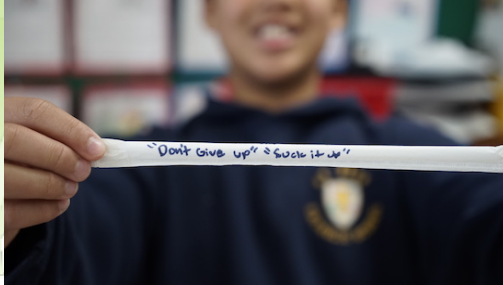


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St. Bede Catholic School

Family Newsletter



Principals' Message

Last Thursday, our students were visited by a very inspirational speaker. Mr. D spoke to us about setting goals and overcoming roadblocks. He entered the gym in a wheelchair, wearing a helmet. He shared his experience of being injured during a training excursion and of his recovery process. In sharing with the students, he spoke about setting long-term goals and the short-term goals needed to reach the long-term goals. Mr. D also shared about external and internal roadblocks that have to be overcome in order to reach the long-term goals. Then each student received a straw. They were instructed to write a long-term goal on the wrapper of the straw and to keep it somewhere it could be seen. Every time they think it's too hard to reach their goal, Mr. D told them to look at the straw and to tell themselves to "suck it up." The students listened intently to his story, and they asked very thoughtful questions when given the opportunity. At the end of the presentation, Mr. D stood up and walked out of the gym with only the aid of a cane. The students responded with genuine applause and cheered him on. Special thanks go to our school parent, *Marinita Santos*, for arranging this inspirational experience.

During Catholic Schools Week our faith families made fleece blankets for *Rooms of Hope*, a local organization whose mission is to support families who have children with serious illnesses. Recently we received a note of thanks for our donation of 27 fleece blankets and an article about the rooms makeovers that were prepared for Scarlett and her sister, Alisa. This young child experienced her third open heart surgery on March 9th and continues to fight for her life with much courage and strength. You can read more about Scarlett's dream room makeover and see the blankets our students made for her in the attached article.

We are proud of our 7th grade scientist, *Jason Tesfa*, who participated in the Alameda County Fair and placed third for his project entitled, "Stronger! Better! Faster! Wi-Fi!"



Calendar Updates

- | | |
|-------------|---|
| Thurs, 3/30 | 6:30 PM Presentation on Human Trafficking |
| Fri, 3/31 | 2:00 PM Stations |
| Wed, 4/5 | 6:30 PM Mandatory State of the School Report Mtg |
| Fri, 4/7 | 2:00 PM Stations |
| Thurs, 4/13 | Holy Thursday
12:00 PM Dismissal
No PM Extended Care |
| Fri, 4/14 | Good Friday-No School
Easter Vacation until 4/24 |
| Mon, 4/24 | School Resumes |

Hornet's Nest Activities

- | | |
|-------------|--------------|
| Wed, 3/29 | Banana Split |
| Thurs, 3/30 | Free Play |
| Fri, 3/31 | Table Tennis |
| Mon, 4/3 | Knock Out |
| Tues, 4/4 | Board Games |
| Wed, 4/5 | Tacos |



Learning about Human Trafficking

Are you aware that Alameda County is a hot spot for predators of human trafficking? This serious problem is happening where we live, and it's crucial that we learn about this important matter so that we can protect our families, school and local community. St. Bede Parish is hosting a workshop given by Shared Hope International. You will learn about how these criminal networks operate and how Catholic Charities of the East Bay is working to help the victims of human trafficking, What a better time than during Lent to reach out to help God's most vulnerable. **Please join us on Thurs, Mar. 30th at 6:30 PM in the Small Gym** to learn more about what you can do to help end this horrible situation. You will earn 1.5 parent service hours and a free dress pass for your child(ren) for attending.



Sharing Your Valuable Feedback

Thank you so much for taking the time to complete the family survey. Your valuable and confidential feedback will be shared at our **MANDATORY STATE OF THE SCHOOL REPORT on Wed, April 5th at 6:30 PM.** We are happy to let you know that our school has earned a **FULL WEEK of FREE DRESS** from April 24th-28th since we received 174 completed surveys! We are grateful for your continued support and cooperation.

Raising Funds for Reading Resources

Our annual Read-a-thon was another success. The students read hundreds of books for thousands of minutes and *raised over \$6,000!* That money will be divided between the classroom teachers and the research program to purchase reading materials. **The awards will be distributed on Fri, April 7th, and the Dr. Seuss Luncheon for the student who brought in at least \$100 will take place on Tues, May 7th.** We would like to thank Boomers!, Cloverleaf Family Bowl, Golden Tee Golfland, In-N-Out Burgers, and the Oakland Zoo for donating prizes. Thank you St. Bede families for your support of the students during the Read-a-thon. Dr. Seuss would be so proud!

