HNS PRESS

We are very excited about our first issue of HNS Press for the school year 2014-2015. God has blessed us with so many talented writers on staff this year and are so proud of the work they have done thus far. The written word is slowly becoming a lost art and one of our goals is to keep our students writing and creating.

Thank you to the students who have dedicated their time to the HNS Press, thank you to Dr. Wardell for giving the us the opportunity to grow and develop the school newspaper.

We hope you enjoy the articles and please be sure to thank all the students who helped make this happen.

-Mrs. Enos & Mrs. Masterson

T.J. Del Santo with Mrs. Rogers' fourth grade class. Read about other classroom news on page 8.



Meet Our Staff

Holy Name School

HNS Press

November 24, 2014

Inside this issue: 2 Faculty Spotlight **Book Review** 4 Creative Stories 5 Animals & More 7 Holiday Happenings 9 Sports 10 12 Student spotlight

Grade 7

Grade 5

Jason Arruda Mason Humphrey Jack Elumba **Chhiahn Nhean Kylie Medeiros Zoey Reis Catherine Tetreault** Maddison Chippendale **Olivia Costa Monica Smith** Sadie Fitzgerald

Ashley Reynolds Juleena Pamphile Grade 6 **Bella Glennon Jillian Mercer** Molly Timberlake **Britney Costa** Liam Marshall **Priamos Koumas Philip Manchester** Leesha Gendreau Isabella Moniz

Caroline O'Donnell Lindsay Honeycutt Gabriella Joaquim **Caitlyn Moore Jillian Caron Carlena Phouthavong** Anna Elumba **Dierde Aguiar Kate Archer**

Faculty & Staff Spotlight

Did You Know Mrs. Chippendale

- Favorite color is green
- Loves to go to the movies
- Favorite movies are scary movies.
- Has two daughters Jillianne and Madison
- If she could teach one class it would be Pre-K.
- Favorite sports team is the Red Sox
- Would love to go to Paris
- Loves her job because it very fulfilling
- If she could play one sport right now it would be volleyball.
- Has many pets, one dog named Youkilis, and three fish named Chip, Dale, and Paul
- Her favorite holiday is Halloween
- Doesn't eat McDonalds or Burger King
- Favorite kind of ice cream is chocolate
 - Would love to sky dive one day
 - Loves country music
 - Favorite store is Hobby Lobby
 - Doesn't really eat breakfast
 - Favorite chips are salt and vinegar chips By : Caroline O' Donnell

The No. 1 Favorite Ice Cream Flavor

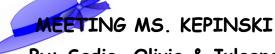
2, 242 Adults were surveyed by a Harris Poll and the results were:

The top 10 favorite flavors of ice cream:

- 1. Chocolate: 27 percent
- 2. Vanilla: 23 percent
- 3. Cookie dough/cookies and
- cream: 22 percent

4. Butter pecan/Swiss almond and mint chocolate chip (tie): 19 percent

- 6. Strawberry: 14 percent
- 7. Rocky road: 12 percent
- 8. Peanut butter: 10 percent
- 9. Coffee: 9 percent
- 10. Cherry vanilla: 8 percent



By: Sadie, Olivia & Juleena

Today we met with the new fifth grade teacher Ms.Kepinski. She has many interests. Her favorite food is lamb chops. Her hobbies are traveling and dancing, one day she would love to travel to Paris, France! Ms. Kepinski likes the band Led Zepplin and her favorite author is Katherine Paterson. One of her favorite books is <u>The Great Gilly Hopkins</u>, which is written by Paterson. She likes to

shop everywhere and anywhere, especially stores that have "HATS"! She has more hats than she can count! One of Ms. Kepinski's favorite subjects to teach is Social Studies. She expects her students to be respectful of themselves and others and to do their personal best each day. Ms. Kepinski has four in her family and she loves her cat Stella. We also now know her hero is Mother Theresa. Stop by the fifth grade to learn more about on of our newest teachers!.



Faculty & Staff Spotlight

Ms. Pellitier By: Kate

Soon after the beginning of school, the middle school students saw a new face, nobody knew who this mysterious lady was. On a sunny fall day she walked into our classroom. She started off by telling us her name, "My name is Ms. Pelletier," she said with a perky attitude, "I will be your new religion teacher." Before coming to Holy Name School, Ms. Pelletier tutored Chinese students who are studying in our country. She was very excited, jumping up and down, when she got the phone call telling her she had the job here at Holy Name. She wasn't sure what our school was going to be like, but she imagined it would be like her catholic elementary school she attended as a child. Ms. Pelletier hopes to teach here for many years to come and enjoys being here with us.

