



OCTOBER 2015

Elementary School Breakfast & Lunch Menu



Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and marketing trends.

| Adult Meal Prices | | Free Meals for students | | | Thursday 1 | Friday 2 |
|---|---|--|--|---|---|--|
| Breakfast \$2.25 Lunch \$3.25 | | | | | Chicken Teriyaki Grilled Ham & Cheese Sandwich Beef Tacos Fresh Fruit & Vegetable Bar Variety of Milk | Cheese Pizza Beefy Macaroni Fresh Fruit & Vegetable Bar Variety of Milk |
| | | | | | Breakfast French Toast Fresh Fruit Selection Assorted Low Sugar Cereal | Breakfast Breakfast Pizza Fresh Fruit Selection Assorted Low Sugar Cereal |
| Monday 5 | Tuesday 6 | Wednesday 7 | Thursday 8 | Friday 9 | | |
| Turkey & Cheese Sandwich Corn Dog Beef Lasagna Fresh Fruit & Vegetable Bar Variety of Milk | Chicken Nuggets Ham & Cheese Sandwich Beef & Bean Burrito Fresh Fruit & Vegetable Bar Variety of Milk | Spaghetti w/ Meatsauce Cheese Enchilada BLT Dog Fresh Fruit & Vegetable Bar Variety of Milk | Orange Chicken Chicken Sandwich Chef Salad Fresh Fruit & Vegetable Bar Variety of Milk | Turkey Melt Sandwich Cheese Pizza Fresh Fruit & Vegetable Bar Variety of Milk | | |
| Breakfast Scrambled Egg & Sausage Fresh Fruit Selection Assorted Low Sugar Cereal | Breakfast Cereal Fresh Fruit Selection Assorted Low Sugar Cereal | Breakfast Bagel Fresh Fruit Selection Assorted Low Sugar Cereal | Breakfast Cinnamon Roll Fresh Fruit Selection Assorted Low Sugar Cereal | Breakfast Pancakes Fresh Fruit Selection Assorted Low Sugar Cereal | | |
| Monday 12 | Tuesday 13 | Wednesday 14 | Thursday 15 | Friday 16 | | |
|  <h1>FALL BREAK</h1>  | | | | | | |
| Monday 19 | Tuesday 20 | Wednesday 21 | Thursday 22 | Friday 23 | | |
| Hot Dog Cheeseburger Bean & Cheese Burrito Fresh Fruit & Vegetable Bar Variety of Milk | BBQ Beef Dipper Sliders Beef Nachos Baked Chicken Fresh Fruit & Vegetable Bar Variety of Milk | Macaroni & Cheese Hamburger Turkey & Cheese Sandwich Fresh Fruit & Vegetable Bar Variety of Milk | Cheese Enchilada BBQ Chicken Sandwich Caesar Salad Fresh Fruit & Vegetable Bar Variety of Milk | Cheese Pizza Ham & Cheese Sandwich Fresh Fruit & Vegetable Bar Variety of Milk | | |
| Breakfast Ham & Cheese Quesadilla Fresh Fruit Selection Assorted Low Sugar Cereal | Breakfast Cereal Fresh Fruit Selection Assorted Low Sugar Cereal | Breakfast Muffin Fresh Fruit Selection Assorted Low Sugar Cereal | Breakfast Bean & Cheese Breakfast Burrito Fresh Fruit Selection Assorted Low Sugar Cereal | Breakfast Muffin Fresh Fruit Selection Assorted Low Sugar Cereal | | |
| Monday 26 | Tuesday 27 | Wednesday 28 | Thursday 29 | Friday 30 | | |
| Cheese Quesadilla Italian Dunkers Grilled Cheese Fresh Fruit & Vegetable Bar Variety of Milk | Chicken Fajitas Cheeseburger Turkey & Cheese Sub Fresh Fruit & Vegetable Bar Variety of Milk | Beefy Macaroni Grilled Cheese Chicken Tender Potato Bowl Fresh Fruit & Vegetable Bar Variety of Milk | Ham & Cheese Salad Chili Dog Beef & Bean Burrito Fresh Fruit & Vegetable Bar Variety of Milk | Pepperoni Pizza Chicken Alfredo Fresh Fruit & Vegetable Bar Variety of Milk | | |
| Breakfast Scrambled Egg & Sausage Fresh Fruit Selection Assorted Low Sugar Cereal | Breakfast Cereal Fresh Fruit Selection Assorted Low Sugar Cereal | Breakfast Pancakes Fresh Fruit Selection Assorted Low Sugar Cereal | Breakfast Sausage Biscuit Sandwich Fresh Fruit Selection Assorted Low Sugar Cereal | Breakfast French Toast Fresh Fruit Selection Assorted Low Sugar Cereal | | |

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