Willcox M/S Lunch Menu

Nov 28-Dec1, 2016

Students must select 3 out of 5 meal components. One of the 3 components selected "<u>MUST</u>" be a fruit or Vegetable



DAILY CHOICES

(All Sandwiches are served on Whole Wheat Sub Roll)

THIS WEEK'S DAILY SPECIALS

Monday - Italian Wrap on WG Tortilla

Tuesday - Peanut Butter & Jelly Sandwich on WG Bread

Wednesday - Ham & Cheese Wrap on WG Tortilla

Thursday - Turkey & Cheese Sub

Fresh Fruit and Vegetables Offered Daily, Choose One!



Daily Special

Monday

Oven Fried Chicken, Potato & Gravy

Tuesday

Chicken Alfredo Pasta

Wednesday

English Fish & Chips

Thursday

Frank & Mac-N-Cheese



FIESTA CREATIONS STATION

Rotating daily offerings of Nachos, Tacos or Bean Burritos served w/ Our House Specialty Salsa



Monday - All-American Chef Boxed Salad w/ Whole Wheat Dinner Roll

Tuesday - Crispy Chicken Salad w\ Whole Wheat Dinner Roll

Wednesday - All-American Chef Boxed Salad w/ Whole Wheat Dinner Roll

Thursday - Spinach Salad w\Strawberries & Dinner Roll



THIS WEEK'S DAILY SPECIAL'S

Big Daddy's Cheese Pizza Served Daily

Monday — Home-style Pepperoni Pizza

Tuesday - Home style Italian Sausage Pizza

Wednesday - Home-style Pepperoni Pizza

Thursday - Hawaiian Style Pizza

(All Pizza's are prepared on Whole Grain Pizza Crust)



THIS WEEK'S DAILY SPECIAL'S

(All Sandwiches are served on Whole Wheat Buns)

Monday − BBQ Hot Dog w\Cheese, WG Chicken Patty Sandwich

<u>Tuesday</u> – BBQ Chicken Patty Sandwich . Cheese Burger Patty Sandwich

<u>Wednesday</u> – Rib-BQ Sandwich or Fish wich Sandwich with Tarter Sauce

<u>Thursday</u> – Charbroiled Hamburger or Grilled Cheese Sandwich on Flatbread

MUST TAKE A VEGETABLE OR FRUIT WITH ALL MEALS!

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