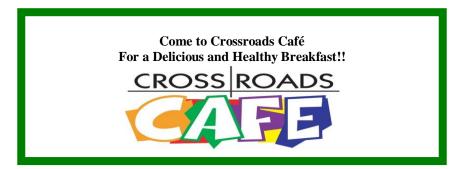
March 2017 Breakfast



100 % Juice and Milk Available

		1	2	3
		Egg & Cheese w/English Muffin	Pancake w/Syrup Turkey Bacon	Big Breakfast Scramble Egg, Grits & Turkey Sausage
6	7	8	9	10
Turkey Canadian ham w/ Cheese on Bun	French Toast w/ Syrup Turkey Sausage Link	Egg & Cheese Bread Bowl	Hot Oatmeal w/ Sliced Fruit	Big Breakfast Scramble Egg, Grits & Turkey Bacon
13	14 Chicken & Waffles	15	16	17
Turkey Canadian ham w/ Cheese on Bun	w/ Syrup	Big Breakfast Scramble Egg, Grits & Turkey Bacon	No School	No School
Egg & Cheese w/English Muffin	21 Pancakes w/ Syrup Turkey Sausage Link	Egg & Cheese w/Bagel	Hot Oatmeal w/ Sliced Fruit	Big Breakfast Scramble Egg, Grits & Turkey Sausage
27 Turkey Canadian ham	28 Chicken & Waffles	29	30 Pancake w/Syrup	Served Daily: Whole Grain Pop tarts
w/ Cheese on Bun	w/ Syrup	Egg & Cheese w/English Muffin	Turkey Bacon	Muffins Bagels Whole grain Donuts/Cinnamon rolls Yogurt Parfaits Cereal w/ Graham Cracker Fresh and canned fruit



March 1-3, 2017

Pre-Paid Meals Available

Menu Subject to Change

East Orange High School	Monday	Tuesday	Wednesday	Thursday 2	Friday 3
CREATIONS			Teriyaki Chicken w/Rice Green Beans	Meatball Parm Bread Bowl Seasoned Carrots	Foot Long Dogs With toppings Cheese Fries
GASTATO 185					Cheese Fries
			Cheeseburger On Bun	Philly Cheese Steak On Roll	Turkey Burger
GRILL			Honey BBQ Chicken On Bun	Buffalo Chicken Patty On Bun /	Fish Fillet & Cheese On Bun
			Panini: Meatball Mozzarella	Panini: Meatball Mozzarella	Panini: Meatball Mozzarella
			Cheese Pizza	Cheese Pizza	Cheese Pizza
			Turkey Pepperoni	Turkey Pepperoni	Turkey Pepperoni
PIZZA			Pizza Buffalo Chicken Pizza	Pizza Buffalo Chicken Pizza	Pizza Buffalo Chicken Pizza
			Romaine Salad	Romaine Salad	Romaine Salad
SALADS			Pasta Salad	Pasta Salad	Pasta Salad
			Cucumber Slices w/ dip	Cucumber Slices w/ dip	Cucumber Slices w/ dip
			Asst. Fresh Fruit Chilled Fruit	Asst. Fresh Fruit Chilled Fruit	Asst. Fresh Fruit Chilled Fruit
			Choice of Milk	Choice of Milk	Choice of Milk
			Deli Made To	Deli Made To	Deli Made To
DELI			Order	Order	Order
FAST TAKES			Chef Salad Nachos w/ cheese & salsa	Chef Salad Nachos w/ cheese & salsa	Chef Salad Nachos w/ cheese & salsa
Yesanda Shivers Generas Manager		Vegeta Fre Lunch: \$2.	arian Meals available U esh & Canned Fruit, Assort .55 Reduced: \$.40 Ao	ted Juice. dult Lunch: \$3.50	
973 414-6031	on the bases of race, c beliefs, marital status, public assistance prog by the Department To	color, national origin, age, familial or parental status gram, or protected genetic file a complaint of discrir	, disability, sex, gender iden s, sexual orientation, or all c c information in employmen mination write U.S. Departm	tomers, employees, and app ntity, religion, reprisal, and w or part of an individual's inco it or in any program or activi tent of Agriculture, Director, 590-7442 or email at program	here applicable, political ome is derived from any ty conducted or funded Office of Adjudication,

