




# AUGUST 2015

## Elementary Breakfast & Lunch Menu



Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and marketing trends.

Monday	Tuesday	Wednesday	Thursday 6	Friday 7
			Nachos Hamburger Ham and Cheese Wrap Fries Refried Beans Fresh Fruit & Vegetable Bar Variety of Milk	Spaghetti w/ Meat Sauce Grilled Cheese Corn Dog Green Beans Corn Fresh Fruit & Vegetable Bar Variety of Milk
Breakfast Scrambled Eggs and Toast Fresh Fruit Selection Assorted Low Sugar Cereal			Breakfast Scrambled Eggs and Toast Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast French Toast Sticks Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Pepperoni Pizza Chicken Sandwich Chicken Caesar Salad Mixed Vegetables Roasted Garbanzo Beans Fresh Fruit & Vegetable Bar Variety of Milk	Orange Chicken with Rice Ham and Cheese Sandwich Country Fried Steak Bowl Refried Beans Peas and Carrots Fresh Fruit & Vegetable Bar Variety of Milk	Hot Dog Mac & Cheese Chicken Tacos with Rice French Fries Broccoli Fresh Fruit & Vegetable Bar Variety of Milk	Cheese Enchiladas with Rice Chicken Tenders Chef Salad Refried Beans French Fries Fresh Fruit & Vegetable Bar Variety of Milk	Chicken Alfredo with Roll Crispy Chicken Wrap Chicken Fried Rice Green Beans Roasted Cauliflower Fresh Fruit & Vegetable Bar Variety of Milk
Breakfast Scrambled Egg w/ Cheese & Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Blueberry Muffin Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Pancakes and Bacon Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Chorizo Scrambled Eggs with Toast Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Muffin Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
BBQ Chicken Pizza Cheeseburger Baked Rotini with Vegetables Mixed Vegetables French Fries Fresh Fruit & Vegetable Bar Variety of Milk	Beef and Bean Burrito with Rice Cheeseybread and Marinara Chicken Nugget Potato Bowl with Roll Corn Mixed Vegetables Fresh Fruit & Vegetable Bar Variety of Milk	Cheese Quesadilla Crispy Chicken Salad Jerk Chicken Flatbread Broccoli Refried Beans Fresh Fruit & Vegetable Bar Variety of Milk	Teriyaki Chicken with Rice Grilled Ham and Cheese Turkey Tacos with Rice Roasted Garbanzo Beans Peas and Carrots Fresh Fruit & Vegetable Bar Variety of Milk	Beef Lasagna with Roll Popcorn Chicken with Roll Hamburger Green Beans French Fries Fresh Fruit & Vegetable Bar Variety of Milk
Breakfast Egg, Ham, and Cheese Burrito Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Belgian Waffles and Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Bagel and Hash Browns Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Breakfast Pizza Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast French Toast Sticks Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Supreme Pizza Beefy Macaroni Mixed Vegetables Seasoned Black Beans Green Beans Fresh Fruit & Vegetable Bar Variety of Milk	Chicken Tenders with Roll Ham and Cheese Pita Beef and Broccoli Stir Fry with Rice Peas and Carrots French Fries Fresh Fruit & Vegetable Bar Variety of Milk	Spaghetti with Meat Sauce & Roll Cheese Enchiladas with Rice BBQ Chicken Sandwich Refried Beans Broccoli Fresh Fruit & Vegetable Bar Variety of Milk	Orange Chicken with Rice Chef Salad Chicken Teriyaki Wrap French Fries Creamed Spinach Fresh Fruit & Vegetable Bar Variety of Milk	Turkey Melt Potato Crunch Filet Cheese Chilaquiles Green Beans Mashed Potatoes Fresh Fruit & Vegetable Bar Variety of Milk
Breakfast Scrambled Eggs & Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast French Toast and Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Banana Muffin Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Chorizo Scrambled Eggs with Toast Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Pancakes and Sausage Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 31	<div> <div>FREE MEALS FOR</div> <div>STUDENTS</div> </div>			Adult Breakfast: \$2.25 Adult Lunch: \$3.25
Hot Dog Florentine Pizza Bean and Cheese Burrito Mixed Vegetables French Fries Fresh Fruit & Vegetable Bar Variety of Milk				
Breakfast Ham and Cheese Quesadilla Fresh Fruit Selection Assorted Low Sugar Cereal				



Food Service Director: Edwardo Banuelos:: Phone: (520) 377-9175 :: Email: ebanuelos@nUSD.k12.az.us

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