



AUGUST 2015

Pierson Vacationa High School Breakfast & Lunch M



Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and marketing trends.

Monday	Tuesday	Wednesday	Thursday 6	Friday 7
			Ham, Turkey, and Cheese Sandwich Pepperoni Pizza Chicken Caesar Salad Hamburger French Fries Fresh Fruit & Vegetable Bar Variety of Milk	Turkey Sandwich Cheese Pizza Chef Salad Corn Dog Corn Dog Fresh Fruit & Vegetable Bar Variety of Milk
			Breakfast Scrambled Eggs and Toast Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Sausage Bagel Sandwich Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Ham Sandwich Pepperoni Pizza Chicken Caesar Salad Beef Lasagna with Roll Mixed Vegetables Fresh Fruit & Vegetable Bar Variety of Milk	Ham, Turkey and Cheese Sandwich BBQ Chicken Pizza Caribbean Chicken Salad Orange Chicken with Rice Peas and Carrots Fresh Fruit & Vegetable Bar Variety of Milk	Supreme Pizza Ham Sandwich Hot Dog Ham, Turkey and Cheese Sandwich Broccoli Fresh Fruit & Vegetable Bar Variety of Milk	Turkey Sandwich Hawaiian Pizza Harvest Chicken Salad Cheese Enchiladas with Rice Refried Beans Fresh Fruit & Vegetable Bar Variety of Milk	Ham Sandwich Buffalo Chicken Pizza Chicken Alfredo with Roll Chicken Caesar Salad Roasted Cauliflower Fresh Fruit & Vegetable Bar Variety of Milk
Breakfast Scrambled Egg w/ Cheese & Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Egg & Sausage Muffin Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Pancakes and Bacon Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Chorizo Scrambled Eggs with Toast Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Breakfast Casserole Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
Ham, Turkey and Cheese Sandwich Beef and Jalapeno Pizza Chicken Caesar Salad Cheeseburger Mixed Vegetables Fresh Fruit & Vegetable Bar Variety of Milk	Turkey & Cheese Sandwich Veggie Pizza Thai Chicken Salad Beef and Bean Burrito Corn Fresh Fruit & Vegetable Bar Variety of Milk	Ham Sandwich Pepperoni Pizza Caribbean Chicken Salad Cheese Quesadilla Broccoli Fresh Fruit & Vegetable Bar Variety of Milk	Ham, Turkey and Cheese Sandwich Supreme Pizza Chicken Caesar Salad Chicken Teriyaki with Rice Peas and Carrots Fresh Fruit & Vegetable Bar Variety of Milk	Turkey Sandwich Pepperoni Pizza Ham and Cheese Salad Popcorn Chicken with Roll Green Beans Fresh Fruit & Vegetable Bar Variety of Milk
Breakfast Egg, Ham and Cheese Burrito Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Belgian Waffle with Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Bagel and Cream Cheese Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Breakfast Pizza Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast French Toast Sticks Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Ham Sandwich Pepperoni Pizza Beefy Macaroni Chicken Garden Salad Seasoned Black Beans Fresh Fruit & Vegetable Bar Variety of Milk	Ham, Turkey and Cheese Sandwich Cheese Pizza Beef Taco Salad Beef and Broccoli Stir Fry French Fries Fresh Fruit & Vegetable Bar Variety of Milk	Turkey and Cheese Sandwich Buffalo Chicken Pizza Caribbean Chicken Salad Cheese Enchiladas with Rice Broccoli Fresh Fruit & Vegetable Bar Variety of Milk	Ham and Cheese Sandwich Chicken Fajita Pizza Chicken Caesar Salad Orange Chicken with Rice Creamed Spinach Fresh Fruit & Vegetable Bar Variety of Milk	Ham, Turkey and Cheese Sandwich Hawaiian Pizza BBQ Chicken Salad Turkey Melt Mashed Potatoes Fresh Fruit & Vegetable Bar Variety of Milk
Breakfast Scrambled Eggs & Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast French Toast and Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Sausage Bagel Sandwich Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Chorizo Scrambled Eggs with Toast Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Pancakes and Sausage Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 31	<div style="text-align: center;"> <h1>FREE MEALS FOR STUDENTS</h1> </div>			Adult Breakfast: \$2.25 Adult Lunch: \$3.25
Turkey and Cheese Sandwich Cheese Pizza Chef Salad Hot Dog Mixed Vegetables Fresh Fruit & Vegetable Bar Variety of Milk				
Breakfast Bean and Cheese Burrito Fresh Fruit Selection Assorted Low Sugar Cereal				



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