



AUGUST 2015

Breakfast & Lunch Menu



Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and marketing trends.

Meal Prices

Pre-K - 5th Paid: \$2.05
6th-8th Paid \$2.35
Reduced: \$0.40
Adult: \$3.25
Paid Breakfast: \$1.00
Reduced Breakfast: \$0.30
Adult Breakfast: \$2.25
Milk: \$0.50

Back to School



Energize with Breakfast!

Eat a healthy Lunch

Get Healthy!



Monday 3

Tuesday 4

Wednesday 5

Thursday 6

Friday 7

Cheese Pizza
Rotini w/ Meat Sauce

Savory Green Beans

Fresh Fruit & Vegetable Bar
Variety of Milk

Orange Chicken w/ Rice
Deli Stacker Sandwich

Steamed Peas

Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
French Toast Sticks
Fruit & Juice
Assorted Low Sugar Cereal

Breakfast
Cinnamon Roll
Fruit & Juice
Assorted Low Sugar Cereal

Monday 10

Tuesday 11

Wednesday 12

Thursday 13

Friday 14

Crunchy Beef Tacos
Hot Dog

Pinto Beans

Pepperoni Pizza
Ham Sandwich

Golden Corn

Breaded Chicken Sandwich
Cheeseburger

French Fries

Cheese Pizza
Turkey Sandwich

Steamed Peas & Carrots

Chicken Teriyaki w/ Rice
Beefy Macaroni

Savory Green Beans

Fresh Fruit & Vegetable Bar
Variety of Milk

Fresh Fruit & Vegetable Bar
Variety of Milk

Fresh Fruit & Vegetable Bar
Variety of Milk

Fresh Fruit & Vegetable Bar
Variety of Milk

Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Pancakes
Fruit & Juice
Assorted Low Sugar Cereal

Breakfast
Sliced Bagel w/ Cream Cheese
Fruit & Juice
Assorted Low Sugar Cereal

Breakfast
Cinnamon Roll
Fruit & Juice
Assorted Low Sugar Cereal

Breakfast
French Toast Sticks
Fruit & Juice
Assorted Low Sugar Cereal

Breakfast
Breakfast Pizza w/ Gravy
Fruit & Juice
Assorted Low Sugar Cereal

Monday 17

Tuesday 18

Wednesday 19

Thursday 20

Friday 21

Beef Enchiladas
Hamburger

Pinto Beans

Pepperoni Pizza
Turkey Sandwich

Steamed Carrots

Chicken Nuggets
Beef Fingers

Mashed Potatoes w/ Gravy

Cheese Pizza
Chicken Fajita Burrito

Golden Corn

Mac & Cheese
Ham Sandwich

Steamed Peas

Fresh Fruit & Vegetable Bar
Variety of Milk

Fresh Fruit & Vegetable Bar
Variety of Milk

Fresh Fruit & Vegetable Bar
Variety of Milk

Fresh Fruit & Vegetable Bar
Variety of Milk

Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Apple Cinnamon Muffin
Fruit & Juice
Assorted Low Sugar Cereal

Breakfast
Pancakes
Fruit & Juice
Assorted Low Sugar Cereal

Breakfast
Sausage English Muffin Sandwich
Fruit & Juice
Assorted Low Sugar Cereal

Breakfast
Biscuits & Gravy
Fruit & Juice
Assorted Low Sugar Cereal

Breakfast
Cinnamon Roll
Fruit & Juice
Assorted Low Sugar Cereal

Monday 24

Tuesday 25

Wednesday 26

Thursday 27

Friday 28

Lemon Pepper Chicken
Ham & Cheese Sandwich

Pinto Beans

Pepperoni Pizza
Turkey Sandwich

Steamed Carrots

Mini Corn Dog
Hamburger

Tater Tots

Cheese Pizza
Spaghetti w/ Meat Sauce

Savory Green Beans

Beef Teriyaki Dippers
Turkey Sandwich

Mixed Veggies

Fresh Fruit & Vegetable Bar
Variety of Milk

Fresh Fruit & Vegetable Bar
Variety of Milk

Fresh Fruit & Vegetable Bar
Variety of Milk

Fresh Fruit & Vegetable Bar
Variety of Milk

Fresh Fruit & Vegetable Bar
Variety of Milk

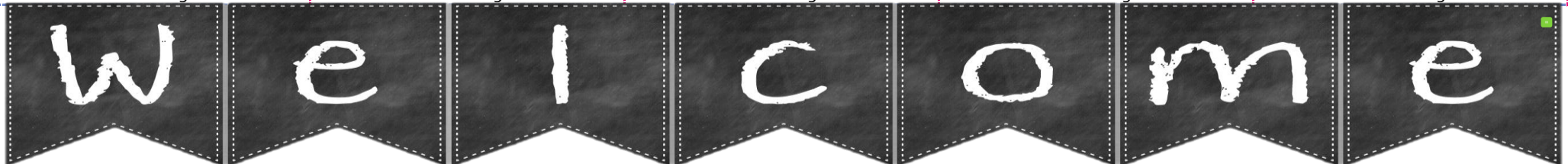
Breakfast
French Toast Sticks
Fruit & Juice
Assorted Low Sugar Cereal

Breakfast
Breakfast Pizza w/ Gravy
Fruit & Juice
Assorted Low Sugar Cereal

Breakfast
Cinnamon Roll
Fruit & Juice
Assorted Low Sugar Cereal

Breakfast
Sliced Bagel w/ Cream Cheese
Fruit & Juice
Assorted Low Sugar Cereal

Breakfast
Pancakes
Fruit & Juice
Assorted Low Sugar Cereal



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