



NOVEMBER 2015

Elementary Breakfast & Lunch Menu



Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and marketing trends.



Free Meals for students



Adult Meal Prices:
Breakfast: \$2.25 Lunch: \$3.25

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Macaroni & Cheese Hamburger Crispy Chicken Salad	Cheese Chilaquiles Cheese Quesadilla Ham & Cheese Pita	Corn Dog Bean & Cheese Tostadas Beef & Broccoli	Beefy Nachos Teriyaki Chicken Crispy Chicken Wrap	Grilled Cheese Sandwich Cheese Pizza
Fresh Fruit & Vegetable Bar Variety of Milk	Fresh Fruit & Vegetable Bar Variety of Milk	Fresh Fruit & Vegetable Bar Variety of Milk	Fresh Fruit & Vegetable Bar Variety of Milk	Fresh Fruit & Vegetable Bar Variety of Milk
Breakfast Pancakes Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Cereal Kit Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Muffin Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Bean & Cheese Burrito Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Scrambled Egg & Cheese Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Beef & Bean Burrito Crispy Chicken Potato Bowl Beefy Macaroni	Orange Chicken Turkey & Cheese Sub Chicken Alfredo	Veteran's Day No School 	Cheese Enchiladas Cheeseburger Chef Salad	Chicken & Vegetable Stir Fry Pepperoni Pizza
Fresh Fruit & Vegetable Bar Variety of Milk	Fresh Fruit & Vegetable Bar Variety of Milk		Fresh Fruit & Vegetable Bar Variety of Milk	Fresh Fruit & Vegetable Bar Variety of Milk
Breakfast Scrambled Egg & Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Cereal Kit Fresh Fruit Selection Assorted Low Sugar Cereal		Breakfast Egg & Cheese Sandwich Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Scrambled Egg w/ Chorizo Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Turkey & Cheese Sandwich Corn Dog Beef Lasagna	Chicken Nuggets Ham & Cheese Sandwich Beef & Bean Burrito	Spaghetti w/ Meatsauce Cheese Enchiladas Sonoran Dogs	Orange Chicken Chicken Sandwich Chef Salad	Turkey Melt Cheese Pizza
Fresh Fruit & Vegetable Bar Variety of Milk	Fresh Fruit & Vegetable Bar Variety of Milk	Fresh Fruit & Vegetable Bar Variety of Milk	Fresh Fruit & Vegetable Bar Variety of Milk	Fresh Fruit & Vegetable Bar Variety of Milk
Breakfast Scrambled Egg & Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Cereal Kit Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Bagel Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Cinnamon Roll Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Pancakes Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Hot Dog Cheeseburger Bean & Cheese Burrito	Thanksgiving Dinner Ham & Cheese Sandwich	Cheese Pizza Chicken Wrap	Thanksgiving Break No School 	
Fresh Fruit & Vegetable Bar Variety of Milk	Fresh Fruit & Vegetable Bar Variety of Milk	Fresh Fruit & Vegetable Bar Variety of Milk		
Breakfast Ham & Cheese Quesadilla Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Cereal Kit Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Muffin Fresh Fruit Selection Assorted Low Sugar Cereal		

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