



OCTOBER 2013 ONSITE MENU

Choice of 1 Entrée and 2 Sides

SCHOOL LUNCH WAS NEVER LIKE THIS!

Our Foods NEVER contain:

- MSG
- High Fructose Corn Syrup
- Artificial Trans-fats
- Artificial Flavors and Colors
- Artificial Nitrates

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>30</p> <p>A Fresh Salad Bar is available daily as an entrée or side.</p> <p>ENTREES</p> <p>BYO - Yogurt Mac & Cheese Mac & Cheese (+pulled BBQ Chicken) Sandwich - Pulled BBQ Chicken</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Roasted Broccoli Soup - Chicken Noodle Soup - Roasted Tomato WT Creation - Oatmeal Raisin Cookie</p>	<p>1</p> <p>ENTREES</p> <p>"Fried" Rice Bowl "Fried" Rice Bowl (+Chicken) BYO - Yogurt Wrap - Caesar Wrap - Caesar (+Chicken)</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Roasted Garlic Cauliflower Soup - Chicken Noodle Soup - Corn and Potato Chowder WT Creation - Oatmeal Raisin Cookie</p>	<p>2</p> <p>ENTREES</p> <p>BYO - Yogurt Quesadilla Quesadilla (+Chicken) Taco Bar!</p> <p>SIDES</p> <p>Brown Rice & Black Beans Fresh Seasonal Fruit Soup - Corn and Potato Chowder Soup - Roasted Tomato WT Creation - Monkey Munch</p>	<p>3</p> <p>ENTREES</p> <p>BYO - Yogurt Mac & Cheese Mac & Cheese (+pulled BBQ Chicken) Sandwich - Pulled BBQ Chicken</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Roasted Broccoli Soup - Chicken Noodle Soup - Roasted Tomato WT Creation - Oatmeal Raisin Cookie</p>	<p>4</p> <p>ENTREES</p> <p>BYO - Yogurt New York Style Pizza Pizza (GLUTEN FREE) Sub - Turkey (+Provolone)</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Ice Cream Soup - Chef's Choice WT Creation - Chef's Choice</p>
<p>7</p> <p>ENTREES</p> <p>BYO - Nachos Egg Burrito Waffles with Syrup Waffles with Syrup (GLUTEN FREE)</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Nitrate-Free Bacon Nitrate-Free Sausage Soup - Chef's Choice WT Creation - Carrot Raisin Muffins</p>	<p>8</p> <p>ENTREES</p> <p>BYO - Nachos Chicken Mash Bowl Deli and Sub Bar</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Honey Glazed Carrots Soup - Chili Soup - Pumpkin WT Creation - Apple Cobbler</p>	<p>9</p> <p>ENTREES</p> <p>Burger Burger (+Cheese) BYO - Nachos Spaghetti Tacos</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Side Salad - Confetti Pasta Soup - Chicken Tortilla Soup - Chili</p>	<p>10</p> <p>ENTREES</p> <p>BYO - Nachos Mac & Cheese Mac & Cheese (+pulled BBQ Chicken) Sandwich - Pulled BBQ Chicken Wrap - Fiesta Veggie</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Mac & Cheese Roasted Sweet Corn Soup - Chicken Tortilla Soup - Pumpkin WT Creation - Apple Cobbler</p>	<p>11</p> <p>ENTREES</p> <p>BYO - Nachos New York Style Pizza Pizza (GLUTEN FREE)</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Ice Cream Soup - Chef's Choice WT Creation - Chef's Choice</p>
<p>14</p> <p>ENTREES</p> <p>BYO - Yogurt Chicken Tenders Chicken Tenders (GLUTEN FREE) Pancakes - Chocolate Chip</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Scrambled Eggs Soup - Chef's Choice Yogurt Parfait WT Creation - Sunbutter Brownie</p>	<p>15</p> <p>ENTREES</p> <p>"Fried" Rice Bowl "Fried" Rice Bowl (+Chicken) BYO - Yogurt Wrap - Fiesta Veggie</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Roasted Seasonal Vegetables Soup - Black Bean Soup - Chicken Noodle WT Creation - Chocolate Chip