



APRIL 2017  
 CALABASAS SCHOOL  
 "COUGARS" NEWSLETTER

**EDUCATE EVERYONE EVERY DAY**

**From The Principal's Office...**

Dear Parents,

The 2016-17 school year has progressed at a quick pace. As we continue through the 4th quarter I wanted to, once again thank all parents for taking an active approach to their children's education. We are currently in the process of administering our state assessments, which include AIMS Science (4th & 8th Grades) & AzMERIT. Our staff has worked tirelessly to ensure that our students have all of the tools necessary to be successful. Within the "Doctrine of No Surprises", we have made it a point to ensure that the students have been taught the content, as well as, the context, of that which will be assessed in the coming weeks. In preparing for the upcoming assessments, you as parents, play a crucial role in the students' success. Here are a few tips to ready your child for the upcoming assessments:

- > Make sure that your child gets an ample, normal amount of sleep during the entire week of testing.
  - > The children should eat a nutritious and filling breakfast. If possible, avoid high sugar cereals which can make the student hyper and/or unfocused. **It is also advised that you send healthy snacks to school on a daily basis during testing for your child. This is an important factor that often gets overlooked.**
  - > Make sure that your child is on time on each of the days of testing.
  - > Try not to put too much too much pressure on the student. Reinforce that as long as they worked hard in preparation and did their absolute best, you will be proud of them.
  - > Have your child visualize success. Encourage them to rehearse what it will feel like to get a good score on the test.
  - > Work with your child to focus on breathing. Stress is often caused by insufficient oxygen to the brain. Work with your child to take time before the test begins to take a number of deep, cleansing breaths, exhaling slowly. Focusing on breathing by taking some time when stress levels rise helps to focus the mind during testing.
  - > Try to use positive language when talking about expectations of the test.
  - > Keep a positive attitude about testing in general around your child and emphasize their ability to demonstrate what they have learned rather than the consequences of not passing.
- Thanks again for all of your support as parents. We truly appreciate all that you do to prepare your child for a wonderful educational experience.

John Fanning, Principal

*"Home of the Cougars"*

131 Camino Maricopa

Rio Rico, AZ 85648

**John Fanning,**

**Principal**

**Manuel Carrillo,**

**Assistant Principal**

**Rebekah Cabrera,**

**Assistant Principal**

**Office Hours:**

**7:00 A.M.-3:30 P.M.**

**Office Tel.:**

**(520) 375-8600**

**IMPORTANT  
 APRIL DATES**

- 3 Site Council**
- Track Team Pictures**
- 6 Student of the Month Breakfast (E) Movie Night**
- 7 Jazz Band Festival Phoenix**
- Character Counts Track Meet**
- 10 Sports Team Pictures**
- 11 & 25 Board Meeting**
- 14 & 17 Spring Holiday / No Classes**
- 19 Kinder Readiness**
- 20 (E) Library Hour**
- 21 (MS) Sight Reading Band Concert**
- 22 (MS) Band @ RRHS**
- Evening with RR Big Bands**
- 27 Fine Dining with Administration**
- 28 Rich River relays @ RRHS**

**First Line of Defense FROM THE HEALTH OFFICE**

We have had head lice at Calabasas this past month. Though bothersome, head lice will not harm children and adults, nor cause illness. Having head lice does not mean a person is unclean or the environment is dirty. Head lice are almost always transmitted from one person to another by head-to-head contact. Head lice are tiny insects that live on the human head. Lice hatch from eggs, known as nits. Nit color ranges between white to brown. Nits are typically found around the ears and along the nape of the neck. Nits will hatch after seven days. Once hatched, the nits are known as nymphs and within ten days, become adults. Nymphs and adult lice can be found on the head and feed on human blood to live. An adult female louse can live up to 30 days and lay 5 eggs a day. Examine your child's head and everyone else in the household for lice and nits. Start examining the head by beginning around the ears and at the nape of the neck and rest of the head. If your child does have lice, begin treatment. Treatment consists of over-the-counter products and combing. Please check with your pharmacist for the product that will best suit you. It is important to read and follow the treatment instructions carefully. Please check with a health care provider before treating an informant or pregnant women. Lice combs can be purchased at pharmacies. The preferred lice combs have close, long metal teeth that pass through the hair easily. Using both treatment and the lice comb is very helpful in removal of lice and eggs from the head. Continue to check your child's head and members in the household daily for one week after lice treatment. Comb out any eggs that may have been missed. Wash dirty clothes, coats, hats, bedding and towels as you normally would.

