

**SECTION F - STUDENTS****LOCAL WELLNESS POLICY****Lifelong Wellness to Students & Employees:**

The District shall attempt to enhance learning and development of lifelong wellness practices through accomplishment of the following goals:

- Child Nutrition Programs comply with federal, state and local requirements. Child Nutrition Programs are accessible to all children.
- Sequential and interdisciplinary nutrition education is provided and promoted.
- Patterns of meaningful physical activity connect to students' lives outside of physical education.
- All school-based activities are consistent with local wellness policy goals.
- Any foods and beverages made available or brought on to the campus during the school day are consistent with local wellness policy and approved by Central Office Administration.
- Any foods made available or brought on to the campus adhere to food safety and security guidelines.
- The school environment is safe, comfortable, pleasing, and allows ample time and space for eating meals. Food and / or physical activity is not used as a reward or punishment.

The District's administration and campus principals shall develop plans and procedures for providing a school environment that enhances learning and development of lifelong wellness practices. The District's administration and campus principals shall promote these procedures among students and employees as appropriate.