1400 Independence Ave., S.W., Washington, D.C. 20250-9420, by fax (202) 690-7442 or email at program.intake@usda.gov

What's a Type A Lunch? 1 Serving Protein: 1 Serving Grain: 1 Serving Fruit: 1 Serving Vegetable (you may take up to 2 servings):1 Serving Milk You may take all 5 components: You must take 3 components of which one MUST be 1 serving fruit or 1 serving vegetable.



March 6-10, 2017

Many Subject to Change

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Pre-Paid Meals Available			Menu Subject to Change			
East Orange High School	Monday 6	Tuesday	Wednesday 8	Thursday 9	Friday	
CREATIONS	Chicken Nuggets w/ Curly Fries & Cilantro Lime Slaw	Meatloaf w/ Mashed Potatoes & Gravy Roasted Carrots	Chicken Alfredo Penne &Garlic Bread Green Beans	BBQ Chicken Mac & Cheese Collard Greens	"Macho Nachos" w/ shredded lettuce cheese ,salsa and sour cream with Mexicali Corn	
GRILL	Cheeseburger On Bun Rib B Que Sandwich Panini: Turkey Florentine	Twin Hotdog On Bun Sriracha Ranch Chicken on Flatbread Panini: Turkey Florentine	Cheeseburger On Bun Honey BBQ Chicken On Bun Panini: Turkey Florentine	Spicy Chicken Patty On Bun Carolinian BBQ Sandwich Panini: Turkey Florentine	Cheeseburger On Bun Honey BBQ Chicken On Bun Panini Turkey Florentine	
	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	
PIZZA	Turkey Pepperoni Pizza Specialty Cheese Burger Pizza	Turkey Pepperoni Pizza Specialty Cheese Burger Pizza	Turkey Pepperoni Pizza Specialty Cheese Burger Pizza	Turkey Pepperoni Pizza Specialty Cheese Burger Pizza	Turkey Pepperoni Pizza Specialty Cheese Burger Pizza	
	Baby Spinach Salad	Baby Spinach Salad	Baby Spinach Salad	Baby Spinach Salad	Baby Spinach Salad	
SALADS	Potato Salad Potato Salad Baby Carrots W/ dip Asst. Fresh Fruit Chilled Fruit Choice of Milk	Potato Salad Potato Salad Baby Carrots w/ dip Asst. Fresh Fruit Chilled Fruit Choice of Milk	Potato Salad Potato Salad Baby Carrots W/ dip Asst. Fresh Fruit Chilled Fruit Choice of Milk	Potato Salad Potato Salad Baby Carrots w/ dip Asst. Fresh Fruit Chilled Fruit Choice of Milk	Potato Salad Potato Salad Baby Carrots w/ dip Asst. Fresh Fruit Chilled Fruit Choice of Milk	
DELI	Deli Made To Order	Deli Made To Order	Deli Made To Order	Deli Made To Order	Deli Made To Order	
CAST THE STATE OF	Grilled Chicken Caesar Salad	Grilled Chicken Caesar Salad	Grilled Chicken Caesar Salad	Grilled Chicken Caesar Salad	Grilled Chicken Caesar Salad	

Enhanced Options available daily with each Meal! Choice of Reduced Fat and Fat Free Milk, PBJ sandwich Vegetarian Meals available Upon request

Nachos w/ cheese &

salsa

Nachos w/ cheese &

Yolanda Shivers General Manager

973 414-6031

Nachos w/ cheese &

Fresh & Canned Fruit, Assorted Juice. Lunch: \$2.55 Reduced: \$.40 Adult Lunch: \$3.50

Nachos w/ cheese &

salsa

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What's a Type A Lunch? 1 Serving Protein: 1 Serving Grain: 1 Serving Fruit: 1 Serving Vegetable (you may take up to 2 servings): 1 Serving Milk You may take all 5 components: You must take 3 components of which one MUST be 1 serving fruit or 1 serving vegetable.