**AzMerit Testing G 3-8**

- 4/3 8th Writing
- 4/4 7th Writing
- 4/6 5th/6th Writing
- 4/7 4th Writing
- 4/10 3rd Writing
- 4/12 5th Rdg/Math 1
- 4/13 5th Rdg/Math 2
- 4/18 8th Sci. and 3rd Rdg/Math P1
- 4/19 3rd Rdg/Math P2
- 4/20 4th Rdg/Math P1
- 4/21 4th Rdg/Math P2 and 7th Rdg/Math P1
- 4/24 7th Rdg/Math P2
- 4/25 8th Rdg/Math P1
- 4/27 8th Rdg/Math P2
- 4/28 & 5/1 6th Rdg/Math P1

## CALABASAS SCHOOL "COUGARS" NEWSLETTER

### From the Counselor's Office

Diane Chamberlain (520)375-8600 [dchamberlain@scv35.org](mailto:dchamberlain@scv35.org)

In April, we will spend the month reviewing all the Character Counts Six Pillars: Trustworthiness, Responsibility, Respect, Fairness, Caring, and Citizenship. "Integrity is doing the right thing, even if nobody is watching."

### From the Assistant Principal

Rebekah Cabrera (520-375-8600) [rcabrera@scv35.org](mailto:rcabrera@scv35.org)

Dear Parents and Guardians,

Happy Spring! Hopefully everyone enjoyed the time off with your child(ren) during Spring break. As we move into the fourth quarter, there are many positive things happening here at Calabasas. Listed below are just a few that I'd like to share.

\* The 3rd quarter K-5 awards assembly took place on March 22 and the 6th—8th awards assembly took place on March 29, with many successes to celebrate for our students! Congratulations students and thank you to all our parents and staff! Keep up the great work!

\* Library Hour took place on Thursday, March 23th, and it was a huge success! There were many student participants, with many parents joining in on the fun as well! Students listened to Hooray For Diffendoofer Day by Dr. Seuss story. Thank you to all who came and enjoyed the fun!

\* On March 24 we had our annual Career Day and was HUGE success! Thank you to all who participated, volunteered their time and made this great event possible for our students!

\* Our 3rd—5th grade students and teachers are working hard as we prepare for the upcoming AzMerit state test. AzMerit will be computer based and with students in grades 3-8 will begin in April. (Please refer to the important dates section of the newsletter to see when and if your child is testing).

Thank you all for continuing to make Calabasas great! I look forward to a great fourth quarter!

**kindest regards, Rebekah Cabrera**

### From our Parent Liaison

Irma Vélez (520)-375-8600 [ivelez@scv35.org](mailto:ivelez@scv35.org)

I am very happy to report that Career Day was a huge success. A big thank you to all of the participants who responded to our invitation this year. I would also like to thank our wonderful staff and parent volunteer team for helping and making sure our guests were taken care of. Have a wonderful Spring!

### A Note from the Front Office Staff

Dear parents,

When requesting a change in your child's transportation we ask that you call the office at least 30 minutes before the end of the school day. This will give us time to deliver the message to the child's classroom. Thank you!

### From the Band Director

Jason Taurins (520)375-8600 [jtaurins@scv35.org](mailto:jtaurins@scv35.org)

As you may know, March was Music in Our School Month. We celebrated by attending concert band festival, jazz band festival, and putting on our Spring Concert. Other performances included the jazz band playing at the NJHS induction, the Honor Jazz Band playing at the ASU/Highland Jazz Festival, and with three students attending the All State Band. Now we have a chance to breath! Upcoming dates include the "Show What You Know" concert on April 21, and the Evening with the Rio Rico Bands on April 22. If you haven't already, please check out our website (<https://goo.gl/PPRNIY>) and register for Remind 101 notifications. Eight grade parents, check with your student. Did they sign up for band next year? It is possible to participate in band as well as other activities like sports, a job, and ROTC. We even had a member on the varsity football team last year with dozens of friends. As always, I appreciate your support!

### From the Athletic Director

Manuel Carrillo (520) 375-8600 [mcarrillo@scv35.org](mailto:mcarrillo@scv35.org)

The school year is almost over. It has been a great year! During the 8th grade transition, we will be giving the awards for Male and Female Athlete of the Year. The student athletes will be nominated by their coaches. Good luck to all our athletes. We encourage our departing 8th graders to continue to get involved in sports at Rio Rico High School. It will be a great experience which will be remembered all of your life. Get involved!