

# Clinch County Nutrition Dept.

Monday	Tuesday	Wednesday	Thursday	Friday
			Oct - 1  Chicken Strips, Teriyaki Bread Sticks (Garlic) Broccoli and Cheese (CH) Oranges, Mandarin Milk (CND)	Oct - 2  Pizza, Pep. Wild Mikes Salad, Garden w/Dressing CC Fruit Cocktail, ANNE ELISE Milk (CND)
Oct - 5  Chicken Nuggets, ProView, N Potatoes, Instant (CCEM) Gravy, Brown, Trio, (CCND) Green Baby Limas (CCEM) Fruit Cocktail, ANNE ELISE Rolls, Easy Split, WG Milk (CND) Ketchup, Individ. - Heinz (CCE)	Oct - 6  Corn Dog, Lite Turkey, State Fa French Fries, Oven Baked, (C Pork & Beans, (CND) Oranges (CND) Milk (CND) Ketchup, Individ. - Heinz (CCE) Mustard, Individ. (CND))	Oct - 7  Burrito, Beef & Bean Taco Sauce, Ind. Pkts Sour Cream, Ind. (CH) Corn on Cob (CH) Apples Milk (CND)	Oct - 8  Chicken Chunks, Tangerine Texas Toast (CCND) Potato Instant, Nifda Corn, Whole Kernel Oranges, Mandarin Milk (CND)	Oct - 9  Pizza, Cheese, Wild Mikes Salad Corn, Whole Kernel (CCND) Oranges (CND) Milk (CND)
Oct - 12  NO SCHOOL TODAY	Oct - 13  NO SCHOOL TODAY	Oct - 14  Chicken Sandwich (CCEM) Lettuce & Tomato, Shredded (C SunChips Garden Salsa Peaches, Sliced, CND Milk (CND) Mayonnaise, Individ., F F (CCN Mustard, Individ. (CND)) Ketchup, Individ. - Heinz (CCN)	Oct - 15  Sausage Dog Cole Slaw (CH) Sweet Potato Fries Peaches, Yellow (CH) Ketchup, Individ. - Heinz (CH) AZTEC GRAIN SALAD Mayonnaise, Individ., F F (CH) Milk (CND)	Oct - 16  Pizza, Pep. Wild Mikes Salad, Garden w/Dressing CC Peaches, Sliced, CND Milk (CND)

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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Oct - 19  Chicken Nuggets,ProView, N Potatoes, Instant (CCEM) Gravy, Brown, Trio, (CCND) Green Beans (Margaret Holm Fruit Cocktail, ANNE ELISE Rolls,EasySplit, WG Milk (CND) Ketchup, Individ. - Heinz (CCE	Oct - 20  BBQ Sandwich Baked Bean, Vegetarian French Fries, Oven Baked,(C Pineapple Chunks (CH) Milk Choice Avg. (CCEM) Ketchup, Individ. - Heinz (CCE	Oct - 21  Catfish Strips, USDA, (CH) Hushpuppies (CND) Grits, Cheese,(CCEM) Corn, Whole Kernel (CCND) APPLESAUCE,SWEETENE D Milk (CND) Ketchup, Individ. - Heinz (CH)	Oct - 22  Sausage Link Rice, (CCEM) Tomatoes, Crushed, (CND) Green Beans (Margaret Holm Raisins (CH) Cornbread,(CND) Milk (CND)	Oct - 23  Pizza, Pep. Wild Mikes Salad, Garden w/Dressing CC Peaches, Sliced, CND Milk (CND)
Oct - 26  Chicken Nuggets,ProView, N Potatoes, Instant (CCEM) Gravy, Brown, Trio, (CCND) Green Beans (Margaret Holm Fruit Cocktail, ANNE ELISE Rolls,EasySplit, WG Milk (CND) Ketchup, Individ. - Heinz (CCE	Oct - 27  Sloppy Joes, CND SunChips Garden Salsa Peas, Green, (CCEM) Fruit Cocktail, ANNE ELISE Milk (CND)	Oct - 28  Corn Dog,Lite Turkey,StateFa French Fries, Oven Baked,(C Oranges (CND) Milk (CND) Ketchup, Individ. - Heinz (CCE Mustard, Individ. (CND))	Oct - 29  Spaghetti w/ Sauce (CCEM) Corn, Whole Kernel (CCND) Strawberries, Frozen, (CH) Bread, Texas Toast, WG Milk (CND)	Oct - 30  Hot Dog on Bun (CCND) Cole Slaw (CH) SunChips Garden Salsa Oranges, Mandarin Ketchup, Individ. - Heinz (CH) Mayonnaise, Individ., F F (CH) Milk (CND)

"USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER"

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