

## 10<sup>th</sup> Grade

1. Continue to use your **Plus Portals Account**.
2. Keep those grades up and stay focused on your schoolwork!
3. Continue to meet with and **get to know your School Guidance Counselor**.
4. Work on your **MASS CIS** portfolio. (Massachusetts Career Information System).
5. Continue to update and **complete your 4 year plan**.
6. **Check your transcript for accuracy and to make sure you are on track for graduation with high school credits & course requirements. (minimum 155 credits starting with the class of 2016)**. If you have failed a course, make sure you sign up for summer school or credit recovery.
7. Continue to have **good attendance** and make sure you **get to school on time**.
8. **Get help if you are falling behind in your school work:**
  - a. From your teachers,
  - b. Peer tutoring – see you School Guidance Counselor
  - c. Create study groups with peers,
  - d. Your parents & your counselor.
9. Start a file for college catalogs and other admissions information and start visiting colleges (**it's not too early!**)
10. **Prepare for and take the PSAT test in October. Prepare at the College Board website: [www.collegeboard.com](http://www.collegeboard.com).**
11. **Activate and use your College Board's Khan Academy. Your SAT prep guide.**
12. **MCAS testing-** All students must pass **Massachusetts Comprehensive Assessment System** tests in English Language Arts, Mathematics, and Science to receive a diploma from a Massachusetts public high school. TFHS students will take the ELA, Mathematics and Biology MCAS tests in spring of 10<sup>th</sup> grade.
13. Get involved in **after-school activities** and seek **leadership** roles when possible, and **volunteer** in your community. If you have room in your schedule, get a **part-time job**.
14. Continue to challenge yourself by taking **Honors** courses.
15. Sign up for **Advanced Placement** courses as a junior.
16. Update your activity sheet (a summary of awards received and of activities you have been involved in both in and out of school during grades 9-12).
17. **Investigate your options for participating in concurrent enrollment next year at Greenfield Community College**. This allows juniors and seniors to enroll in college courses if they meet certain requirements. (Early Entrant Program-Tuition & Fees Apply and Educational Transitions Program-ETP).
18. **NCAA:** If you want to participate in **Division I or Division II** sports in college, make sure you have registered at [www.eligibilitycenter.org](http://www.eligibilitycenter.org). Check with your counselor to make sure you are taking a core curriculum that meets NCAA requirements. See your coach and athletic director regarding game films.

**Explore and RESEARCH YOUR EDUCATIONAL OPPORTUNITIES  
and after high school options NOW!**