

PVUMC PRESCHOOL SUN SAFE POLICY

I. Mission Statement.

1.1 PVUMC Preschool recognizes the importance of sun safe behavior in our students as a means of limiting the immediate and long-term negative health effects of sun exposure. By adopting this Sun Safe Policy and raising awareness through ongoing education and communication efforts with students, parents, caregivers, teachers and staff, PVUMC Preschool is committed to creating a healthy, Sun Safe school environment.

II. Action.

2.1 Educate and raise awareness within the Preschool Community of the long term negative health effects of overexposure to the sun. This could be accomplished through a variety of means including, without limitation, information sessions, newsletter articles and curriculum activities.

2.2 Encourage students, parents, teachers and staff to promote appropriate cover-up clothing, hats, sunglasses and sunscreen use.

2.3 Encourage parents to ensure their children have appropriate cover-up clothing, hats, sunglasses and sunscreen on before going to school. Sunscreen will not be applied by teachers and staff.

2.4 Remind students to wear hats when playing outside in non-shaded areas. Hats can be provided by parents but each will be given their own hat to be kept in their cubby sometime after the start of the school year. Encourage use of broad rimmed hats to cover ears and back of neck.

2.5 Teachers will remind students to put their hats on before going to outside activities. If for some reason they do not have their hat while outside, they will be encouraged to participate in activities in the shaded area until the end of play.

2.6 Encourage teachers and staff to set a good example to the students by wearing hats, sunglasses and protective clothing while outdoors.

2.7 Provide shaded areas outdoors where feasible by erecting temporary and permanent shade structures. Encourage students to play in and use shaded areas and plan outdoor activities in shaded areas.

2.8 Limit time outdoors during peak sun hours whenever possible.

2.9. Weekly: Plan and implement a variety of learning activities to develop knowledge, attitudes and skills relevant to personal skin protection and avoidance of sun exposure.

2.10 Encourage children to take home sun safety projects to elicit parent participation for reinforcing and further establishing childhood adoption of sun protection behaviors.

2.11 Inform new teachers and staff about the Sun Safe Policy.

2.12 Remind parents annually of the school's Sun Safe Policy.

III. Review.

3.1 Staff shall conduct an Annual Review of the Sun Safe Policy.

3.2 Staff shall examine the effectiveness of the Sun Safe practices and education efforts.

3.3. Staff shall provide the Annual Review Report to the PVUMC Preschool Board and make appropriate recommendations for the ongoing effort to become a Sun Safe school.