Nachos w/ cheese &



March 13-17, 2017

Pre-Paid Meals Available

Menu Subject to Change

East Orange High School	Monday 13	Tuesday	Wednesday 15	Thursday	Friday
CREATIONS	Popcorn Chicken Bowl w/ Mashed Potatoes & Gravy Corn Kernels & Shredded Cheddar	Over Loaded Bake Potato Bar Steamed Broccoli	½ Day Grab & GO	Administrative Day School Closed	Administrative Day School Closed
GRILL	Cheeseburger On Bun Luther Burger Panini: Monte Cristo	Cheeseburger On Bun Spicy Chicken Patty On Bun Panini: Monte Cristo	Cheeseburger On Bun		
PIZZA	Cheese Pizza Turkey Pepperoni Pizza Specialty Cheese Burger Pizza	Cheese Pizza Turkey Pepperoni Pizza Specialty Cheese Burger Pizza	Cheese Pizza Turkey Pepperoni Pizza		
SALADS	Baby Spinach Salad Potato Salad Baby Carrots w/ dip Asst. Fresh Fruit Chilled Fruit Choice of Milk	Baby Spinach Salad Potato Salad Baby Carrots W/ dip Asst. Fresh Fruit Chilled Fruit Choice of Milk	Baby Spinach Salad Asst. Fresh Fruit Chilled Fruit Choice of Milk		
DELI	Deli Made To Order	Deli Made To Order	Grilled Chicken Caesar Salad		
FAST TAKES	Grilled Chicken Caesar Salad Nachos w/ cheese & salsa	Grilled Chicken Caesar Salad Nachos w/ cheese & salsa			
Yelanda Shivers General Manager (973) 414-6031	Enhanced Options available daily with each Meal! Choice of Reduced Fat and Fat Free Milk, PBJ sandwich Vegetarian Meals available Upon request Fresh & Canned Fruit, Assorted Juice. Lunch: \$2.55 Reduced: \$.40 The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employme the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, politica beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from a public assistance program, or protected genetic information in employment or in any program or activity conducted or fund-the Department To file a complaint of discrimination write U.S. Department of Agriculture, Director, Office of Adjudication, 1				cants for employment on applicable, political ne is derived from any conducted or funded by

What's a Type A Lunch? 1 Serving Protein: 1 Serving Grain: 1 Serving Fruit: 1 Serving Vegetable (you may take up to 2 servings): 1 Serving Milk You may take all 5 components: You must take 3 components of which one MUST be 1 serving fruit or 1 serving vegetable.

program.intake@usda.gov

Independence Ave., S.W., Washington 1 Serving Grain: 1 Serving Fruit:

1 Serving Vegetable (you may take up to 2, D.C. 20250-9420, by fax (202) 690-7442 or email at





March 20-24, 2017

Pre-Paid Meals Available

Menu Subject to Change

East Orange	Monday	Tuesday	Wednesday	Thursday	Friday
High School	20	21	22	23	24
CREATIONS	Chicken Sticks w/Tator Tots Sweet Corn Dinner Roll	Herb Roast Turkey Slice w/ Mash Potato Broccoli Breadstick	Spaghetti w/ Beef Meatballs Garlic Spinach Garlic Knots	Oven Fried Chicken Sweet Yams Garlic Green Beans	Soft Chicken Fajita Roasted Peppers & Onions Latin Black Beans
GRILL	Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger
	On Bun				
	Chicken Parm	Chicken Parm	Philly Cheese Steak	Fish Po-Boy	Meatball Parm
	On Bun	On Bun	Wrap	On Hero	Hero
	Panini:	Panini:	Panini:	Panini:	Panini:
	Patty Melt				
PIZZA	Cheese Pizza Turkey Pepperoni Pizza Specialty Hawaiian Pizza	Cheese Pizza Turkey Pepperoni Pizza Specialty Hawaiian Pizza	Cheese Pizza Turkey Pepperoni Pizza Specialty Hawaiian Pizza	Cheese Pizza Turkey Pepperoni Pizza Specialty Hawaiian Pizza	Cheese Pizza Turkey Pepperoni Pizza Specialty Hawaiian Pizza
SALADS	Romaine Salad Creamy Cole Slaw Celery Sticks w/ dip Asst. Fresh Fruit Chilled Fruit Choice of Milk	Romaine Salad Creamy Cole Slaw Celery Sticks w/ dip Asst. Fresh Fruit Chilled Fruit Choice of Milk	Romaine Salad Creamy Cole Slaw Celery Sticks w/ dip Asst. Fresh Fruit Chilled Fruit Choice of Milk	Romaine Salad Creamy Cole Slaw Celery Sticks w/ dip Asst. Fresh Fruit Chilled Fruit Choice of Milk	Romaine Salad Creamy Cole Slaw Celery Sticks w/ dip Asst. Fresh Fruit Chilled Fruit Choice of Milk
DELI	Deli Made				
	To	To	To	To	To
	Order	Order	Order	Order	Order
FAST TAKES	Grilled Chicken				
	Caesar Salad				
	Nachos w/ cheese &	Nachos w∕ cheese &	Nachos w/ cheese &	Nachos w/ cheese &	Nachos w/ cheese &
	salsa	salsa	salsa	salsa	salsa
Yolanda Shivors	Enhanced Optio		 ch Meal! Choice of Reduc an Meals available Upon	ed Fat and Fat Free Milk, request	BJ sandwich

General Manager (973) 414-6031

Vegetarian Meals available Upon request Fresh & Canned Fruit, Assorted Juice.

Lunch: \$2.55 Reduced: \$.40

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March 27-30, 2017

last Orange	Monday	Tuesday	Wednesday	Thursday	
ligh School	27	28	29	30	
	Chicken Parm On Bun	General Tso's Chicken	Cheesy Chili Mac W/Garlic Bread	Crazy Nachos w/Turkey Taco	
REATIONS	Garlic Egg Noodle	w/Brown Rice Broccoli Cuts	Steamed Sweet Peas	Mexicali Corn	
	Steamed Spinach	Broccon Cuts			
	Cheeseburger On Bun	Cheeseburger On Bun	Cheeseburger On Bun	Cheeseburger On Bun	
GRILL	Luther Burger	Luther Burger	Luther Burger	Luther Burger	
	Panini: Patty Melt	Panini: Patty Melt	Panini: Patty Melt	Panini: Patty Melt	
	I atty Meit	ratty Meit	Tatty Met	Tatty Met	
	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	
	Turkey Pepperoni Pizza	Turkey Pepperoni Pizza	Turkey Pepperoni Pizza	Turkey Pepperoni Pizza	
PIZZA	Specialty	Specialty	Specialty	Specialty	
	Pizza Bagel	Pizza Bagel	Pizza Bagel	Pizza Bagel	
	Baby Spinach Salad	Baby Spinach Salad	Baby Spinach Salad	Baby Spinach Salad	
	Potato Salad	Potato Salad	Potato Salad	Potato Salad	
SALADS	Zucchini Sticks	Zucchini Sticks	Zucchini Sticks	Zucchini Sticks	
	w/ dip Asst. Fresh Fruit				
	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit	
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	
	Deli Made	Deli Made	Deli Made	Deli Made	
DELI	To Order	To Order	To Order	To Order	
	Ol del	Order	Oruci	Order	
	Grilled Chicken	Grilled Chicken	Grilled Chicken	Grilled Chicken	
fast takes	Caesar Salad Nachos w/ cheese & salsa				
	30130	3a13à	34134	3a13a	

Yosanda Shivers General Manager (973) 414-6031 Vegetarian Meals available Upon request

Fresh & Canned Fruit, Assorted Juice.

Lunch: \$2.55 Reduced: \$.40

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