Miss Sampson

By: Lindsay, Gabriella & Caitlyn

Miss Sampson is a new member of our school faculty. She teaches Spanish. She began studying Spanish in high school at Bishop Stang and continued at Boston University.

Miss Sampson has been teaching for four years. She was the computer teacher at St. James-St. Johns for two years. She then transferred to St. Francis Xavier for one year where she taught Spanish in grades Kindergarten to eight.

Her first impression of Holy Name was that it was a friendly and comfortable place to teach. She enjoys working with the staff and students.

Here are a few things that we did not know about Miss Sampson; she likes to dance, draw, hike, exercise, read and watch sports. Another interesting thing we found out about her was that she played broomball in college!

Miss Sampson is a fantastic new addition to Holy Name School. We hope she enjoys teaching Spanish here and will stay with us for a long time.

What is Broomball?

Broomball is a winter sport played in ice arenas and community parks throughout the country. It is a game very similar to hockey in its formation and rules, but also incorporates some soccer strategies. The game is played on a hockey rink with two teams consisting of six players on each side (a goalie, two defensemen and three forwards). Similar to hockey and soccer, the object of the game is to score more goals than the opposing team. A player uses a stick (a shaft with a molded broom-shaped head) to maneuver a six-

inch diameter ball up and down the ice. Instead of skates, players wear spongysoled shoes to gain traction when running on the slippery surface.

www.usabroomball.com



Have you read a good book lately?



By Deirdra Aguiar and Anna Elumba Lockwood and Co. - Book 1: The Screaming Staircase by Jonathan Stroud

Imagine you live in London, but with a twist. The problem began 50 years ago when London's deceased came back as ghosts, and no one knows why or how. The ghost can only be seen by children. Children with physic ability; sight listening or touch; are put into haunted houses to put out these terrors.

This well crafted story follows a small agency with only three members: Lucy Carlyle, George Cubbins, and Anthony Lockwood. Anthony, or most commonly known as "Lockwood" is the leader. George is sarcastic and does the research on the ghosts' backgrounds' for the agency. Lucy is the newest member and narrator of the story.

The plot is very interesting for people who love adventure and something a bit scary. After a case gone wrong Lockwood and company have no choice but to take on London's most haunted houses to repay a heavy debt. Read and follow as the mystery of a ghost girl is unfolded, along with the horrors of Combe Carey Hall.

My thoughts on this book are all positive. I found the plot very interesting, as well as the characters and the message I found in it.

I'll start with the characters. They are so real. I don't mean that the people exist. You wont go to London and meet them or see tons of ghosts roaming the streets at night. I mean that they are like you and me. They aren't perfect. The fact that they aren't perfect makes it so much easier to connect with them. I almost felt like I did know them.

Secondly, I'll talk about the message that I found. This theme can be found in many good books. In this book, the children were given a chance to shine. Think about it, in so many books; Harry Potter, Percy Jackson, etc.; children or young people are the main characters that are allowed to take center stage, not live in the shadow of adults. We can see the strength we all hope is in us. When a character does something good, we feel good. So, whether with a magic wand, or the edge of a sword, this books gives children a sense of purpose, which may be my favorite thing about this book.

The sequel to <u>The Screaming Staircase</u> is called the <u>Whispering Skull</u>, and between the two books, there was plenty of character development.

Cast your cares upon the Lord, for he cares about you. 1 Peter 5:7

On the Creative Side....Stories brought to you by our clever and talented creative writers

Hansel & Gretel By: Deirdre Aguiar

Once upon a time, there was a poor woodcutter with his wife and his two children. The boy's name was Hansel and the girl's name was Gretel.

Whoa, whoa, whoa. Hold on. So. This whole story is about some fairy tale? Yes. It is. But it gets better.

Anyways, he was very poor and had little to eat, and when a famine came, he could not provide for his family.

So, one evening as he was lying in bed worrying, he sighed and said to his wife, "What is to become of us? How can we feed our children when we have nothing for ourselves?"

