






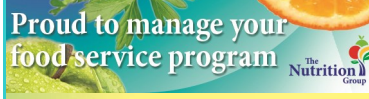



# Glendale High School Lunch Menu March 2017



Food Service Director: Amanda Freidhoff  
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MENUS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday	
 <p><b>Hot &amp; Spicy Chicken Sandwich</b> Cheeseburger on a Bun Breaded Chicken Sandwich Hamburger on a Bun</p>			1 <b>Grilled Cheese and Tomato Soup</b> Steamed Peas Applesauce Low-Fat Milk	2 <b>Meatball Hoagie w/ Cheese on WG Bun</b> Butter Noodles Steamed Broccoli Mandarin Oranges Low-Fat Milk	3 <b>White Pizza</b> Tossed Salad Sliced Peaches Low-Fat Milk	 <p><b>Spicy Italian Hoagie</b> Hot Buffalo Chicken Wrap Oven Roasted Turkey and Cheese Chicken Bacon Ranch Wrap Chicken Caesar Wrap Ham and Cheese Hoagie</p>
 <p><b>Turkey Salad</b> Breaded Chicken Caesar Salad Chef Salad Breaded Chicken Salad Ham salad Spicy Chicken Salad Popcorn Chicken Salad</p>	6 <b>Chicken and Cheese Gyro</b> Seasoned Corn Pears Low-Fat Milk	7 <b>Breaded Pork Chop w/ WG Bread</b> Mashed Potatoes w/ Gravy Seasoned Green Beans Mandarin Oranges Low-Fat Milk	8 <b>Viking Chicken Sandwich</b> Oven Baked Fries Baked Beans Peaches Low-Fat Milk	9 <b>Breadstick Dunkers w/ Meat sauce and Cheese stick</b> Steamed Broccoli Applesauce Low-Fat Milk <b>Girl Scout Cookie Day</b>	10 <b>No School</b> <b>Act 80 Day</b>	 <p><b>*Must take at least one 1/2 cup of fruit or vegetable</b></p> <p><b>*Vegetable Bar includes:</b> Broccoli Florets Baby Carrots Dark Leafy Greens Legume Salads Celery &amp; Cucumber</p> <p><b>*Fruits include:</b> Crisp Apple Sliced Peaches Mandarin Oranges Tropical Fruit Salad Fresh Orange Banana Pineapple Tidbits Diced Peaches Applesauce</p>
 <p><b>Hot Buffalo Chicken Pizza</b> Pepperoni Pizza Mozzarella Cheese Pizza Sausage and Pepperoni Pizza Barbecue Chicken Pizza Vegetable Pizza Try our new Pizza Crust!</p>	13 <b>Walking Taco w/ WG Bread</b> Steamed Corn Pineapple Tidbits Low-Fat Milk	14 <b>Breakfast for Lunch</b> French Toast Sticks Sausage Tater Tots Applesauce Low-Fat Milk	15 <b>Savory Ham Pot Pie w/ Dinner Roll</b> Seasoned Green Beans Diced Pears Low-Fat Milk	16 <b>Chicken Tenders w/ WG Bread</b> Baked Beans Oven Baked Fries Mandarin Oranges Low-Fat Milk	17 <b>Shepard's Pie</b> Diced Carrots Sliced Peaches Low-Fat Milk <b>Happy St. Patrick's Day!!</b>	 <p><b>Milk Choices Offered Daily:</b> 1% white, non-fat white, non-fat flavored</p>
 <p><b>Peanut Butter &amp; Jelly Sandwich</b> Vegetable Bar</p>	20 <b>Mashed Potato Bowl w/ WG Bread</b> Steamed Corn Pineapple Tidbits Low-Fat Milk	21 <b>Grilled Chicken Parmesan Sandwich</b> Cheesy Broccoli Diced Pears Low-Fat Milk	22 <b>Glendale Stromboli</b> Caesar Salad Applesauce Low-Fat Milk	23 <b>Popcorn Chicken Po'Boy Sandwich</b> Baked Beans Tater Tots Sliced Peaches Low-Fat Milk	24 <b>Pierogi Pizza</b> Steamed Green Beans Mandarin Oranges Low-Fat Milk	 <p><b>Fresh Produce from local farms based on crop availability</b></p>
	27 <b>Macaroni and Cheese w/ WG Bread</b> Steamed Broccoli Applesauce Low-Fat Milk	28 <b>BBQ Rib Sandwich</b> Baked Beans Mandarin Oranges Low-Fat Milk	29 <b>Pasta w/ Meatsauce w/ Dinner Roll</b> Seasoned Green Beans Pineapple Tidbits Low-Fat Milk	30 <b>Ham and Cheese on a Pretzel Bun</b> Steamed Corn Diced Pears Low-Fat Milk	31 <b>Cheese Pizza</b> Steamed Broccoli Sliced Peaches Low-Fat Milk	<p><b>Lunch Prices:</b> Paid \$2.20 Reduced \$.40 Adult Meals: \$3.50</p>
	Chicken Patty Sandwich Cheeseburger	Chicken Tender Wrap Chicken Nuggets w/WG Bread	Chicken Patty Sandwich Cheeseburger	Pizza Bar Deli Wraps	Fish Sandwich Cheeseburger	<p>The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE</p>