

School Wellness Curriculum Standards

The Science/Health and Wellness Curriculum Standards is designed to assist the teacher in the important work of helping young people of the 21st century gain a basic knowledge of the science and its processes, recognize the link between the work of scientists and engineers, and to appreciate the wonder of the universe, analyze the problems presented by life, and develop appropriate and morally responsible solutions to those problems. Students will be able to celebrate the miracle of God's universe, to analyze critically the challenges of life, and to develop moral responses to questions, challenges and problems.

The strand of Health and Wellness is an integrated component of the whole science curriculum. As we move forward in the theird millennium, the health and wellness curriculum addresses our students' importance and wellness in today's technological society. As Catholic school educators, we recognize that spiritual, physical, emotional, social, and academic growth and performance and good health practices are inextricably intertwined. Today, health education is as important as all other subjects we teach in our Catholic schools.