

Good Test-Taker Strategies

Strategies to remember to help you through your test

① Positive Attitude

It might be tough, but you can do it!
A good attitude goes a long way.

② Relax

If you feel nervous, relax your mind. Take a deep breath, stretch your legs, and think about something that makes you happy.

③ ME Only!

Don't worry about others. Focus **JUST** on yourself. Don't worry if others finish before you.

④ Focus, Focus, Focus

Focus on the question(s) you are reading. Try not to day dream or goof around.

⑧ Prepare Your Body

Get a good night's sleep the night before and eat a healthy breakfast.

⑦ Get Un-Stuck

If you get stuck, don't get frustrated. Reread the question. Make the best guess you can.

⑥ Go Slow

Read directions slowly and carefully for each question.

⑤ Do Your Best

Make sure you are doing your best work on your test. Think clearly, read carefully, and put forth your best effort.

