



OCTOBER 2019 BREAKFAST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
	1 EGG & CHEESE FRITTATA SALSA	2 PANCAKE & SAUSAGE ON A STICK	3 CHEESE OMELET HASH BROWN PATTY	NO COST BREAKFAST AVAILABLE TO ALL STUDENTS
7 POP TART STRING CHEESE	8 CHEESE QUESADILLA SALSA	9 BREAKFAST SANDWICH W/EGG, HAM & CHEESE	10 YOGURT PARFAIT MUFFIN	
14 FALL BREAK	15 FALL BREAK	16 FALL BREAK	17 FALL BREAK	
21 MINI PANCAKES SYRUP	22 BREAKFAST BURRITO SALSA	23 WHOLE GRAIN CINNAMON ROLL STRING CHEESE	24 BREAKFAST MUFFIN W/HAM, EGG & CHEESE	
28 CINNAMON ROLL STRING CHEESE	29 GRILLED CHEESE SANDWICH	30 FRENCH TOAST SYRUP	31 TAC-GO\ SALSA	

A variety of milk will be served at each meal
Fruit & 100% juice offered with every meal
This Institution is an equal opportunity provider