



Bowen Arrow

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Second Edition

2016 Wrestling Conference Champs



Boilermaker wrestlers; Coach Hampton, KhalilTaylor, NaiShawn Night, Coby Brown, Ben Collins, Dion Nolan, Marquise Paino, Prince Vining, Zarquez Hunes, Ms. Whitfield, Brittany Wright, Coach Wilson, Dale Hensley, Cameron White, Carlton Brown, Maurice Pain, Brian Pegues, Marshawn Walker, and Kelly Griffin.

By Maurice Paino

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The Boilermakers are one of the most feared public wresting teams in the state of Illinois. Their Coach Ronald Wilson does everything in his power to make his team successful, "Once you have wrestled, everything in life is easy."

Boilermaker wrestlers sure make bringing home a conference championship for the tenth year in a row look easy, but it has taken strength, dedication, and determination.

"Only the strong survive," is one of Coach Wilson's favorite words of inspiration. He makes sure his team takes care of each other, so they can have a bond only brothers have. "This year's team carried on the winning tradition. I'm proud of how far this team has made it," said Wilson.

Starting this season with an undefeated conference record, the Boilermakers were the team to beat. Almost everybody on the team was undefeated and on his way to a good start. Beating Schurz, Marshall, Rich Central, Ag. Science, Lindbloom, and Hyde Park by more than enough points, the Boilermakers were on top and brought home their 10th straight conference championship victory!

The next day going into city finals, the team had five people to place and qualify for state. Maurice Paino, who placed 2nd at weight class 182, winning the first three matches in the finals, but losing to a tough competitor from Austin 4-2. He put up a great fight.

Cameron White, who placed 1st at weight class 145, beat everybody that got in his way to make it to the finals and then teched (beating someone by more than 15 points) at 17-2.

Carlton Brown, who placed 5th at weight class 126, started good but ran into some problems. He stuck it out to win the match taking 5th in the city tournament.

Marquise Paino placed 3rd at weight class 195 and was doing great. He made it to the semifinals but lost in double overtime losing 12-10.

Finally, Kelly Griffin, who placed 3rd at weight class 106, came out to wrestle but had a hard match in the semifinals and lost by 2 leaving the score 8-6.

Congratulations to the state qualifiers and to the entire wrestling team for another great season.

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Calendar

March 28th College and Career Week Begins

April. 7th: End of 3rd Quarter

April 8th: School Improvement Day- No Classes

April 14th Report Card Pick-up

April 18th - 22nd Spring Break

March 3rd ACT Testing

James H. Bowen High School 2710 E 89th ST Chicago, Illinois 60617 Phone: (773) 535-7650

Teacher's Strike?

www.bowenhs.org

Principal Mrs. Nia Abdullah

Vice Principal Ms. Whitfield



By Raven Hall

The big question that students have been asking is, "Are the teachers going on strike?" The answer to that question is complicated. Although 96% of teachers voted to back the strike, they cannot legally do so until mid-May.

Hollis McNulty, senior said, "It's going to push a lot of things back for the seniors. It is a big problem, but what can we do?"

"We would have a longer school year, but I feel that a strike might be necessary because teachers are being ripped off and so are the students," said Crispin Luna, junior. Chicago teachers have been working without a contract since

June 30, 2015, and here are just some of the reasons why they are considering a strike...

July 2015- \$200 million in cuts to s personnel, school maintenance and transportation that affected many special education students

Oct. 2015- \$16 million in cuts to school budgets

Dec. 2015- More teacher cuts that affected more special education students

Feb. 2016-Another \$120 million cuts to school budgets

March 2016- Cut teacher salaries 1.5% by cancelling a school day plus two school improvement days and intends to cut 7% of teachers' pensions.

CPS claims to have made all of these cuts due to the district being broke. This year is the first year that CPS is required by law to make this year's teacher pension payment. This has put a strain on their budget because for the past 10 years CPS has taken a "pension holiday" where they did not make the payments they were required to make.

They also blame Governor Rauner for not passing a state budget that would give schools some of the money that they need. However, the Teacher's Union says the district refuses to consider "viable revenue options" to fund our schools and is fighting for social justice.

The Bowen Arrow Editorial Policy THE BOWEN ARROW is the official studentproduced medium of news and information published by Bowen High School students. THE BOWEN ARROW has been established as a designated public forum for student editors to inform and educate their readers as well as for the discussion of issues of concern to their audience. It will not be reviewed or restrained by school officials prior to publication or distribution. Advisers may—and should—coach and discuss content during the writing process.

