# Glendale Elementary Lunch Menu

# **March 2017**



WEDNESDAY

Grinch Grilled Cheese w/

Yot in a Pot Tomato Soup

1 fish 2 fish Goldfish

Truffula Tree Broccoli

Low-Fat Milk

Munchable: Pizza Dippers

Sam I Am Applesauce 🌃

### Food Service Director: Amanda Freidhoff

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MENUS SUBJECT TO CHANGE

**FRIDAY** 

Pizza Pat w/ Cheese

Yertle the Turtle Tossed Salad

Mayzie Mandarin Oranges

Low-Fat Milk

Munchable: Pizza Dippers

No School

Act 80 Day



#### What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit\* Choice of Grain/Bread. and Choice of Milk \*Students must choose at least one fruit or vegetable



## Fresh Fruits and Vegetables Offered Daily

\*Vegetables include: Broccoli Florets **Baby Carrots** Dark Leafy Greens Legume Salads

Celery & Cucumber \*May choose two 1/2 cup servings

Crisp Apple Sliced Peaches Mixed Fruit Fresh Orange Banana Pineapple Tidbits Diced Pears Applesauce \*May choose 1/2 cup servina Fresh Produce from local farms

\*Fruits include:



based on crop availability

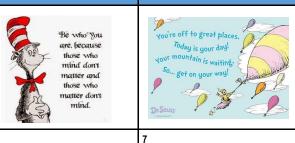


### Milk Choices Offered Daily

Fat Free Vanilla

**Lunch Prices:** Paid \$ 2.10 Reduced \$ .40 Adult: \$ 3.50

and Low Fat White The School District does not in administration of any of its accordance with applicable federal statutes and regulations. EOE



**MONDAY** 

Hot Dog on WG Bun

Oven Baked Fries

**Baked Beans** 

**Diced Peaches** 

Low-Fat Milk

Munchable: Ham & Cheese

Walking Taco w/ WG Bread

Seasoned Corn

Pineapple Tidbits

Low-Fat Milk

Munchable: Nacho and Cheese

Breaded Pork Chop w/ WG Bread

Mashed Potatoes w/ Gravy Seasoned Green Beans Mandarin Oranges Low-Fat Milk

**TUESDAY** 

Munchable: Ham & Cheese

Breakfast for Lunch

Sausage

Tater Tots

Apple sauce

Low-Fat Milk

Munchable: Nacho and Cheese

French Toast Sticks with Syrup

Low-Fat Milk Munchable: Ham & Cheese

15

29

Chicken Tenders w/ WG Bread Breadstick Dunkers w/ Meat Sauce and Cheese stick Steamed Corn

16

30

Carrot and Raisin Salad **Diced Pears** 

Savory Ham Pot Pie

w/ Dinner Roll

Seasoned Green Beans

**Diced Pears** 

Low-Fat Milk

Munchable: Nacho and Cheese

KEEP CALM IHAVE GIRL SCOUT Sliced Apples Low-Fat Milk

Girl Scout Cookie Day Munchable: Ham & Cheese

**BBQ Rib Sandwich** 

Oven Baked Fries

Mandarin Oranges

Low-Fat Milk

Munchable: Nacho and Cheese

Steamed Broccoli

**THURSDAY** 

**Mulberry Street Meatball** 

Poodle Noodles w/ butter

Gack Green Beans

Peter Pepper's Pineapples

Low-Fat Milk

Happy Birthday Dr. Seuss!!

Birthday Cake

Sandwich on WG Bun

17

24

31

10

**Cheesy Pizza** Steamed Broccoli **Diced Peaches** Low-Fat Milk

Munchable: Nacho and Cheese Happy St Patrick's Day

6

13

**Breaded Chicken Sandwich on** Hamburger on WG Bun WG Bun Oven Baked Fries

14

Baked Beans Pineapple Tidbits Seasoned Peas Mandarin Oranges Low-Fat Milk Low-Fat Milk

Munchable: Chicken Nuggets Munchable: Chicken Nugget

Ham and Cheese Pretzel Melt

Tater Tots Peaches Low-Fat Milk

Munchable: Chicken Nuggets

Pasta w/ Meatsauce and

WG Dinner Roll

Popcorn Chicken w/ WG Bread

Steamed Corn Diced Pears Low-Fat Milk

Munchable: Chicken Nuggets

Cheesy Pizza

Tossed Salad **Applesauce** Low-Fat Milk

Munchable: Chicken Nuggets

Cheesy Pizza

Tater Tots

Fat Free Chocolate, Fat Free Strawberry,

discriminate on the basis of age, race color, national or ethnic origin, sex or handicap in employment practices or education programs and activities in

Corn Dog on a Stick Baked Beans Oven Baked Fries

Mandarin Oranges Low-Fat Milk Munchable: Ham & Cheese

Seasoned Green Beans Pineapple Tidbits Low-Fat Milk

> Munchable: Ham & Cheese Molly the Cow

Turkey and Cheese Hoagie w/ Lettuce & Tomato

Steamed Corn Diced Pears Low-Fat Milk

Munchable: Ham & Cheese

**Diced Peaches** Low-Fat Milk

Munchable: Ham & Cheese National Tater Day!!

Monday

Chicken Patty Sandwich Peanut Butter & Jelly Sandwich

Macaroni and Cheese

w/ WG Bread

Steamed Broccoli

Applesauce

Low-Fat Milk

Munchable: Ham & Cheese

Tuesday Ham & Cheese Sandwich Peanut Butter & Jelly Sandwich

Wednesday Corn Dog Nuggets with Bread Peanut Butter & Jelly Sandwich

Thursday Ham & Cheese Sandwich Peanut Butter & Jelly Sandwich Friday

Chicken Nuggets with Bread Peanut Butter & Jelly Sandwich