# Glendale Elementary Lunch Menu

# **April 2017**



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#### What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit\* Choice of Grain/Bread. and Choice of Milk \*Students must choose at least one fruit or vegetable



\*Fruits include:

Sliced Peaches

Crisp Apple

Mixed Fruit

Banana

Fresh Orange

Diced Pears Applesauce

Pineapple Tidbits

\*May choose 1/2 cup

# Fresh Fruits and Vegetables Offered Daily

\*Vegetables include: Broccoli Florets **Baby Carrots** Dark Leafy Greens Legume Salads Celery & Cucumber

\*May choose two 1/2 cup servings

> serving Fresh Produce from local farms



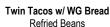
## Milk Choices Offered Daily

Fat Free Chocolate. Fat Free Strawberry. Fat Free Vanilla.

**Lunch Prices:** Paid \$ 2.10 Reduced \$ .40 Adult: \$ 3.50

and Low Fat White The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

				MENUS S	UBJECT TO CHANGE
\	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken Tenders w/ WG Bread Mashed Potatoes w/ Gravy	Grilled Cheese w/ Tomato Soup Steamed Broccoli	5 Savory Ham Pot Pie w/ Dinner Roll Seasoned Green Beans	Cheesesteak Hoagie Oven Baked Fries	7 Fish Sticks Tater Tots
ts	Mandarin Oranges Low-Fat Milk Munchable: Pizza Dippers	Diced Pears Low-Fat Milk Munchable: Pizza Dippers	Seasoned Green Bears Sweetened Blueberries Low-Fat Milk Munchable: Pizza Dippers	Baked Beans Diced Peaches Low-Fat Milk Munchable: Pizza Dippers	Applesauce Low-Fat Milk Munchable: Pizza Dippers
	Hot Dog on WG Bun Oven Baked Fries Baked Beans Diced Peaches Baked Gold Fish Low-Fat Milk Munchable: Ham & Cheese	Meatball Hoagie w/cheese on a WG Bun Steamed Green Beans Diced Peaches Low-Fat Milk Munchable: Ham & Cheese	Pork Roast w/ Gravy and a WG Dinner Roll Mashed Potatoes w/ Gravy Sweet Potatoes Cranberry Sauce Applesauce Cups Low-Fat Milk Jelly Bean Cake Happy Easter!!	Nachos Grande w/ WG Dinner Roll Steamed Corn Applesauce Low-Fat Milk Munchable: Ham & Cheese	No School Good Friday Happy Easter!!
	17 Hamburger on WG Bun Oven Baked Fries Pineapple Tidbits Low-Fat Milk Munchable: Chicken Nugget	18 Breaded Chicken Sandwich on WG Bun Baked Beans Seasoned Peas Mandarin Oranges Low-Fat Milk Munchable: Chicken Nuggets	19 Ham and Cheese Pretzel Melt Tater Tots Peaches Low-Fat Milk Munchable: Chicken Nuggets	20 Popcorn Chicken w/ WG Bread Steamed Com Diced Pears Low-Fat Milk  Munchable: Chicken Nuggets	Cheesy Pizza Tossed Salad Applesauce Low-Fat Milk Munchable: Chicken Nuggets
	24 Twin Tacos w/ WG Bread	25 Breakfast for Lunch	26 Pasta w/ Meatsauce and	27 Pepperoni Pizza	28 NO LUNCH



Steamed Corn **Diced Peaches** Low-Fat Milk

Munchable: Nachos & Cheese

## Pepperoni Pizza

Tossed Salad Diced Pears Low-Fat Milk

Munchable: Nachos & Cheese Dress like your favorite Super Hero Day!!

#### NO LUNCH **EARLY DISMISSAL**

### National Super Hero Day



## Breadstick Dunkers w/ Meat Sauce

and Cheese stick Steamed Broccoli Applesauce

Low-Fat Milk Munchable: Ham & Cheese National Principal Appreciation Day

# Chicken Nuggets w/ WG Bread

French Toast Sticks w/ Syrup

Sausage Patty

Tater Tots

Applesauce Low-Fat Milk

Munchable: Nachos & Cheese

Oven Baked Fries Baked Beans Diced Peaches Low-Fat Milk

Munchable: Ham & Cheese National Teacher Appreciation Day!

# Macaroni and Cheese w/ WG Bread

WG Dinner Roll

Seasoned Green Beans

Pineapple Tidbits

Low-Fat Milk

Munchable: Nachos & Cheese

Seasoned Green Beans Mandarin Oranges Low-Fat Milk

Munchable: Ham & Cheese

#### Jabba the Hutt Pizza

C-3PO Caesar Salad R2D2 Diced Pears Edible Ewoks Low-Fat Milk

Star Wars Day!! May the 4th be

with You!!

Thursday

## Turkey and Cheese Hoagie

Onion Rings Sliced Apples Low-Fat Milk

Munchable: Ham & Cheese

National Hoagie Day !!

### Friday

Chicken Nuggets with Bread Peanut Butter & Jelly Sandwich

## Monday

Chicken Patty Sandwich Peanut Butter & Jelly Sandwich Peanut Butter & Jelly Sandwich

# Tuesday Ham & Cheese Sandwich

Wednesday Corn Dog Nuggets with Bread Peanut Butter & Jelly Sandwich

#### Ham & Cheese Sandwich Peanut Butter & Jelly Sandwich