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Because the school does not engage in prior review, and the content of THE BOWEN ARROW is determined by and reflects only the views of the student staff and not school officials or the school itself, its student editorial board and responsible student staff members assume complete legal and financial liability for the content of the publication.

Student journalists may use print and electronic media to report news and information, to communicate with other students and individuals, to ask questions of and consult with experts and to gather material to meet their newsgathering and research needs.

THE BOWEN ARROW and its staff are protected by and bound to the principles of the First Amendment and other protections and limitations afforded by the Constitution and the various laws and court decisions implementing those principles.

THE BOWEN ARROW will not publish any material determined by student editors or the student editorial board to be unprotected, that is, material that is libelous, obscene, materially disruptive of the school process, an unwarranted invasion of privacy, a violation of copyright or a promotion of products or services unlawful (illegal) as to minors as defined by state or federal law.

Definitions and examples for the above instances of unprotected speech can be found in Law of the Student Press published by the Student Press Law Center.

The editorial board, which consists of the staff's student editors, will determine the content, including all unsigned editorials. The views stated in editorials represent that of a majority of the editorial board. Signed columns or reviews represent only the opinion of the author.

THE BOWEN ARROW may accept letters to the editor, guest columns and news releases from students, faculty, administrators, community residents and the general public. We ask that letters to the editor, guest columns or other submissions be 300 words or less and contain the author's name, address and signature. All submissions will be verified.

THE BOWEN ARROW editorial board reserves the right to withhold a letter or column or other submission and/or return it for revision if it contains unprotected speech or grammatical errors that could hamper its meaning. Deadlines for letters and columns will be determined by each year's student staff, allowing sufficient time for verification of authorship prior to publication.

Staff members will strive to correct errors prior to publication; however, if the editorial board determines a significant error is printed, the editorial board will determine the manner and timeliness of a correction.

The staff of THE BOWEN ARROW will strive to report all issues in a legal, objective, accurate and ethical manner, according to the Canons of Professional Journalism developed by the Society for Professional Journalists. The Canons of Professional Journalism include a code of ethics concerning accuracy, responsibility, integrity, conflict of interest, impartiality, fair play, freedom of the press, independence, sensationalism, personal privacy, obstruction of justice, creditability and advertising.



Dear Boilermakers,

A well deserved spring break is almost here! As you know, our CPS' School Quality Rating has moved from a Level 2 to a Level 2+. I am so proud of all of our hard work as we continue to work together and strive towards excellence.

Banking on an Investment

By Hollis McNulty

The Bowen Arrow staff took a field trip this past fall and walked down the very well- known street Commercial Ave to sell ads in the school newspaper. The staff split up into two groups to walk from store to store and tried to get companies to put their advertisements in the Bowen Arrow. Journalism teacher Ms. Flowers, Maurice Paino, Brittany Wright, Dr. Ginsberg (our UIC partner), Brandon Boyd, and me- Hollis McNulty visited the companies from 89th ST to 91st ST.

"The businesses were very helpful and supportive of our school," said senior staff member Brandon Boyd. "My group visited one restaurant where we met the mother of a former Bowen student, but the manager wasn't in so we couldn't get their investment at that time."

The most memorable moment was when the staff visited MB Bank where we talked to the head manager who was very interested in what we were doing and what Bowen has become. She talked to us for quite a while and gave us a tour of the bank vault. It was a very wonderful experience.

Brandon Boyd, Dr. Ginsberg, and Hollis McNulty tour the MB Bank vault. .

"I thought that this was a great real world learning experience for my students, said Ms. Flowers. "I was very proud of how professional they were in delivering their sales pitch."

We visited nearly 15 businesses in all and also met various people along the way including former Bowen graduates and parents of students who are here now. At first, some may have been skeptical about the amazing things we were saying about Bowen, but after having a conversation with Brandon and me, everyone was convinced. Only a few made the deadline to secure their spot in Bowen Arrow's first issue, but most people were welcoming and wanted to support us and the school. The businesses that we went to were very helpful. They invested their time and money into the journalism program at Bowen, and they showed how much they care about the community.

"We wanted to reach out to the community to make sure that people know the great things our school has accomplished and also to give businesses an opportunity to support their neighborhood high school," said Ms. Flowers.