"Man, do you know what?" answered the woman. "Early tomorrow morning we will take the two children out into the thickest part of the woods, make a fire for them, and give each of them a little piece of bread, then leave them by themselves and go off to our work. They will not find their way back home, and we will be rid of them."

"No, woman," said the man. "I will not do that. How could I bring myself to abandon my own children alone in the woods? Wild animals would soon come and tear them to pieces."

"Oh, you fool," she said, "then all four of us will starve. All you can do is to plane the boards for our coffins." And she gave him no peace until he agreed.

Well.... As you can see, this woman does not really like Hansel and Gretel.

"But I do feel sorry for the poor children," said the man.

Likely story. But he really did love his children.

The two children had not been able to fall asleep because of their hunger, and they heard what the stepmother had said to the father.

Gretel cried bitter tears and said to Hansel, "It is over with us!"

"Be quiet, Gretel," said Hansel, "and don't worry. I know what to do."

And as soon as the adults had fallen asleep, he got up, pulled on his jacket, opened the lower door, and crept outside. The moon was shining brightly, and the white pebbles in front of the house were glistening like silver coins. Hansel bent over and filled his jacket pockets with them, as many as would fit. Then he went back into the house and said, "Don't worry, Gretel. Sleep well. God will not forsake us." Then he went back to bed.

Clever. Model big brother.

At daybreak, even before sunrise, the woman came and woke the two children. "Get up, you lazybones. We are going into the woods to fetch wood." Then she gave each one a little piece of bread, saying, "Here is something for midday. Don't eat it any sooner, for you'll not get any more."

Hansel & Gretel Continued.....

Gretel put the bread under her apron, because Hansel's pockets were full of stones. Then all together they set forth into the woods. After they had walked a little way, Hansel began stopping again and again and looking back toward the house.

The father said, "Hansel, why are you stopping and looking back? Pay attention now, and don't forget your legs."

"Oh, father," said Hansel, "I am looking at my white cat that is sitting on the roof and wants to say good-bye to me."

The woman said, "You fool, that isn't your cat. That's the morning sun shining on the chimney." However, Hansel had not been looking at his cat, but instead had been dropping the shiny pebbles from his pocket onto the path.

You all know this part. Clever Hansel drops the stones on the path and helps them get back home.

When they arrived in the middle of the woods, the father said, "You children gather some wood, and I will make a fire so you won't freeze."

Hansel and Gretel gathered together some twigs, a pile as high as a small mountain. The twigs were set afire, and when the flames were burning well, the woman said, "Lie down by the fire and rest. We will go into the woods to cut wood. When we are finished, we will come back and get you."

Hansel and Gretel sat by the fire. When midday came each one ate his little piece of bread. Because they could hear the blows of an ax, they thought that the father was nearby. However, it was not an ax. It was a branch that he had tied to a dead tree and that the wind was beating back and forth. After they had sat there a long time, their eyes grew weary and closed, and they fell sound sleep.

When they finally awoke, it was dark at night. Gretel began to cry and said, "How will we get out of woods?"

Poor little Gretel. Big brother to the rescue.

Hansel comforted her, "Wait a little until the moon comes up, and then we'll find the way." After the full moon had come up, Hansel took his little sister by the hand. They followed the pebbles that glistened there like newly minted coins, showing them the way. They walked throughout the entire night, and as morning was breaking, they arrived at the father's house.

They knocked on the door, and when the woman opened it and saw that it was Hansel and Gretel, she said, "You wicked children, why did you sleep so long in the woods? We thought that you did not want to come back. "(What a nice mother)

But the father was overjoyed when he saw his children once more, for he had not wanted to leave them alone.

Now imagine what Hansel and Gretel felt like. Their father had left them to die in the woods. Sure, they found their way home, but if Hansel hadn't gotten those pebbles, they would have died in the woods. Of course their father hadn't wanted to leave them, but had given in to his wife. How do you think that felt? Not good. You may be thinking that this isn't the whole story, and you're right. Anyone who has heard the story knows this isn't the end. Sadly, it's to long a story to put in here. So, TO BE CONTINUED...

