October 2015



Milk and Juice are included with all meals "THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER"

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Tenders Baked Beans Mac & Cheese Dinner Roll Fruit	2 French Bread Pizza Hot Veggies Tossed Salad w/ Dressing Fresh Fruit Mix
5 Chicken Parmesan Mashed Potatoes Roasted Baby Carrots Dinner Roll Fruit	6 Breakfast For Lunch Homemade Breakfast Burrito Home-Style Potatoes Salsa Fruit	7 Hot Dog on a Bun w/ Chili Corn on the Cob Fruit	8 Spaghetti Tossed Salad w/ Dressing Dinner Roll Fruit	9 Fish Taco Shredded Cabbage Pico de Gallo Black Beans Fresh Fruit Mix
12	13	14	15	16
FALL BREAK NO SCHOOL	FALL BREAK NO SCHOOL	FALL BREAK NO SCHOOL	FALL BREAK NO SCHOOL	FALL BREAK NO SCHOOL
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19 Cheese Burger on a Bun Lettuce/Tomato Cottage Cheese Tri Color Pasta Salad Fruit	20 Chicken Bow Tie Alfredo Fresh Steamed Broccoli Dinner Roll Fruit	21 Burrito Bowl Salsa Churro Fruit	22 Country Fried Steak Mashed Potatoes & Gravy Veggies Dinner Roll Fruit	23 Nachos Supreme Corn on the Cob Black Beans Fresh Fruit Mix Churro
26 Egg Rolls, Fried Rice Stir Fry Veggies Sweet & Sour Sauce Fortune Cookie Fruit	27 Cheese Sticks & Wings w/ Marinara Sauce Tossed Salad w/Dressing Fruit	28 Chicken Fajitas w/Rice Lettuce & Cheese Fruit	29 Chicken Tenders Baked Beans Mac & Cheese Dinner Roll Fruit	30 French Bread Pizza Hot Veggies Tossed Salad w/ Dressing Fresh Fruit Mix