It's not too late for any community partner or business to advertise in the last two issues of the Bowen Arrow in print and online at www.BHS.org. For more information contact Ms. Flowers at MFlowers1@cps.edu.

A Message from Principal Abdullah

The adviser will not act as a censor or determine the content of the paper. The adviser will offer advice and instruction, following the Code of Ethics for Advisers established by the Journalism Education Association as well as the Canons of Professional Journalism. School officials shall not fire or otherwise discipline advisers for content in student media that is determined and published by the student staff.

THE BOWEN ARROW will not avoid publishing a story solely on the basis of possible dissent or controversy.

THE BOWEN ARROW editorial board reserves the right to accept or reject any ad in accordance with its advertising policy. The duly appointed editor or co-editors shall interpret and enforce this editorial policy.

Bowen Arrow Staff



Ms. Flowers- Advisor Hollis McNulty Maurice Paino Brandon Boyd Dantrell Cooper

If you are interested in becoming a published writer and writing for the Bowen Arrow, please see Ms. Flowers or send an e-mail to mflowers1@cps.edu.

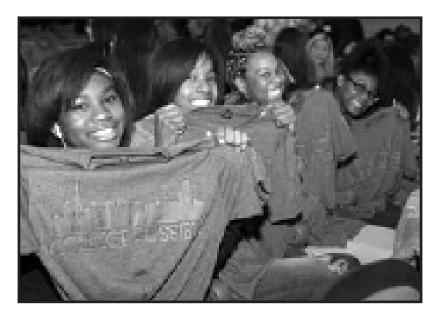
*Special thanks to Mrs. Abdullah for supporting the publication of the Bowen Arrow, and thanks to LSC community rep. Mr. Vance for several professional photographs.







Make College Possible



Bowen students attend the 2016 College Possible Summit

By Hollis McNulty

working with a great group of juniors. junior level and lasting throughout We've already seen an increase in students' ACT scores," said Allison Gerber, Bowen's College Possible Coach.

New to Bowen is College Possible, a nonprofit organization whose mission is to make college admission and success possible for students through a curriculum of

"I've had an awesome time coaching and support. Starting at the college, the program targets low income youth and helps participants with ACT prep, college scholarships, applications, financial aid, and other aspects of college.

> "I got accepted to College Possible because of my GPA and because one of my teachers recommended me. It's been really helpful because they've

helped me with the ACT and gave me tips on each subject of the test." said junior Kevin Frye.

College Possible has been around for 15 years, but this is our school's first year hosting the program. Its model uses recent college graduates as "near -peer" mentors for students lacking resources to successfully enroll in and graduate from college. The program targets low income high school students in the academic middle who would be good candidates for admission to a four year college or university but would not succeed without significant support.

"College Possible for me is a helpful program that helped me do better on the ACT," said Rasheeda Shabazz a student in the program. "Being in College Possible helped me improve my reading and math scores by going over problems that I would most likely have trouble with. To get into this program, I had to sign a commitment and provide a teacher recommendation," remarked Rasheeda.

Students have to be sophomores and interested in a four

year college to apply for College Possible, must qualify for free or reduced lunch, and they also need a 2.0 GPA or higher to get in the program, but sometimes they make exceptions. There are currently 25 juniors in the program. Next, they will help those juniors as they prepare for their senior year with summer internships and jobs, as they open the application process for the upcoming juniors for next year.

The program has even gotten great response from President Barack Obama. "College Possible helps promising young people from lowincome families attend college. The vast majority stay in college and earn their degrees."

College Possible is an after school program that meets for two hours twice a week. "Some students find it difficult to stay after school, so I have opened up to meeting with students during their lunch periods," said Coach Alison Gerber.

Any sophomore students who are interested in making "college possible" and meet the requirements are encouraged to see Coach Alison in room 401, or contact her at A/

Bowen celebrates black history



Brianna Lane and Lashawn Iverson perform a mesmorizing "praise dance" as part of a group perfomance with Twanna Anderson.