The Connors By: Kylie

Sunny, her mom and her dog Hawaii are driving to the Grade 6 annual Science Fair. Sunny was so excited to show her time machine project. When they arrived at the school as Sunny was setting up she "accidently" goes back in time. Sunny finds herself in the 1800's and realizes she doesn't like this era, so she goes back into the time machine and goes into the future to the year 2070. She finds a family that thinks she is an orphan. Sunny is happy to live with them and to stay in the future. One day she finds herself whirling back to her life in the present. When she is home she realizes her brother had made a time machine to get her back. She also finds out there was a magical double of Sunny and her brother Jacob.

"What is a magic double?" Sunny asked Jacob.

"It means you went to a place in time and you come back, but before the place in the present. But you go in the past, your memory of yourself in the present is still there. So you are yourself in the present and you are yourself in the past, so there will be two of you." Said Jacob.

"Oh." Said Sunny.

They go back into the time machine and are where they left off in the present. They are back home. They destroyed the time machine in joy.

"I am never going to do that again!" Said Sunny.

"For sure and Sunny here is your medal from the Science Fair, you won first place!" Said Jacob.

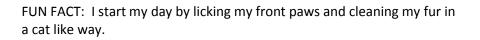
"Oh no you have it, you saved me and helped me, " Sunny continued, "This medal is for the best brother ever!"

WHERE THE WILD THINGS ARE!

The Red Panda

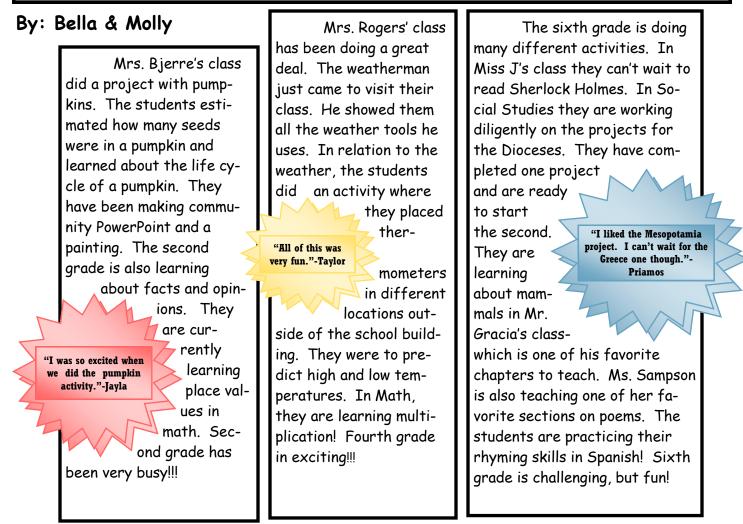
By: Zoey & Maddison

Hi, I am a red panda, an endangered mammal. I weigh 12-20 pounds. I eat bamboo leaves, fresh shoots, berries, blossoms, bird eggs, and plants. I live in Nepal, Northern Berma, and China. Some of the reasons I am endangered are because I am poached, hunted for my fur, and caught in traps no meant for me.





Classroom News



What's Happening in Kindergarten, Mrs. Piques? By: Ashley Reynolds and Jason Arruda

Do you enjoy teaching kindergarten?

Yes, I have a lot of fun with the children.

What are you learning about?

We learned about pumpkins, we weighed them and tested if they would sink or float. We also did an experiment where we grew crystals.

Have you gone on any field trips yet?

We went to the Apple Orchard and we walked to the Fire Station.

What fun things will you be doing?

We will have a Thanksgiving dinner with Pre-k.

How does it feel to see your students graduate from 8th grade?

It is wonderful to see them graduate. My first class graduated four years ago.



Holiday Happenings



Trick or Treat By: Kate and Carlena

Here you are, dressed up for the night, you knock and knock hoping to fright. Instead, I am dressed up too: I give you a fright when I yell **BOO!** On Halloween night there were creepy crawlers, pretty princesses and many more. This year, at Holy Name there were cats, ninjas, a punk rock zombie, Spiderman, Rapunzel,

and Anna and Elsa from "Frozen". Our favorites were Pikachu, Rapunzel, fallen angel and a day of the dead skeleton. Everyone went around their neighborhood to get delicious candy. Many go treats, but some got tricks. When all the children returned home they began to eat their candy before the monsters, yes, monsters, ate all their candy



HNS SPOOKTACULAR!!: By: Isabella Moniz



Students in grades Pre-K to 4th grade

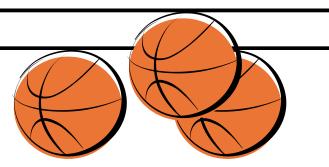
were in-

vited to join our first Spooktacular! It was a frightfully fun night filled with jack-o-lanterns, costumes, ghosts, goblins, stories, and trunk-or-treat. They were invited to make Halloween crafts, eat spooky desserts, and listen to ghost stories! This was all put together by an amazing teacher with an awesome imagination, Mrs. Goncalo. I had a chance to speak with her after the Spooktacular.

