







Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and marketing trends

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Cheddar Cheese Quesadilla	Spaghetti w/ meat sauce	Beef Tacos	Ham & Cheese Salad	Pepperoni Pizza
Ham & Cheese Sandwich			l I	Beef & Bean Burrito
	Corn Dog	Chicken Teriyaki	Turkey Melt Sandwich	Beer & Bean Burnto
Crispy Popcorn Chicken	Chicken Caesar salad	Ham, Turkey & Cheese Wrap	Creamy Macaroni & Cheese	
Fresh Fruit & Vegetable Bar	Fresh Fruit & Vegetable Bar	Fresh Fruit & Vegetable Bar	Fresh Fruit & Vegetable Bar	Fresh Fruit & Vegetable Bar
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs & Cheese	Froot Loops Cereal	Mini Maple Pancakes	Egg & Cheese Muffin	Scrambled Egg Chorizo
Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection
Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal
Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
Beef Nachos	Cheese Chilaquiles	Bean & Cheese Tostada	Beefy Macaroni	Cheese Pizza
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Turkey & Cheese Pita	Chef Salad	Chicken Ranch Wrap	Caribbean Chicken Salad	Ham & Cheese Sandwich
Chicken Tenders	BBQ Kahlua Chicken	Hot Dog	Grilled Cheese w/ Soup	
Fresh Fruit & Vegetable Bar	Fresh Fruit & Vegetable Bar	Fresh Fruit & Vegetable Bar	Fresh Fruit & Vegetable Bar	Fresh Fruit & Vegetable Bar
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Fluffy Pancake	Apple Jacks Cereal	Blueberry Muffin	Bean & Cheese Burrito	Scrambled Eggs & Cheese
•	11	'	Fresh Fruit Selection	
Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection		Fresh Fruit Selection
Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
- MANAGEM	Spaghetti w/ meat sauce	Orange Chicken	Macaroni & Cheese	Pepperoni Pizza
PHONONE	Chicken Fajitas	Beef Tacos	Mouth watering Cheeseburger	Fish Patty Sandwich
la l	Chef Salad	Crispy Chicken Salad	Ham, Turkey & Cheese Sandwich	·
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a dout Q	Frosh Fruit 9 Voqeatable Bar	Fresh Fruit 9 Vegetable Par	Froch Fruit 9 Voqeatable Par	Fresh Fruit 9 Vegetable Bar
C/MOQICIENTS,	Fresh Fruit & Vegetable Bar	Fresh Fruit & Vegetable Bar	Fresh Fruit & Vegetable Bar	Fresh Fruit & Vegetable Bar
	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
COUR	Breakfast	Breakfast	Breakfast	Breakfast
	Frosted Flakes Cereal	Sliced Bagel	Cinnamon Roll	Scrambled Egg Chorizo
	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection
	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
Cheese-Filled Breadstick	Chicken Alfredo	Beef Nachos	Cheese Enchilada	Fish Sticks
				Cheese Pizza
Chicken Nuggets				
Turkey & Cheese Sandwich	Bean & Cheese Tostada	Hot Dog	Beefy Macaroni	Cheese i izza
•	Bean & Cheese Tostada Chicken Caesar Salad	Hot Dog Caribbean Chicken Salad	Beefy Macaroni Ham, Turkey & Cheese Wrap	Cheese 1 122a
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Fresh Fruit & Vegetable Bar		,	′	Fresh Fruit & Vegetable Bar
·	Chicken Caesar Salad	Caribbean Chicken Salad	Ham, Turkey & Cheese Wrap	
Fresh Fruit & Vegetable Bar	Chicken Caesar Salad Fresh Fruit & Vegetable Bar	Caribbean Chicken Salad Fresh Fruit & Vegetable Bar	Ham, Turkey & Cheese Wrap Fresh Fruit & Vegetable Bar	Fresh Fruit & Vegetable Bar
Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Chicken Caesar Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Caribbean Chicken Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Ham, Turkey & Cheese Wrap Fresh Fruit & Vegetable Bar Variety of Milk Breakfast	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast
Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Ham & Cheese Quesadilla	Chicken Caesar Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Apple Jacks Cereal	Caribbean Chicken Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Banana Muffin	Ham, Turkey & Cheese Wrap Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Bean & Cheese Burrito	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Blueberry Muffin
Fresh Fruit & Vegetable Bar Variety of Milk <mark>Breakfast</mark> Ham & Cheese Quesadilla Fresh Fruit Selection	Chicken Caesar Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Apple Jacks Cereal Fresh Fruit Selection	Caribbean Chicken Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Banana Muffin Fresh Fruit Selection	Ham, Turkey & Cheese Wrap Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Bean & Cheese Burrito Fresh Fruit Selection	Fresh Fruit & Vegetable Bar Variety of Milk <mark>Breakfast</mark> Blueberry Muffin Fresh Fruit Selection
Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Ham & Cheese Quesadilla Fresh Fruit Selection Assorted Low Sugar Cereal	Chicken Caesar Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Apple Jacks Cereal	Caribbean Chicken Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Banana Muffin	Ham, Turkey & Cheese Wrap Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Bean & Cheese Burrito	Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Blueberry Muffin
Fresh Fruit & Vegetable Bar Variety of Milk <mark>Breakfast</mark> Ham & Cheese Quesadilla Fresh Fruit Selection	Chicken Caesar Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Apple Jacks Cereal Fresh Fruit Selection	Caribbean Chicken Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Banana Muffin Fresh Fruit Selection	Ham, Turkey & Cheese Wrap Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Bean & Cheese Burrito Fresh Fruit Selection	Fresh Fruit & Vegetable Bar Variety of Milk <mark>Breakfast</mark> Blueberry Muffin Fresh Fruit Selection

Join us on February 12th enjoy a delicious Heart Pizza



Free **Breakfast & Lunch for Students**

Adults Meal Prices

Breakfast; \$2.25 Lunch: \$3.25





Corn Dog Garlic & Herb Chicken Rotini

Ham & Cheese Sandwich

Fresh Fruit & Vegetable Bar

Variety of Milk

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