Black Pride

By Hollis McNulty

performed two amazing selections. They not only played the guitar but also sang along to My Girl, and Sweet



Photos by Micheal Hogue

The Young James Brown performs with the Brass From the Past Band at Bowen's Annual Black History Assembly

The show was not over Delight by Sugarhill Gang, one there. We had a very special guest of the first hip hop songs created performance from Tony Wilson, better by the pioneers of rap. These two known as the Young James Brown, accompanied by the Brass From the Past Band. The group performed a plethora of famous James Brown songs. One song we all knew was I Feel Good. As the Young James Brown danced and flipped around, the crowd went into a frenzy. Everyone was amazed!

performances were special to Coach Wilson and his brother as they were in honor of their late father Professor Lorenzo Wilson.

"Education is our passport to the future, for tomorrow belongs to the people who prepare for it today. Malcolm X.

For black history month, the Boilermakers held their annual assembly giving tribute to the black culture. They started off with junior Lashawn Iverson singing the Star Spangled Banner. The JROTC Color Guards walked down the aisle holding our flags high with pride. They marched to the stage presenting the flags. Everyone then sang along with the singing of Lift Every Voice.

The program began by giving recognition to honor roll students as well as the student athletes of the first semester. After honoring the students the guitar class, led by Mr. SeChrist,

Home Chicago.

Following that we had a thunderous performance by the ROTC drum line. The drum line the crowd went crazy a roar after. Then came the show choir.

Directed by music teacher Ms. Young, the show choir came with an awesome group performance along with another very powerful praise dance from Twanna Anderson, Lashawn Iverson, and Brianna Lane. A praise dance is a gospel dance that gives praise to God. The ladies wowed the audience with a very moving performance.

"The praise dance was really great. I was quite impressed, said Guquita Bates, junior.

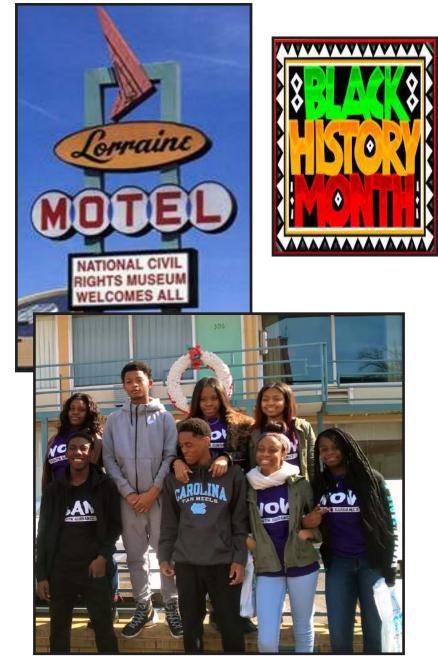
Coach and Athletic director Ron Wilson, who happens to be Tony Wilson's brother said, "My brother has been doing this for almost 20 years." He also said that his brother used to "follow behind James Brown and his band," and that's how they became friends.

The staff and students were surprised when Coach Wilson came up on stage and started rapping the Rapper

As the show came to an end, the teachers and faculty came to the stage and started the soul train line. All together it was truly a wonderful showcase.

"I enjoyed the entire show," said Ms. Flowers, Bowen teacher. "Our students are so amazingly talented. My favorite part had to be Coach Wilson rapping on stage. I was shocked!"

Special thanks goes out to Mr. SeChrist who organized this event and to the talented students and staff who presented this special Black History tribute.



Bowen students stand in front of the Lorraine Hotel in Memphis where they traveled to visit the Civil Rights Museum and other historic landmarks.

right- Bernard Brown, BAM Counselor, huddles in the crawl space at the Slave Haven House.

below- WOW girls Hadi Ndiaye, Destiny Anthony, Bianca Hall, Kaleah Sheperd and Areanna Allen pose in front one of the many exhibits at the Civil Rights Museum.



BAM WOW Celebrates E

By Dantrell Cooper

This is a story of a people, of hopes and dreams, of challenge and change. It is an American story. This story and struggle that started many centuries ago, continues today with you."

The BAM and WOW students celebrated Black History Month by going on a once in a lifetime road trip to historical Memphis, Tennessee where some of greatest moments of black history began.

This was one of the best trips that I've ever attended," said Mrs. Brown, WOW Program Director. "I feel our students benefitted greatly from this experience, and I hope we have the opportunity to share this experience with more students in the future."

On February 4, the group of forty students and several chaperones left on a coach bus for a nine hour long ride to Memphis to see various sites. The group stayed in hotels suites in the heart of the city and got to visit famous black museums and historical sites.