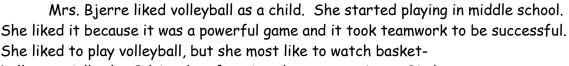
Mrs. Goncalo decided to have the Spooktacular for the younger children and their families. She thought that this would be more appropriate for them rather than a Halloween dance. Mrs. Goncalo said all though it is not definite this might become an annual event.

I also had a chance to ask some students what their favorite part was, and they all had the same answer, "TRUNK-OR-TREAT!!" After the stories were read parents of the children went to their cars and started handing out candy to the children. The cars were amazingly decorated and the children loved it! It was a wonderful night filled with frights and fun!

What's Your Favorite Sport? By: Liam, Philip & Priamos



Basketball, soccer, volleyball, what was your favorite sport as a child and why? We interviewed a few faculty members asking them this question and here is what they said:



ball, especially the Celtics, her favorite players were Larry Bird, Kevin McHale, Robert Parish and Danny Ainge.

Ms. Pelletier enjoyed soccer as a child. She thinks it takes a true athlete to run for forty-five minutes per half. Her favorite soccer team is Manchester United and her favorite soccer player is Wayne Rooney. She started playing soccer when

she was a substitute teacher. She did a great deal of running up and down the field, but did not have much contact with the ball. She started watching soccer because she did not have cable and though it was exciting and interesting.



Mr. Gracia enjoyed football as child. He began playing in fifth grade. He also played basketball, but he excelled in football. He had the opportunity to enjoy his favorite sport as an adult coaching at Bishop Connolly.

Mr. Dacey played basketball as a young boy and through his adult years. His passion and talents earned him a shooting guard position on the Bridgewater State College team. His love for the sport continued and he coached the Taunton Tigers.

Did you know...

Bishop da Cunha loves soccer and has been playing all his life. Players around the Fall River area may find him weaving through defenders in of course a Brazilians Men's National Team jersey.

Athlete Spotlight



Neymar is one of our favorite soccer players. He recently played in the World Cup and won the prestigious trophy-Balon D'Or (see photo insert below). Neymar lived in Mogi Das Cruzes, in Sao Paulo Brazil. He was educated in one of Brazil's poorest schools. When Neymar stared playing soccer, he played for the Santo FuteBol Club and for his schools' soccer team, but Neymar never showed up for practice at his school. The kids complained about this and it caused a great deal of tension and strife between Neymar and the other kids at his school. Therefore, Neymar decided to only play on the pro squad. Neymar is currently playing for the FC Barelona with one of our other favorite player, Lionel Messi.

> Cristiano Ronaldo By: Chhiahn & Mason



Balon D'Or

The soccer star Cristiano Ronaldo dos Santos Aveiro was born on February 5, 1985 in Funchal, Madeira, Portugal, a small island off the western coast of the country. He was named after Ronald Regan, a favorite actor of his fathers and actor who became the President of the United States. Ronaldo grew up in a largely working class neighborhood, his home was a small tin roof shack that overlooked the ocean. His early life was shaped by hardship. His father, a gardener, often drank too much and eventually died in 2005. To help keep his family fed and maintain some financial stability, Ronaldo started to play on the Real Madrid soccer team. Real Madrid paid a record \$131 million for his talents. Ronaldo is a true inspiration both on and off the soccer field.



Student Spotlight



The students at Holy Name are sparkling stars both in and out of the classroom.

