







# Glendale High School Lunch Menu February 2017



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MENUS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>The Grille</b> Hot & Spicy Chicken Sandwich Cheeseburger on a Bun Breaded Chicken Sandwich Hamburger on a Bun			1 <b>Ham and Cheese Pretzel Melt</b> Honey Glazed Carrots Applesauce Low-Fat Milk	2 <b>Mashed Potato Bowl w/ WG Bread</b> Steamed Corn Pineapple Tidbits Low-Fat Milk  <b>Groundhog Day</b>	3 <b>Quarter Back Cheeseburgers</b> Tackle Tots Touchdown Tortillas with Salsa & Cheese Possession Pears Low-Fat Milk  <b>Super Bowl Celebration!!</b>
<b>The Garden</b> Turkey Salad Breaded Chicken Caesar Salad Chef Salad Breaded Chicken Salad Ham salad Spicy Chicken Salad Popcorn Chicken Salad	6 <b>Meatball Hoagie w/ Cheese on WG Bun</b> Seasoned Green Beans Pears Low-Fat Milk	7 <b>Chicken Nuggets w/ WG Bread</b> Honey Glazed Carrots Mandarin Oranges Low-Fat Milk	8 <b>Pasta w/ Meatsauce</b> Garlic Bread Tossed Salad Pineapple Tidbits Low-Fat Milk	9 <b>Pepperoni Pizza</b> Steamed Corn Applesauce Low-Fat Milk  <b>National Pizza Day</b>	10 <b>Breaded Chicken Sandwich</b> Oven Baked Fries Baked Beans Peaches Low-Fat Milk
<b>The Pizzeria</b> Hot Buffalo Chicken Pizza Pepperoni Pizza Mozzarella Cheese Pizza Sausage and Pepperoni Pizza Barbecue Chicken Pizza Vegetable Pizza Try our new Pizza Crust!	13 <b>Twin Tacos w/ WG Bread</b> Seasoned Green Beans Pineapple Tidbits Low-Fat Milk	14 <b>Breakfast for Lunch</b> French Toast Sticks Sausage Tater Tots Applesauce Low-Fat Milk  <b>Happy Valentine's Day!!</b>	15 <b>Chicken and Gravy over Biscuits</b> Mashed Potatoes w/ gravy Seasoned Green Beans Sliced Peaches Low-Fat Milk	16 <b>Buffalo Chicken Alfredo w/ WG Dinner Roll</b> Steamed Broccoli Pineapple Tidbits Low-Fat Milk 	17 <b>Cheeseburger o WG Bun</b> Seasoned Peas Mandarin Oranges Low-Fat Milk
<b>Grab &amp; Go</b> Peanut Butter & Jelly Sandwich Vegetable Bar	20 <b>Pepperoni Pizza</b> Steamed Corn Applesauce Low-Fat Milk	21 <b>Chicken Tenders w/ WG Bread</b> Mashed Potatoes w/ Gravy Mandarin Oranges Low-Fat Milk	22 <b>Grilled Cheese and Tomato Soup</b> Steamed Peas Applesauce Low-Fat Milk	23 <b>BBQ Rib Sandwich</b> Cheesy Broccoli Diced Pears Low-Fat Milk	24 <b>Nachos Grande</b> White Rice Seasoned Green Beans Pineapple Tidbits Low-Fat Milk  <b>National Tortilla Chip Day !!</b>
<b>Options</b>	27 <b>Pulled Pork Sandwich</b> Oven Baked Fries Baked Beans Applesauce Low-Fat Milk	28 <b>Turkey and Bacon Wrap</b> Seasoned Green Beans Mandarin Oranges Low-Fat Milk			
	Chicken Patty Sandwich Cheeseburger	Chicken Tender Wrap Chicken Nuggets w/WG Bread	Chicken Patty Sandwich Cheeseburger	Pizza Bar Deli Wraps	Chicken Patty Sandwich Cheeseburger

## The Deli

- Spicy Italian Hoagie
- Hot Buffalo Chicken Wrap
- Oven Roasted Turkey and Cheese
- Chicken Bacon Ranch Wrap
- Chicken Caesar Wrap
- Ham and Cheese Hoagie

## Accompaniments

**\*Must take at least one 1/2 cup of fruit or vegetable**

**\*Vegetable Bar includes:**

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

**\*Fruits include:**

- Crisp Apple
- Sliced Peaches
- Mandarin Oranges
- Tropical Fruit Salad
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce

## Milk

**Milk Choices Offered Daily:**  
1% white, non-fat white, non-fat flavored

**Proud to manage your food service program**



 **Fresh Produce from local farms based on crop availability**

**Lunch Prices:**  
Paid \$2.20 Reduced \$.40  
Adult Meals: \$3.50

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