Cookie</p>	<p>16</p> <p>ENTREES</p> <p>Burrito Burrito (+Chicken) BYO - Yogurt Sandwich - Chicken Tender</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Garlic Green Beans Soup - Chicken Noodle Soup - Corn and Potato Chowder WT Creation - Sunbutter Brownie</p>	<p>17</p> <p>ENTREES</p> <p>BYO - Yogurt Deli and Sub Bar Roasted Chicken & Potatoes</p> <p>SIDES</p> <p>Cheesy Pasta Spirals Fresh Seasonal Fruit Soup - Black Bean Soup - Corn and Potato Chowder WT Creation - Chocolate Chip Cookie</p>	<p>18</p> <p>ENTREES</p> <p>BYO - Yogurt New York Style Pizza Pizza (GLUTEN FREE) Wrap - Caesar Wrap - Caesar (+Chicken)</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Ice Cream Soup - Chef's Choice WT Creation - Chef's Choice</p>
<p>21</p> <p>ENTREES</p> <p>BYO - Pizza Scrambled Eggs Waffles with Syrup Waffles with Syrup (GLUTEN FREE)</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Nitrate-Free Bacon Nitrate-Free Sausage Smoothies Soup - Chef's Choice WT Creation - Apples & Caramel</p>	<p>22</p> <p>ENTREES</p> <p>BYO - Pizza Lasagna Sub - Toasted Ham & Cheddar</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Garlic Bread Soup - Broccoli Cheddar Soup - Chicken Tortilla WT Creation - Caramel Pudding</p>	<p>23</p> <p>ENTREES</p> <p>BYO - Pizza Spaghetti (+Meatballs) Spaghetti Marinara Wrap - Chicken Tender</p> <p>SIDES</p> <p>"Fries" - Steak Fries Fresh Seasonal Fruit Soup - Broccoli Cheddar Soup - Roasted Tomato WT Creation - Apples & Caramel</p>	<p>24</p> <p>ENTREES</p> <p>BYO - Pizza Enchiladas Enchiladas (+Turkey) Sandwich - Buffalo Chicken</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Mexican Rice Roasted Sweet Corn Soup - Chicken Tortilla Soup - Roasted Tomato WT Creation - Caramel Pudding</p>	<p>25</p> <p>ENTREES</p> <p>BYO - Pizza New York Style Pizza Pizza (GLUTEN FREE) Wrap - Caesar Wrap - Caesar (+Chicken)</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Ice Cream Soup - Chef's Choice WT Creation - Chef's Choice</p>
<p>28</p> <p>ENTREES</p> <p>BYO - Nachos Chicken Tenders Chicken Tenders (GLUTEN FREE) Egg Burrito Egg Burrito (+Sausage)</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Roasted Potatoes Smoothies Soup - Chef's Choice WT Creation - ISO Carrot Cupcake</p>	<p>29</p> <p>ENTREES</p> <p>BYO - Nachos Chili Mac Wrap - Turkey Club</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Garlic Green Beans Soup - Chili Soup - Corn and Potato Chowder WT Creation - Chocolate Chip Cookie</p>	<p>30</p> <p>ENTREES</p> <p>BYO - Nachos Quesadilla Quesadilla (+Chicken) Wrap - Fiesta Veggie</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Roasted Broccoli Soup - Corn and Potato Chowder Soup - Minestrone WT Creation - ISO Carrot Cupcake</p>	<p>31</p> <p>ENTREES</p> <p>BYO - Nachos Monster Mash Sandwich - Pulled BBQ Chicken</p> <p>SIDES</p> <p>Fresh Seasonal Fruit Ghoulish Black Beans and Roasted Sweet Potato Soup - Chili Soup - Minestrone WT Creation - Chocolate Chip Cookie</p>	<p>1</p>

BUILD YOUR OWN (BYO) Lunch

A self-contained lunch (no additional sides needed!) consisting of a variety of ingredients and designed for self-assembly.

Rotating BYOs include: Yogurt Parfait, Nachos, Turkey & Cheese Stackers, Ham & Cheese Stackers, Pita & Hummus, "PB" & J, and Pizza Stackers.

NOTE: "PB" & J Sandwich available daily.

Order now at WTCAFE.com