Madison Leclair

By: Catherine

Madison Leclair, an 8th grade student, is courageously fighting through many surgeries and treatments. The most important thing we can all do is to continue to pray for her, through all our prayers she is on her way to recovery. The Holy Name community has come together to organize many fundraisers to help Maddie and her family. One fundraiser was the CYO car wash, this event raised a lot of money and it could not have happened without all those who volunteered by washing cars, making posters, and advertising. Another fundraiser was the Madison Leclair spaghetti dinner, which took place on November 15th and it too was a success. On Wednesday, November 24th there will be a walk-a-thon which the whole school will come together and walk ten laps around the school for Madison. One last thing, "Madison Chip Strong" t-shirts are now available to purchase, contact Mrs. Chippendale at the school if you would like to join the team to help Madison. Remember, the most important thing we can do is pray for her.



A Six Year Old Girl Artist By: Juleena

Kerchena is a six year old student at Holy Name School who likes to paint on a canvas all day and all night long. She started painting when she was only three years old. When she saw her older

sister painting she began to paint, "I'm pretty good," she said. Three years later she knew people who were fighting cancer and she created a painting and called it "The Cancer Tree".

Kercheena told me that painting is her life and she does not know what she would do without it. Kercheena wants to continue painting and has many more interesting ideas. Who knows someday we might see her painting hanging in an art gallery.

And be kind one to another, tenderhearted, forgiving one another. Ephesians 4:32

Jilly's Healthy Recipes



Meals and snacks can be healthy and delicious. Our resident chef shares some of her favorite recipes!



Pocahontas' Peanut Butter Trail Mix Balls

Serving Size: 1 ball Calories: 133 Protein:3g

Fibers: 2g Total Carbohydrates16g

Total Fat: 6g

- 1 cup peanut butter
- 1 cup honey

Ingredients

- 3 cups old-fashioned oats
- $\frac{1}{2}$ cup ground flaxseed
- 1 cup chocolate chips
- $\frac{1}{2}$ cup chopped nuts of your choice
- $\frac{1}{2}$ cup dried fruit of your choice

How To Make It

1. Mix together 1 cup peanut butter and 1 cup honey until smooth. Gradually add in 3 cups of oldfashioned oats and $\frac{1}{2}$ cup ground flaxseed. Add 1 cup chocolate chips and 1 cup any combination of nuts and soft dried fruit (try $\frac{1}{2}$ cup coarsely chopped peanuts and $\frac{1}{4}$ cup each of raisins and dried cranberries) and mix gently in your stand mixer or smush together by hand.

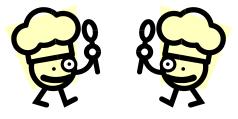
Roll into Ping-Pong-size balls and, for maximum presentation value, put in paper mini muffin cups. You can eat them right away, but they'll be less sticky after a night in the fridge. They freeze well too, layered on wax paper in an airtight container..



Give us this day our daily bread. Matthew 6:11



Recipes



<u>Tigger's Tortellini Vegetable Soup</u>

Serving Size: 1 1/2 cups Calories: 177 Protein: 13g

Fibers: 2g Total Fat: 7g Total Carbohydrates: 15g

Ingredients

- 2 tablespoons olive oil
- 1 medium onion, chopped
- 1 small zucchini, diced
- 1 medium carrot, peeled and diced
- 5 1/2 cups chicken stock
- 11 bay leaf
- 1/2 cup canned crushed tomatoes
- 1/2 teaspoon salt
- 9 ounces fresh or frozen tortellini (cheese or meat filled)
- 2 to 3 tablespoons chopped fresh parsley

Black pepper, to taste

How To Make It

Heat the olive oil in a medium soup pot or large saucepan. Add the onion, zucchini, and carrot. Sauté over moderate heat for 8 to 10 minutes, stirring often, until the onion is soft and translucent. Add the stock, basil, bay leaf, tomatoes, and salt to the pot. Increase the heat and bring the mixture to a low boil. Add the tortellini and bring the soup back to a low boil. Cook it for 2 minutes, then reduce the heat and let it simmer for 5 to 6 minutes longer. Gently stir in the parsley and pepper during the teaspoon dried basil (more if fresh last minute or so.)





School Happenings Past & Future

MIX IT UP AT LUNCH DAY: Hosted by Grade 5



Feathery Focus in grade 3



In the next issue read about:

Creative Stories Report on Bridgewater Bullying Workshop And much more!!!!!!!!

Thanksgiving feast with the Pre-K & Kindergarten



Class visitor in grade 6



Please feel free to email us with suggestions or comments . dmasterson@holynamefr-school.com wenos@holynamefr-school.com