One of the first sites that they visited was Civil Rights Museums. At the museum, the students got to sit on the same bus that Rosa Parks sat in. "Right when you stepped on the bus you hear the bus driver's voice say 'All Niggers to the back of the bus.' I was shocked, but I think we got a feeling of what African Americans went through back then," said Kaleah Sheppard, sophomore.

That experience right there shocked the Bam and Wow students. But when they got to the famous Lorainne Motel, students froze to see the actual room where Dr. Martin Luther King Jr. died. Many said that they felt a strong presence or spiritual being. "

When we walked into the motel where Martin Luther King was assassinated, I felt so emotional because Martin Luther King worked so hard and even died for us to have the same right as everyone else," said Kaleah. "When we made it to his room the security guards told us to take a moment of silence to honor his great work and I could do nothing but respect that."

At the Legacy Museums the students saw other great historical pieces such as the original counter where the sit-ins occurred and other civil rights displays. Mr. Brackenridge, BAM mentor and chaperone told students the story of how his own father was included in the Garbage Strike in 1968, which was another exhibit at the museum."





The students of BAM and WOW visit LeyMoyne College during their when the American Missionary Association, an integrated organization free blacks and escaped slaves.

Black History in Memphis

The last historical landmark was the Slave Heaven museum. It was originally a safe house for slaves who were traveling from the South to the North. The original owners of the house left in their will that they wanted the house to be use for a museum.

It was also an under-ground railroad route. During slavery, 50-75 people fit in a secret room, or crawl space, while 15- 20 students and staff fit in that same spot. The students got a chance to see how slaves felt during that time period.

Mrs. Blake Moore, WOW supervisor stated, "This is a sacred ground of our ancestors where you could literally feel the pain and fear in the house."

Blacks back then could not really read nor write, so they made quilts, sang songs, and played drums to pass the time. The light on the magnolia tree outside of the home was an important symbol for those escaping slavery. If the light was lit, that meant all blacks were welcome to the house. Whenever the light was not lit on the tree, it meant danger, don't come in.

After the two day tour, the group headed back to Chicago taking with them a truly memorable experience. Mr. Brackenridge stated that the trip was, "a great experience," and that he was glad to take the students out of the neighborhood, some place new, to learn more about their black history firsthand and to "make history come alive."

Bianca Hall, a sophomore who attended the trip, stated, "Visiting the Lorraine Hotel was my favorite part of the trip. I'll never forget it."

"The Memphis trip was very educational and fun. I really enjoyed the museums because I got a chance to learn a little more than I already knew," said Kaleah Shepard.

"I hope that this generation recognizes the hard work of Dr. King and those who came before us and begins to appreciate how they fought for us and the rights we have today."

This trip was just one of the many exciting places that the BAM and WOW groups have visited. Last year a select group of WOW girls, led by Mrs. Brown, had the priveledge of touring the White House and meeting First Lady Michelle Obama. Who knows where their next road might take them!

"All in all," Mrs. Blake-Moore stated, "we are all a part of history. We make history every day." Strong words from a strong black woman.



Mr. Garland, Saul Little, and Mark Woodson, members of the BAM group, ride the bus that sparked a movement.



Protesters march for equal rights in an exhibit at the Civil Rights Museum.





r three day Memphis trip. LeMoyne traces its history back to 1862 n led by black and white ministers, opened an elementary school for

The real counter is used in a scene depicting the student sit-ins

CORI'S COLUMN

Senior Year Myths

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It has been 4 years. 4 years of hard work, long hours of endless homework and many tardy slips have been dedicated to the making of this one moment; senior year.

We all dream of being what some consider the big bad wolf of high school and enjoying all its freedoms but what comes with the territory? Picking a college finishing applications, filing FAFSA, making financial decisions and the beginning of adulthood all commences once you receive a piece of paper with your name on it in June

As a senior here at Bowen, it's no secret it entails a bunch of responsibility, consistency and many, many cups of coffee to be done with high school forever, but it's vital to know that in some aspects things seem a lot easier. Myths of stress, flunking, and the college application process linger in the minds of every senior along with whom they're taking to prom. In today's corner, we will explore the tall tales of your last year of high school and what you can do to not freak out. I am Cori and let's get started.

