



February 2016

Elementary Breakfast & Lunch Menu



Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and marketing trends.

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Cheddar Cheese Quesadilla Ham & Cheese Sandwich Crispy Popcorn Chicken	Spaghetti w/ meat sauce Corn Dog Chicken Caesar salad	Beef Tacos Chicken Teriyaki Ham, Turkey & Cheese Wrap	Ham & Cheese Salad Turkey Melt Sandwich Creamy Macaroni & Cheese	Pepperoni Pizza Beef & Bean Burrito
Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast
Scrambled Eggs & Cheese Fresh Fruit Selection Assorted Low Sugar Cereal	Froot Loops Cereal Fresh Fruit Selection Assorted Low Sugar Cereal	Mini Maple Pancakes Fresh Fruit Selection Assorted Low Sugar Cereal	Egg & Cheese Muffin Fresh Fruit Selection Assorted Low Sugar Cereal	Scrambled Egg Chorizo Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
Beef Nachos Turkey & Cheese Pita Chicken Tenders	Cheese Chilaquiles Chef Salad BBQ Kahlua Chicken	Bean & Cheese Tostada Chicken Ranch Wrap Hot Dog	Beefy Macaroni Caribbean Chicken Salad Grilled Cheese w/ Soup	Cheese Pizza Ham & Cheese Sandwich
Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast
Fluffy Pancake Fresh Fruit Selection Assorted Low Sugar Cereal	Apple Jacks Cereal Fresh Fruit Selection Assorted Low Sugar Cereal	Blueberry Muffin Fresh Fruit Selection Assorted Low Sugar Cereal	Bean & Cheese Burrito Fresh Fruit Selection Assorted Low Sugar Cereal	Scrambled Eggs & Cheese Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
	Spaghetti w/ meat sauce Chicken Fajitas Chef Salad	Orange Chicken Beef Tacos Crispy Chicken Salad	Macaroni & Cheese Mouth watering Cheeseburger Ham, Turkey & Cheese Sandwich	Pepperoni Pizza Fish Patty Sandwich
	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast
	Frosted Flakes Cereal Fresh Fruit Selection Assorted Low Sugar Cereal	Sliced Bagel Fresh Fruit Selection Assorted Low Sugar Cereal	Cinnamon Roll Fresh Fruit Selection Assorted Low Sugar Cereal	Scrambled Eggs Chorizo Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
Cheese-Filled Breadstick Chicken Nuggets Turkey & Cheese Sandwich	Chicken Alfredo Bean & Cheese Tostada Chicken Caesar Salad	Beef Nachos Hot Dog Caribbean Chicken Salad	Cheese Enchilada Beefy Macaroni Ham, Turkey & Cheese Wrap	Fish Sticks Cheese Pizza
Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast
Ham & Cheese Quesadilla Fresh Fruit Selection Assorted Low Sugar Cereal	Apple Jacks Cereal Fresh Fruit Selection Assorted Low Sugar Cereal	Banana Muffin Fresh Fruit Selection Assorted Low Sugar Cereal	Bean & Cheese Burrito Fresh Fruit Selection Assorted Low Sugar Cereal	Blueberry Muffin Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 29	<h1>Join us on February 12th</h1> <h1>& enjoy a delicious Heart Pizza</h1> 			<h2>Free Breakfast & Lunch for Students</h2> <p>Adults Meal Prices</p> <p>Breakfast; \$2.25 Lunch: \$3.25</p>

Food Service Director: Edwardo Banelos :: Phone: (520) 377-9175 :: Email: ebanuelos@nUSD.k12.az.us
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