

MASSAGE THERAPY II COURSE OUTLINE

Quarter 1	Quarter 2	Quarter 3	Quarter 4
• Policies & Procedures • Anatomy & Physiology (1.1) • Muscle & Bone Groups (1.2-3) • Medical Terminology (1.14) • Review Swedish Massage techniques (all 6.0) • Review Sports massage techniques (all 14.0) • Student Clinic Operation (all 2.0;3.0;5.0;6.0;8.0;11.0;12.0;14.0;15.0; 16.0) • Techniques for Specific Populations (all 15.0) • Review for ADE Assessment Test • Field Trip	• Anatomy & Physiology (1.8-9) • Muscle & Bone Groups (1.2-3) • Medical Terminology (1.14) • Joint Range of Motion(all 8.0;12.0) • Deviations from normal & how to correct (all 8.0;12.0) • Student Clinic Operation (all 2.0;3.0;5.0;6.0;8.0;11.0;12.0;14.0;15.0; 16.0) • Polarity Therapy (all 9.0) • Eastern Modalities (13.0) • Hand & Foot Reflexology (all 10.0) • Client Case Studies (all standards) • Review for ADE Assessment Test • Skill assessment testing over Adaptive Massage w/independent evaluators	• Anatomy & Physiology (1.10) • Muscle & Bone Groups (1.2-3) • Medical Terminology (1.14) • Student Clinic Operation (all 2.0;3.0;5.0;6.0;8.0;11.0;12.0;14.0; 15.0; 16.0) • Hot Stone Therapy • Spa Treatments, Theories & Technologies • Scrub, Mud & Wrap Treatments • Hydrotherapy Protocols for Treatment of Injuries and Illnesses (14.4;7.2) • Problem Solving for Client Conditions (all standards) • Review for ADE Assessment Test	• Anatomy & Physiology (1.13) • Muscle & Bone Groups (1.2-3) • Massage Business Practices (all 16.0) • Student Clinic Operation (all 2.0;3.0;5.0;6.0;8.0;11.0;12.0;14.0;15.0; 16.0) • Medical Terminology (1.14) • Legal & Ethical Issues in Massage (all 5.0) • Professional Activity Participation (all 16.0) • Job Seeking Skills • Client Case Studies (all standards) • Review for ADE Assessment Test • Skill assessment testing over Hot Stone Massage w/independent evaluators