Stress sucks. During times like these, pulling your hair out can become a daily sport, but it can also be all in your head. Studies show that stress stems from thinking of being incapable of doing something or not completing it to your fullest potential. So in other words, calm the heck down. You are not a failure. You may need to loosen your workload and take a breather. We tend to overreact when it comes to

something of such high caliber and importance. Sometimes taking a break is good for your brain, so you do not go crazy from all the studying. Remaining sane is always important.

Figuring out where you're going after high school is stressful too. Most people choose college, and the application process can be a huge amount of research, writing and will power. It may seem intimidating at first, but once you find the school of your dreams and start filling out applications, you begin to feel like a pro. I have been accepted to six different schools, two offering scholarships including Bradley University which is where I'll be attending next fall. Yes, this process of choosing your future within a matter of weeks is frustrating and tiring, but it'll all be worth it when you walk across that stage.

A common myth of senior year is that it is all about work and no fun. You find yourself basically sacrificing your social life in order to pass a math final. Drop the pencil and pick up the phone. Call your friends to go out or find something to relax your mind of the things that have been stressing you out. CHIIIILLL. You can't get anything done if your brain is fried. Your senior year will be one of the best times in your life if you let it, so just enjoy it and eat plenty of ice cream because ice cream is life.

Signing off, it's been real. Cori Wash

By Brandon Boyd

"No child left behind" is a phrase that grownups try to promote today. In today's lifestyle, growing up is the hardest challenge, but it varies on the city or neighborhood you live in.

Children today are lacking a traditional lifestyle with both parents at home. Almost everybody nowadays is growing up without a father or a mother. Nobody has any guidance. This deters kids from building healthy relationships. A child is supposed to have two loving parents who support you and protect you.

Most of what children watch on T.V., movies, and video games involves violent and sexual imagery. In earlier generations, it was not uncommon for young children to be protected from many of the world's problems.

Children today lack a role model to teach them right from wrong. They give up on life because they believe nobody cares about them. All too many turn to gangs for acceptance and a sense of belonging. This is why I ask, is modern culture ruining our childhood?

Iinterviewed two of my family members about their thoughts. My older brother Ray said, "I personally feel that kids' social lives, especially concerning social media, and popular culture icons, are far exceeding the levels that they should be in how they live life nowadays. I remember a time when I would get home from school, eat a snack while I did my homework, and then then, rain or shine, sleet, or snow, would don the appropriate clothing, and play outside."

Is Modern Culture

Ruining Childhood?

My grandmother described growing up in a different era. She said, "It was tradition in my house and still is to go outside as soon as homework is completed. When I was your age my father always pushed my siblings and I to go outside or find alternate ways of entertainment that did not include electronics. You had to communicate all the time to build a relationship with someone."

Modern childhood is being ruined because kids these days don't want to read books or anything else. They want school to be entertaining. Children these days are stuck to their phones so much that they are not even noticing life. And they will not have the skills they will need as adults

Whether it is a cell phone, videos, or music, our generation must overcome the distractions and focus on what is important in life. We need to be able to be more receptive to constructive criticism, manage our money and time, and develop a value for our education. We must be willing to experience failure. It is up to us to decide whether those failures will become defeats or whether they will lead to success.

speetry Corner

This month's poems are in honor of Black History Month.

Our Skin

By Mikayla



By Hollis McNulty

I was telling this guy how I wanted be wealthy as Bill Gates He replied and asked with a disappointed tone like "That's your highest aspiration? To be like a rich white guy?" He asked if that's my highest aspiration.

Nah I gotta greater occupation I'm trying to be something like Malcolm

My skin is kind of brownish Pinkish yellowish white My eyes are greyish blueish green But I'm told they look black and beady in the night Our ancestors fought for our rights Let's not disappoint them It is our journey to lead our generation to greatness Freedom is one of the many gifts we must cherish Let us remember the role models who kept us nourished Black History is OUR HISTORY So let's not freeze up now It is up to us to keep it going Now let us all bow

or Huey

A Young Panther in the making, looking for higher education to spark the elevation

in these urban communities yeah this is history in the making,

they takin' black brothers lives and living like it's a vacation

if you black or discriminated you definitely should feel this hatred,

lost, no communication, our people are spreadin' a generation full of hatred needing some guidance to find their greatness,

the real me is locked in trynna break out this wolf's skin

to show the world we can win, we don't never have to give in,

you all are kings and queens alike stop demeaning yourselves like this is your life you live it but remember you must always stay on your pivot,

face life and make the right decision.

