

Wellness Policy Meeting Minutes

4.4.17 4:00 PM SCUSD Training Room

Open to the Public Meeting

Facilitator Christina Flores

Note Taker Alva Leyva

Attendees- Sign in Sheet Attached

Agenda-Attached

Introduction and Welcome by Christina Flores

Discussion

Assessing and reviewing the wellness policy. The main goal is to review the existing wellness policy using the assessment tool. Review areas that need to be updated, changed or deleted.

Donna Manuelito SCUSD Assistant Superintendent for Curriculum will be in charge of overseeing adherence to the wellness policy and will oversee the school Principals.

Conclusion:

The assessment tool was distributed to attendees and reviewed and it was agreed that after the meeting Christina Flores will assimilate the data by the deadline for the next board meeting agenda submission.

The second wellness policy committee meeting will be scheduled in September of 2017 after school has begun and PE curriculum can be evaluated.

Action Items:

All attendees will return the assessment tool evaluation to Christina Flores.

Discussion:

Christina Flores informed the attendees that there is now a wellness policy page on the district website which has a link to see the board approved wellness policy. www.sancarlosbraves.com

Christina Flores provided an overview on the PEP Grant which was awarded in 2014 and expires at the end of this school year.

The overview included information on the School Health Index and how it was used to create an action plan for the district to improve wellness. The action items were addressed over the last three years and significant improvements occurred.

The PE programs showed significant improvements; Curriculum was aligned to AZ standards with a focus on learning - lifelong physical activity skill development.

The SCUSD went above and beyond matching fund requirements in facilities improvements which included; gyms refurbishments, football field and track improvements and weight room renovations.

Equipment and supplies were purchased to support a rigorous curriculum at all levels.

Christina reiterated that the latest SHI survey reflected weaknesses:

- The SCUSD lacks adherence to the wellness policy especially when it comes to limiting parties in the classroom where unhealthy foods are served.
- Rice elementary has limited scheduled recess time and physical activity breaks.
- There exists a lack of accessibility of school facilities to the community after school hours.
- The district does not have a comprehensive health curriculum.

Action Items

Christina Flores will post the meeting minutes on the district Health and Wellness Page.

The group reviewed the existing wellness policy and agreed to do the assessment tool individually and submit it to the facilitator as soon as possible.

The consensus by the group was to include in the wellness policy the need for school wellness personnel and community health services personnel to collaborate and for the district to utilize the resources available locally such as the San Carlos Public Health Dietician.