



Parents/Guardians of SCHS & SCJH Potential Student-Athletes:

The following are dates for **physical deadlines** and when **official practices begin**, if you have any questions, please contact the Athletic Director, Mrs. Antonio at 475-2378 x 15102. Get your student's athletic physicals and paperwork completed early. Thank you.

Beginning Season Dates:

**Winter JH & HS Basketball,
and HS Wrestling**

Practices Begin:

Oct. 31, 2016

Deadline for physicals:

Oct. 28, 2016 @ 4:00p

**Spring JH & HS Baseball, Softball
And Track & Field**

Feb. 6, 2017

Feb. 3, 2017 @ 4:00p