It's Only My Opinion

By Raven Hall and staff

What is the best thing about Bowen?



"The best thing about Bowen is the people. I say that because when I first got here everyone made me feel comfortable and welcomed." -Kevin Woods

"The best thing about Bowen is the sport teams and after school programs because they keep most people out of trouble." -Christopher Morrow, junior

"The best thing is the level of strictness. The school is not too strict and not out of control. We are all cool with each other."

-Jamari Allen, sophomore



MARCH HOROSCOPES

By Staff Writers

Aries: People might be troublesome and some plans could fall through. Keep a sharp eye on finances and avoid arguments if you can. Dreams run rampant at the full moon and a new love might find you.

Taurus: Friends and lovers near at hand are here for you. The Full Moon could make you wildly popular and surround you with casual friends.

Gemini: The work scene looks good, but the social scene looks turbulent. Stay calm and out of any crossfire. Set priorities, maintain that air of "I think the best thing about Bowen is the sports. I've played football, wrestling, baseball, and volleyball. I believe this is a school with great sports!"

-Naishawnn Knight, sophomore

"How everyone helps each other,. When people see others struggling, they offer help."

-Jeremiah Hoskins, sophomore

"The teachers and staff because they're all friendly and welcoming." -Blessings Perez, sophomore

"The best thing about Bowen is they're like family. They really treat you as though you are one of their own. We feel like we matter." -Gabrielle Theodor, freshman

"The teachers are the best thing at Bowen. Yes, some can be pushy, annoying, and will get on your case. But that is only because they want to see us succeed and some of us need that push." -Victor Perez, senior

adapted by horoscopedaily.com

Libra: A crazy lover wannabe isn't

really stalking you, but it might

feel that way as the month begins.

This full moon lets you see who

your true friends are and how they

really love just being with you.

Scorpio: Don't pick any fights. If

things get tense, smile and remember

that you're the lucky one. The Full

Moon shines on your fondest wishes.

Sagittarius: It's an especially fiery

and powerful Full Moon for you,

when each and every friend sees

you as their special valentine. Enjoy

What needs to be improved at Bowen?

"Bowen does need a few improvements like it may need to change the bell song at least every month." - Kevin Frye, junior

"Bowen needs to improve behavior issues. Students like going to in-school. I think if you start giving out of school suspensions more often, kids wouldn't do as much." -Marquise Paino, sophomore

"The lunch- because I don't like it and I am hungry." -Isaiah Coley, sophomore

"We need to have more field trips" -Dejuan Curry, freshman

"Longer time periods to switch class periods, too many tests in one week- change that- and their lunch food."

-DeAviyon Mixon, freshman

"I like Bowen the way it is." -Kiara Pitts, sophomore

"The cool people and most of the teachers and staff like Ms. Brianna" -Guchquita Bates, junior "The lunch needs to be improved because a lot of people don't eat lunch and they starve all day have nothing to eat due to the poor lunches they serve."

- Aaliyah Villanueva, junior

"Well they could crack down on the phone policy to keep students engaged. Also there is tardiness that no one takes seriously." -Victor Fuentes, senior-

"What needs improvement at Bowen is a longer break to go to our next class because we need to go to our lockers to get what we need." -Tavaris Moore, freshmen



GOODBYE WINTER WORD SEARCH

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cool competence and get more done. the popularity and spread the joy.

Cancer: It could briefly be crazy times at work, but nothing you haven't seen before. That bright Full Moon highlights good times with your favorite friends at your favorite places.

Leo: It might be tempting to overreact and chase after too many good times, but resist that. This Full Moon is for you and whatever partner you have at the moment.

Virgo: Don't be disappointed. Change plans a little and maybe go where people appreciate you more. The Full Moon shines brightly on you. Capricorn: You could attract any number of the wrong sorts of people. The Full Moon impacts your sense of responsibility to others.

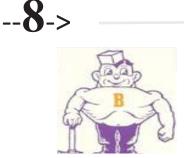
Aquarius: As the month opens, your sense of fun could encourage extravagance or some needless risk with money. It's a special Full Moon for you, when love is so thick in the air you can almost taste it.

Pisces: Be careful whose advice you take, if any. Wild ideas and questionable suggestions abound. The full moon could distract you from taking adequate care of yourself.

