Hamburger on WG Bun</b> Oven Baked Fries Pineapple Tidbits Low-Fat Milk  Munchable: Chicken Nugget	<b>18 Breaded Chicken Sandwich on WG Bun</b> Baked Beans Seasoned Peas Mandarin Oranges Low-Fat Milk  Munchable: Chicken Nuggets	<b>19 Ham and Cheese Pretzel Melt</b> Tater Tots Peaches Low-Fat Milk  Munchable: Chicken Nuggets	<b>20 Popcorn Chicken w/ WG Bread</b> Steamed Corn Diced Peas Low-Fat Milk  Munchable: Chicken Nuggets	<b>21 Cheesy Pizza</b> Tossed Salad Applesauce Low-Fat Milk  Munchable: Chicken Nuggets
24	<b>Twin Tacos w/ WG Bread</b> Refried Beans Steamed Corn Diced Peaches Low-Fat Milk  Munchable: Nachos & Cheese	<b>25 Breakfast for Lunch</b> French Toast Sticks w/ Syrup Sausage Patty Tater Tots Applesauce Low-Fat Milk  Munchable: Nachos & Cheese	<b>26 Pasta w/ Meatsauce and WG Dinner Roll</b> Seasoned Green Beans Pineapple Tidbits Low-Fat Milk  Munchable: Nachos & Cheese	<b>27 Pepperoni Pizza</b> Tossed Salad Diced Peas Low-Fat Milk  Munchable: Nachos & Cheese <b>Dress like your favorite Super Hero Day!!</b>	<b>28 NO LUNCH</b> <b>EARLY DISMISSAL</b> <b>National Super Hero Day</b>
1	<b>Breadstick Dunkers w/ Meat Sauce and Cheese stick</b> Steamed Broccoli Applesauce Low-Fat Milk  Munchable: Ham & Cheese <b>National Principal Appreciation Day</b>	<b>2 Chicken Nuggets w/ WG Bread</b> Oven Baked Fries Baked Beans Diced Peaches Low-Fat Milk  Munchable: Ham & Cheese <b>National Teacher Appreciation Day!!</b>	<b>3 Macaroni and Cheese w/ WG Bread</b> Seasoned Green Beans Mandarin Oranges Low-Fat Milk  Munchable: Ham & Cheese	<b>4 Jabba the Hutt Pizza</b> C-3PO Caesar Salad R2D2 Diced Peas Edible Ewoks Low-Fat Milk <b>Star Wars Day!! May the 4th be with You!!</b>	<b>5 Turkey and Cheese Hoagie</b> Onion Rings Sliced Apples Low-Fat Milk  Munchable: Ham & Cheese <b>National Hoagie Day !!</b>
	<b>Monday</b> Chicken Patty Sandwich Peanut Butter & Jelly Sandwich	<b>Tuesday</b> Ham & Cheese Sandwich Peanut Butter & Jelly Sandwich	<b>Wednesday</b> Corn Dog Nuggets with Bread Peanut Butter & Jelly Sandwich	<b>Thursday</b> Ham & Cheese Sandwich Peanut Butter & Jelly Sandwich	<b>Friday</b> Chicken Nuggets with Bread Peanut Butter & Jelly Sandwich