

MAY

ANNOUNCEMENTS

Little Red k-5 Menu

Fresh Fruit & Vegetable Bar Served Daily!

Did you know?
Water makes up about 60% of your body weight. It's important to stay hydrated during the hot summer months. Aim for 6-8 cups of water every day and even more if you are staying active.



SFE This institution is an equal opportunity provider.

Questions or Comments?
Director of Dining Services
Phone: 520-287-0737



Monday

Tuesday

Wednesday

Thursday

Friday

1

Lunch
Corn Dog
Popcorn Chicken w/ Roll
Mixed Vegetables
Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Breakfast Pizza
Fresh Fruit Selection & Assorted Low Sugar Cereals

2

Lunch
Chicken Taco
Macaroni & Cheese w/ Roll
Peas & Carrots
Refried Beans
Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Bagels w/cream chesse
Hash Browns
Fresh Fruit Selection & Assorted Low Sugar Cereals

3

Lunch
Pepperoni Pizza
Crinkle Cut Carrots
Bake Chicken
Mashed Potatoes
Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Scrambled Eggs & Ham
Fresh Fruit Selection & Assorted Low Sugar Cereals

4

Lunch
Enchiladas, Beef Tacos and Tostadas
Spanish Rice
Refried Beans
Corn
Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Golden Cinnamon Roll
Fresh Fruit Selection & Assorted Low Sugar Cereals

5

Lunch
Chicken Nuggets w/ Roll
Fries
Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Egg & Cheese Biscuit Breakfast Sandwich
Hash Browns
Fresh Fruit Selection & Assorted Low Sugar Cereals

8

Lunch
Cheese Enchilada w/ Spanish Rice
Spaghetti Meatballs & Breadstick
Mixed Vegetables
Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
French Toast Sticks w/ Sausage Patty
Fresh Fruit Selection & Assorted Low Sugar Cereals

9

Lunch
Hamburger
Chicken Tacos w/ Spanish Rice
Refried Beans
Peas & Carrots
Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Scrambled Eggs Chorizo
Refried Beans
Fresh Fruit Selection & Assorted Low Sugar Cereals

10

Lunch
Pepperoni Pizza
Teriyaki Beef & Broccoli Stir Fry w/ Rice
Corn
Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Scrambled Eggs & Ham w/ Crackers
Fresh Fruit Selection & Assorted Low Sugar Cereals

11

Lunch
Carne Asada w/ Spanish Rice
Refried Beans
Hot Dog
Corn
Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Belgian Waffle w/ Sausage
Fresh Fruit Selection & Assorted Low Sugar Cereals

12

Lunch
Sandwich
Chips
Apple
Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Egg & Cheese Quesadilla
Hash Browns
Fresh Fruit Selection & Assorted Low Sugar Cereals

15

Lunch
Sweet & Sour Chicken w/ Rice
Hamburger
Fries
Mixed Vegetables
Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Scrambled Eggs & Ham w/ Crackers
Refried Beans
Fresh Fruit Selection & Assorted Low Sugar Cereals

16

Lunch
Beef Tacos w/ Spanish Rice
Refried Beans
Turkey Roast
Mashed Potatoes
Crinkle Cut Carrots
Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Pancakes w/ Sausage Patty
Fresh Fruit Selection & Assorted Low Sugar Cereals

17

Lunch
Pepperoni Pizza
Orange Chicken w/ Rice
Peas & Carrots
Mashed Potatoes
Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Sliced Bagel w/ Cream Cheese
Sausage Patty
Fresh Fruit Selection & Assorted Low Sugar Cereals

18

Lunch
All School Field Trip
Cove
Sack Lunch
Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Egg & Potato Breakfast Burrito
Refried Beans
Fresh Fruit Selection & Assorted Low Sugar Cereals

19

NO SCHOOL

22

Lunch
Cheddar Cheese Quesadilla w/ Spanish Rice
Popcorn Chicken w/ Roll
Mashed Potatoes
Mixed Vegetables
Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Breakfast Pizza
Fresh Fruit Selection & Assorted Low Sugar Cereals

23

Lunch
Chicken Tacos w/ Spanish Rice
Refried Beans
Hamburger
Peas & Carrots
Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Egg & Cheese Biscuit Breakfast Sandwich
Fresh Fruit Selection & Assorted Low Sugar Cereals

24

Lunch
Macaroni & Cheese w/ Roll
Pepperoni Pizza
Mixed Vegetables
Fresh Fruit & Vegetable Bar
Variety of Milk

Breakfast
Chorizo & Eggs
Hash Browns
Fresh Fruit Selection & Assorted Low Sugar Cereals

25

NO LUNCH- Early Release

Breakfast
Pastry
Fresh Fruit Selection & Assorted Low Sugar Cereals

26

Enjoy your summer
Be Safe
See you next Year

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30

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Menu is subject to change.

Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast