

Glendale High School Lunch Menu November 2015



Food Service Director: Jessica Rocco
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MENUS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Hot & Spicy Chicken Sandwich Cheeseburger on a Bun Breaded Chicken Sandwich BBQ Ribs on a Bun</p>	<p>2</p> <p>Ham, Egg, & Cheese Bagel Melt Tater Tots Diced Peaches Low-Fat Milk</p>	<p>3</p> <p>Breaded Pork Chop with Dinner Roll Mashed Potatoes & Gravy Cinnamon Applesauce Low-Fat Milk</p>	<p>4</p> <p>Chicken & Cheese Fajita Seasoned Peppers & Onions Refried Beans Mandarin Oranges Low-Fat Milk</p>	<p>5</p> <p>Chicken Parmesan over Pasta Seasoned Green Beans Tropical Fruit Salad Low-Fat Milk</p>	<p>6</p> <p>No School Parent-Teacher Conference</p>	<p>Spicy Italian Hoagie Hot Buffalo Chicken Wrap Oven Roasted Turkey and Cheese Chicken Bacon Ranch Wrap</p>
<p>Grilled Chicken Sandwich Chicken Caesar Salad Chef Salad Breaded Chicken Salad Popcorn Chicken Salad</p>	<p>9</p> <p>Breaded Chicken Strips with Steamed Rice Baked Beans Pineapple Tidbits Low-Fat Milk</p>	<p>10</p> <p>Recipe of the Month Sloppy Joe Casserole Traditional Sloppy Joe topped with a Flaky Biscuit Steamed Corn Applesauce Low-Fat Milk</p>	<p>11</p> <p>No School Happy Veteran's Day!</p>	<p>12</p> <p>Build Your Own Waffles with Assorted Toppings Sausage Tater Tots Diced Peaches Low-Fat Milk</p>	<p>13</p> <p>Pepperoni & Sausage Pizza Caesar Salad Mandarin Oranges Low-Fat Milk</p>	<p>*Must take at least one 1/2 cup of fruit or vegetable</p> <p>*Vegetable Bar includes: Broccoli Florets Baby Carrots Dark Leafy Greens Legume Salads Celery & Cucumber</p> <p>*Fruits include: Crisp Apple Sliced Peaches Mandarin Oranges Tropical Fruit Salad Fresh Orange Banana Pineapple Tidbits Diced Pears Applesauce</p>
<p>Hot Buffalo Chicken Pizza Pepperoni Pizza Mozzarella Cheese Pizza Pepperoni Rolls Barbecue Chicken Pizza</p> <p>Try our new Pizza Crust!</p>	<p>16</p> <p>Mandarin Orange Popcorn Chicken over Rice Steamed Mixed Vegetables Applesauce Low-Fat Milk</p>	<p>17</p> <p>Barbeque Rib Sandwich Cheesy Steamed Broccoli Tropical Fruit Salad Low-Fat Milk</p>	<p>18</p> <p>Cheesesteak Hoagie Baked Beans Pineapple Tidbits Low-Fat Milk</p>	<p>19</p> <p>Meatball Hoagie with Cheese Seasoned Green Beans Mandarin Oranges Low-Fat Milk</p>	<p>20</p> <p>Thanksgiving Feast Roasted Turkey Mashed Potatoes & Gravy Homemade Stuffing Steamed Corn Cranberry Sauce Low-Fat Milk Pumpkin Pie</p>	<p>Milk Choices Offered Daily: 1% white, non-fat white, non-fat flavored</p>
<p>23</p> <p>Macaroni & Cheese Stewed Tomatoes Pineapple Tidbits Low-Fat Milk</p>	<p>24</p> <p>Twin Tacos Fiesta Rice Refried Beans Cinnamon Applesauce Low-Fat Milk</p>	<p>25</p> <p>Stuffed Crust Pizza Caesar Salad Mandarin Oranges Low-Fat Milk</p>	<p>26</p> <p>No School Happy Thanksgiving!</p>	<p>27</p> <p>No School Thanksgiving Vacation</p>	<p>Fresh Produce from local farms based on crop availability</p>	
<p>Peanut Butter & Jelly Sandwich Assorted Yogurt Parfaits Fresh Vegetable Bar</p>	<p>30</p> <p>No School</p>	<p>Sloppy Joe Casserole November 10th</p>		<p>Whole Grains Available Daily</p>	<p>Lunch Prices: Paid \$2.20 Reduced \$.40 Adult Meals: \$3.45</p>	
	<p>Hot & Spicy Chicken Sandwich</p> <p>Grilled Chicken Sandwich</p>	<p>Chicken Tender Wrap</p> <p>Corn Dog Nuggets</p>	<p>Hot & Spicy Chicken Sandwich</p> <p>Cheeseburger</p>	<p>Pizza</p> <p>Deli Wraps</p>	<p>Hot & Spicy Chicken Sandwich</p> <p>Cheeseburger</p>	<p>The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE</p>