



NOVEMBER 2015

Pierson Vocational High School Breakfast & Lunch Menu



Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and marketing trends.



Free Meals for students



Adult Meal Prices:
Breakfast: \$2.25 Lunch: \$3.25

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Turkey & Cheese Sandwich Pepperoni Pizza Veggie Wrap Spaghetti w/ Meatsauce Chef Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Pancakes Fresh Fruit Selection Assorted Low Sugar Cereal	Supreme Pizza Chicken Nugget Potato Bowl Cheese Chilaquiles Cheeseburger Ham Sandwich Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Scrambled Eggs & Cheese Fresh Fruit Selection Assorted Low Sugar Cereal	Crispy Chicken Salad Beef & Broccoli Beef & Bean Burrito Spicy Chicken Sandwich Cheese Pizza Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Bagel Fresh Fruit Selection Assorted Low Sugar Cereal	Hot Dog Cheese Quesadilla Chicken Teriyaki Chicken Caesar Salad Pepperoni Pizza Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Bean & Cheese Burrito Fresh Fruit Selection Assorted Low Sugar Cereal	Ham, Turkey & Cheese Sandwich Chef Salad Beefy Macaroni Grilled Cheese Sandwich Cheese Pizza Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Muffin Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Turkey Sandwich Beef Lasagna Chicken Mole Spicy Chicken Sandwich Chicken Caesar Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Scrambled Egg & Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	Supreme Pizza Corn Dog Orange Chicken Chicken Alfredo Caribbean Chicken Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast French Toast Fresh Fruit Selection Assorted Low Sugar Cereal	Veteran's Day No School 	Harvest Chicken Salad Beef & Broccoli Cheese Enchiladas Hot Dog Cheese Pizza Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Egg & Cheese Sandwich Fresh Fruit Selection Assorted Low Sugar Cereal	Ham & Cheese Sandwich Spicy Chicken Sandwich Italian Dunkers Pepperoni Pizza Chicken Stir Fry Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Scrambled Eggs w/ Chorizo Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Chicken Salad Beefy Macaroni Supreme Pizza Beef Nachos Cheeseburger Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Scrambled Eggs Fresh Fruit Selection Assorted Low Sugar Cereal	Chicken Burrito Chicken Tenders Cheese Pizza Crispy Buffalo Chicken Salad Hamburger Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Muffin Fresh Fruit Selection Assorted Low Sugar Cereal	Ham & Cheese Sandwich Pepperoni Pizza Beef & Bean Burrito BLT Hot Dog Chicken Teriyaki Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Bagel Fresh Fruit Selection Assorted Low Sugar Cereal	Cheese Pizza Hamburger Ham & Cheese Panini Chicken Caesar Salad Chicken Burrito Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Cinnamon Rolls Fresh Fruit Selection Assorted Low Sugar Cereal	Ham, Turkey & Cheese Sandwich Nachos Cheeseburger Country Fried Steak Bowl Supreme Pizza Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Pancakes Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Turkey Sandwich Cheese Pizza Chef Salad Orange Chicken Tacos Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Ham & Cheese Quesadilla Fresh Fruit Selection Assorted Low Sugar Cereal	Beef Tostadas Thanksgiving Dinner Nachos Pepperoni Pizza Ham Sandwich Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Scrambled Eggs & Cheese Fresh Fruit Selection Assorted Low Sugar Cereal	Supreme Pizza Chicken Burrito Chicken Salad Spicy Chicken Sandwich Turkey & Cheese Sandwich Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Muffin Fresh Fruit Selection Assorted Low Sugar Cereal	Thanksgiving Break No School 	

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