

HEALTH SCREENING DAY

ALL INSURED SUMMIT EMPLOYEES

WHEN: NOVEMBER 5TH, 2013
TIME: 7:00 A.M.-8:00 A.M. (Early time is for fasting lipid panel)
WHERE: DISTRICT OFFICE

WHAT: HEALTH SCREENINGS:

1. FASTING LIPID PANEL (CHOLESTEROL) AND NON-FASTING BLOOD GLUCOSE *** Must fast 8 hours before getting lipid panel (usually nothing after 10:00 p.m.)
2. HEIGHT, WEIGHT, BMI (body mass index) Fun!!!!
3. BLOOD PRESSURE, PULSE AND O2 SATURATION (oxygen level)

YOU MUST LET KIM STEVENS KNOW BY E-MAIL OR PHONE ASAP IF YOU WANT FASTING LIPID PANEL.

*****ONLY 12 SPOTS AVAILABLE*****

** LET ME ALSO KNOW WHICH OF THE OTHER SCREENING TESTS YOU WOULD LIKE. **

##FLU SHOTS STILL AVAILABLE FOR ALL EMPLOYEES-
LET ME KNOW!

ALL UNISURED SUSD EMPLOYEES

I HAVE NOT FORGOTTEN YOU. YOUR ON-SITE HEALTH TECH CAN DO HEIGHT, WEIGHT, BMI, BLOOD PRESSURE, O2 SATURATION, BLOOD SUGAR TEST (no lipid panel draw)
ANYTIME THAT DAY.