

SEPTEMBER 2015

St. Louis school menu. Breakfast is served w/fruit & milk and lunch is served w/2 fruits and milk. MENU SUBJECT TO CHANGE.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Hamburger on bun Baked beans <hr/> BREAKFAST Sausage, egg and cheese biscuit	2 Chicken chipotle Green beans <hr/> BREAKFAST Strawberry cream cheese bagel	3 Lasagna Garlic bread Peas & carrots <hr/> BREAKFAST Cereal, yogurt	4 Stuffed crust dippers Succotash <hr/> BREAKFAST Mini waffles
7 LABOR DAY!! NO SCHOOL!!	8 Chicken tangerine Rice Broccoli <hr/> BREAKFAST bagel	9 Salisbury steak Mashed potatoes Butter bread <hr/> BREAKFAST Cherry turnover	10 Soft taco Refried beans <hr/> BREAKFAST Pancake & sausage on a stick	11 Pancakes Hash brown Yogurt, O.J. <hr/> BREAKFAST Egg patty, yogurt
14 Chicken quesadilla Succotash <hr/> BREAKFAST Cinnamon toast	15 Mini corndogs Fries <hr/> BREAKFAST French toast sticks	16 Breaded pork chop on bun Baked beans <hr/> BREAKFAST poptart	17 grilled chicken on bun au gratin potatoes <hr/> BREAKFAST Blueberry muffin	18 Fish nuggets Baked potato <hr/> BREAKFAST Nutri-grain bar
21 Hot & spicy chicken on bun Baked beans <hr/> BREAKFAST Mini pancakes	22 Cinnamon toasty biscuit Sausage patty Hash brown, O.J. <hr/> BREAKFAST Egg patty, yogurt	23 Chicken strips Butter bread California blend w/cheese <hr/> BREAKFAST bagel	24 Turkey & gravy Dinner roll, green beans Mashed potatoes Birthday Day! <hr/> BREAKFAST Cereal, yogurt	25 Cheezy breadsticks Carrots <hr/> BREAKFAST Cinnamon swirl bread
28 Chicken fajita Broccoli <hr/> BREAKFAST applesticks	29 chili string cheese crackers, peas <hr/> BREAKFAST Ultra bread slice	30 Breaded chicken on bun corn <hr/> BREAKFAST Breakfast pizza		

SNACKS:

MONDAY:
HOT & SPICY GOLDFISH
CRACKERS

TUESDAY:
POPPED CRISP

WEDNESDAY:
FRUITS SNACKS

THURSDAY:
STRING CHEESE

FRIDAY:
PRETZELS

FRESH VEGETABLES
ALONG WITH TOSSED
SALAD WILL BE SERVED
EVERYDAY WITH
LUNCH.