



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

8th Annual Kid's Triathlon Saturday May 28, 2016

Age Group	7-8	9-10	11-12	13-14
Swim	25m	50m	100m	150m
Bike	1 mile	1 mile	2 miles	2 miles
Run	.5 miles	.5 miles	.75 miles	2 miles



Race Information

- Race begins **9:00 AM RAIN OR SHINE**
The Graham Aquatic Center
543 N. Newberry Street
York, PA 17401

Course Information

- Swim portion in a 25-meter pool in the Graham Aquatic Center
- Run & bike portions through neighboring parks and on roads closed to traffic
- View course map at http://www.swimyorky.org/kids_tri.html

Entry Information

- Open to the first **300** entries
- Youth Racers: \$25 with **FREE** T-Shirt and **FREE** clinics
- Parent Fun Run: \$10 without T-Shirt
- Race day entries accepted 7:30 -8:30AM
- Entry fee is non-refundable

Safety Information

- Bike helmets are required. **MUST** be Snell or ANSI approved
- All participants **MUST** wear appropriate footwear for the bike and run portions

Registration Information

- Registrants are encouraged to pick up their packets prior to race day at the Graham Aquatic Center Thursday 5/26 or Friday 5/27 from 6:00-8:00 PM
- A **mandatory** pre-race meeting for all participants and parents will be held in the stands of the Graham Aquatic Center at 8:45AM race day

Contact Information

- Michelle Thomas 717-817-9583
YorkYKidsTri@gmail.com

Updates and results will be posted at www.swimyorky.org

Free Clinics

Swim Clinic – Thursday 5/17 & 19
6:15 – 7 pm – swim gear required

Transition Clinic – Friday 5/27
6:15 – 7 pm – no gear required

Stay for the after party!!

York Y Kids Tri Registration and Waiver –1 per participant

Mail To: York YMCA Aquatic Club C/O Kids Tri 90 N. Newberry St York, PA 17401

Name _____ Age ___ Male ___ Female ___ Birth Date ___/___/___ Today's Date ___/___/___

Last _____ First _____ Address _____ City _____ State _____ Zip _____

Phone (____)____-____ Email Address _____ How did you hear about the Tri? _____

I know that running, biking and swimming the York YMCA Kids Tri is a potentially hazardous activity. I should not enter and swim, bike and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with swimming, running and biking the event, including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat/humidity, cold or slippery conditions of the course. All such risks being known and appreciated by me, having read the waiver and knowing these fact, in consideration of your accepting my application, I, for myself and anyone entitled to act on my behalf, waive and release the race director, race officials, volunteers, sponsors including but not limited to the York YMCA Aquatic Club, the York YMCA, the city of York, York County and all of the representatives and their successors of said sponsors, from all claims or liabilities of any kind arising out of my participation in the event.

Participant signature _____ Parent/ Guardian Signature – Required for all participants _____

Youth Racer with t-shirt and clinics \$25 _____ Shirt Size: Youth M _____ L _____ Adult S _____ M _____ L _____

Parent/guardian without t-shirt \$10 _____ Payment: Visa/MasterCard # _____ EXP _____
Check # _____ Make checks payable to York YMCA Aquatic Club