

MeyerPark Elementary

Wellness Plan Assessment

Guidelines	Responsibility	Timeline	Completed
1. The school will display posters to promote healthy eating and display other nutrition education materials. The school's website will provide parents and community members with nutritional information to promote a healthy lifestyle.	Monitor: Poster display- Child Nutrition Manager  Website- Director of Business and Financial Services	Poster display- designed and displayed second week of August each school year and reviewed on a semiannual basis.	Completed posters were observed in the cafeteria near the service line
2. The school will ensure by observation that all students have access to every meal provided	Monitor- Child Nutrition Manager and Child Nutrition Director	Daily and throughout school year	Serving line is appropriately accessible to all students/adults.
3. The school will offer reimbursable meals that meet Texas Department of Agriculture (TDA) and United States Department of Agriculture (USDA) nutrition standard	Monitor- Child Nutrition Director	Daily and throughout school year	The school is compliant with TDA/USDA nutrition standards
4. The school will ensure that menus are available in the school office or posted on the website.	Monitor- Child Nutrition Manager	Monthly (beginning of each month during school year)	menus are handed out at beginning of each month in Wednesday communication folder
5. The school will ensure that students have access to drinking water during meal times where meals are served.	Monitor- Child Nutrition Director	Beginning of year and then as needed.	A water fountain IS in the cafeteria
6. The school will schedule 60 minutes (weekly) for physical education time during schedule development.	Principal	Prior to beginning of school year	60 minutes of physical education IS provided to all students weekly.

7. The school will schedule 20 minutes (daily) for recess time during schedule development.	Principal	Prior to beginning of school year	Student have recess on wet, extremely hot/cold Student have recess in cafeteria
8. The school will schedule the appropriate time allotment for vigorous physical activity to the appropriate staff members involved in physical education.	Principal	Prior to beginning of school year	Students participate in Zumba, aerobics, and other vigorous activities
9. The physical education teacher will plan activities that are fun but encourage movement.	Physical Education Teacher	Weekly or monthly plans	“ ”
10. The child nutrition director will ensure that all child nutrition staff receives the appropriate training hours.	Child Nutrition Director	Prior to school year, then as needed during school year	CN staff attend Region 4 classes every summer and throughout the school year.

Areas of accommodation:

Students appear to really enjoy physical activities like zumba.

Upon observation students were smiling and making great efforts to

follow the directions. The CN staff take great pride in having a clean, appealing, child friendly cafeteria. Meals ~~have~~ are served according regulations.

Areas of requiring improvement:

During Fridays survey comments suggest changing or offering a variety of meals.

