

Willcox M/S Lunch Menu

November 14-17, 2015

*Students must select 3 out of 5 meal components. One of the 3 components selected "**MUST**" be a fruit or Vegetable*



EVERYDAY CHOICES

(All Sandwiches are served on Whole Wheat Sub Roll)

THIS WEEK'S DAILY SPECIALS

Monday – Turkey & Cheese Sub

Tuesday – Peanut Butter & Jelly Sandwich on WG Bread

Wednesday – Turkey Ham & Cheese Sub

Thursday – Italian Sub on WG Bun

Fresh Fruit and Vegetables Offered Daily. Choose One!



Daily Special

Monday

Fish Nuggets & Fries

Tuesday

Veracruz Fish w/Rice

Wednesday

Baked Ziti w\ WG Breadstick

Thursday

Chicken Broccoli Stir Fry & Fortune Cookie



FIESTA CREATIONS STATION

Rotating daily offerings of Nachos, Tacos or Bean Burritos served w/ Our House Specialty Salsa



Monday – All-American Chef Boxed Salad w/ Whole Wheat Dinner Roll

Tuesday – All-American Chef Salad w/ Whole Wheat Dinner Roll

Wednesday – Spinach Salad w/ Whole Wheat Dinner Roll

Thursday – Buffalo Chicken Salad w\ Whole Wheat Dinner Roll



THIS WEEK'S DAILY SPECIAL'S

Big Daddy's Cheese Pizza Served Daily

Monday – Home style Italian Sausage Pizza

Tuesday – Home-style Pepperoni Pizza

Wednesday – Home-style Pepperoni Pizza

Thursday – Buffalo Chicken Pizza

(All Pizza's are prepared on Whole Grain Pizza Crust)



THIS WEEK'S DAILY SPECIAL'S

(All Sandwiches are served on Whole Wheat Buns)

Monday – BBQ Bacon Burger Or
Spicy Chicken Patty Sandwich

Tuesday – Twisted Dog or
Grilled Cheese Sandwich

Wednesday – BBQ Pork Sandwich or Green Chili
Cheddar Melt

Thursday – Cheese Quesadilla on WG Tortilla,
Charbroiled Beef Patty w\ Cheese

MUST TAKE A VEGETABLE OR FRUIT WITH ALL MEALS!

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