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ACTIVIST	DESIRE	NAACP			
BIAS	DISCRIMINATION	NEW YEARS			
BLACK HISTORY	DESIRE	RACISM			
CIVIL RIGHTS	EMANCIPATION	RESOLUTION			
COUNTDOWN	KISS	VALENTINE			
COUPLES	LOVE				

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Boilermaker Sports

Tough Season for Girls Basketball

By Alonzo Gordon and staff

"Our basketball season was kind of rough this year. It was rough



Bria Randle, DeAvion Mixon, Precious Johnson, Angel Barnes, and Kayla Hearon show their strength. because of the teams we played," stated Angel Barnes, senior. "We had some tough competition."

The girls' basketball season had a rough start this year that began after a first loss to AG Science. The team had several close games, but weren't able to pull off the wins Latricia Young talks about a four point loss to Epic.

"We felt confident we were going to win until we messed up at the end and got two fouls. We were just really frustrated.

"We played a good game against CVS," said junior teammate Aaliyah Villanueva. They had the lead in the second half, but from there everything went bad. It seemed like the team got tired and couldn't hold up its defense. CVS took the lead. and won by 3. It was another disappointing loss for the Boilermakers

After that loss, the team started kicking it into overdrive and practicing every day to get better for the playoffs. The team practiced working on their jump shots, lay ups, passing, and dribbling skills

Instead of giving up, they pushed all the faults aside and practiced until they could not practice anymore.

Aaliyah Villanueva said, "Even though we only won three games- two during our season and one in the state game, I am proud of our team. We won those games with dedication and hard work. We wanted to win, and when we did it felt good because we accomplished our goal."

All in all the girls' basketball team had a challenging season this year, but they still put everything on the line each and every game until the end. The team never gave up and kept the Boilermaker spirit alive.



Aaliyah, Latricia, and Kyla rest after a long practice.

Boys Basketball Regional Champs 2016!

By Brandon Boyd

The Boys Varsity Basketball season was the most anticipated sport this year. The team was so anxious and excited to start playing. There weren't many adjustments to the roster except senior Dantrell Cooper.

Last year the team had a terrible season ending in a devastating loss to John Hope by one point at the regional finals. So the team played over 100 AAU games to better prepare themselves for this year.

This year's first preseason

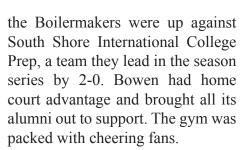
game was against Chicago Vocational High School. Before the game, everyone was so hyped and pumped to be back on the court, but when the game started, everything went downhill. Chicago Vocational was playing much tougher and was more determined than Bowen. After this disappointing loss, the team worked on bettering their approach to the game and gaining the determination to win.

The next preseason game was up against Hope Academy. Once again Bowen failed to execute. Another twenty point or more loss to a team better, both physically and mentally.

"It's the little things that were keeping us from being a great team," said Coach Love.

The next game was a conference game against Ace Tech, Bowen started the game off more determined and tougher than Ace Tech. After their first win, no matter the score, the team could be nothing but humble.

During the the Green South conference championship game,



The Boilermakers started the game off with some crucial defense that caused a lot of point off turnovers that gave the Boilermakers a 29-9 lead at the end of the first quarter. Throughout the rest of the game the Boilermakers continued to force turnovers and be relentless on defense building the lead. The Boilermakers won the game by a score of 72-42, now with the record at 16-3.

"We left everything out there. We played hard and gave it our all," said senior Hollis McNulty. With an undefeated 9-0 conference record, the team won their conference for 2016. The final regional championship game was played against Hales at Bowen. It was a very intense game. By half time the game was tied 20 to 20. Both teams were putting everything on the line to win. Sadly, the Boilermakers ended up losing 74 to 56. The team was crushed, hurt, and sad that they had lost. Although, Bowen lost the Regional championship they ended the season with an impressive record of 25 wins and 4 loses. Congratulations Boys Basketball on a great season. You have been an inspiration for next year's team.



2016

2015-2016 Boys Varsity Basketball Team

Coach Love, Coach Coach Marquis Hearon, senior #4, Alonzo Gordon, senior #15, Joshua Streater, junior #5, Marshawn Nichols, junior #3, Dantrell Cooper, senior #11, Hollis McNulty, senior #10, Jeremiah Hoskins, sophomore #40, Coach, Coach Robert Hawkins, senior #2, Brandon Boyd, senior #1, Christopher Burrel, sophomore #32