

Central Arizona Valley Institute of Technology

Certified Nursing Assistant Program Syllabus

2014-2015

Karen Chamberlain, RN, MA

(520) 423-1944 x362

kchamberlain@cavitschools.org

Course Description: This program prepares the student to sit for the state nursing assistant exam through the Arizona State Board of Nursing. Upon successful completion of the state exam, the student will be licensed to practice in a health care facility as a Certified Nursing Assistant (C.N.A.). The certification is a core requirement for the Central Arizona College of Nursing Program.

Course Requirements: Students are required to have a notebook (preferably a 3 ring binder with tab dividers), a black pen and a watch with a second hand. Students must report to their session on time based upon their bus schedule, in their uniform and white shoes. There will be quizzes, tests and projects as part of the grading. Class participation and attendance is 15% of the grade. 80% or higher final grade is required to pass this course. 80% or higher is required to move to the clinical experience.

This course provides instruction in entry level nursing skills, basic anatomy, physiology, nutrition and medical terminology pertinent to nursing assisting in nursing facilities and organizations. Practical application will be implemented in the clinical practice lab and through clinical experience

Clinical experience is vital to student success in this program. The clinical hours will be divided per quarter sections. The nursing assistant is an integral member of the health care team who provides direct patient care. He/she must be able to work under the direction and delegation of a licensed nurse within a specified job description and scope of practice. Professionalism will be a standard of practice throughout this course and will encompass both dress and behavior to that of a member of any health care team.

Each student must pass the written exam of the first part of the semester BEFORE being permitted to move into their clinical experience.

In order to take the state board exam, the student must have an 80% grade or higher on the final classroom exam.

Textbooks: The following textbooks will be provided by CAVIT, along with supplies and equipment for students to use throughout the program.

Hedman, S., Fuzy, J., Rymer S. (2013) Nursing Assistant Care, Long-Term Care and Home Care, Second Edition

Hedman, S. (2013) Workbook, Hartman's Nursing Assistant Care, Long –Term Care and Home Care, Second Edition.

Note: Textbooks lost or stolen are the student's responsibility; and, will be responsible for replacement costs.

Additional reading materials will occasionally be provided. Assignments will include expectations of independent research. It is strongly encouraged to regularly visit the following web site in preparation for the state exam: <http://www.hdmaster.com>.

STANDARDS: The student will meet the learning outcomes at the following level, degree or measurement:

- 1) The student will demonstrate the skills required for effective Nursing Assistant responsibilities for clients under supervision of an instructor in the classroom and at the clinic sites with increasing improvement in these skills and in the time frame allowed.
- 2) The Arizona State Board of Nursing has established a standardized curriculum to meet the various roles of the Nursing Assistant and has approved this course.

LEARNING OUTCOME STATEMENTS: Upon completion of the course the student will be able to perform the following at an entry level:

- 1) Discuss the role and career opportunities for the Nursing Assistant, consumer rights and responsibilities in health care, and ethical and legal issues affecting the Nursing Assistant.
- 2) Describe the expanded role of the Nursing Assistant in rehabilitation and restorative services, obstetrics and neonate clients, pediatric clients, and related advanced procedures.
- 3) Demonstrate communication and interpersonal skills including observation, relating to clients, reporting, documentation, and nursing team member skills.
- 4) Apply knowledge of medical terminology, body organization, common disorders and diseases and related care procedures for all the body systems.
- 5) Demonstrate basic nursing skills including vital signs, height and weight, and bed making.
- 6) Demonstrates personal care skills including client bathing and personal comfort measures.
- 7) Demonstrate special care procedures including warm and cold applications, assisting with physical examination, care of surgical patients, care of emotionally stressed and dying clients.
- 8) Demonstrate safety, body mechanics, and mobility including environmental safety, nursing assistant safety, client safety and positioning, transfer skills and client ambulation.
- 9) Demonstrate medical asepsis and infection control.
- 10) Demonstrate care of the elderly, chronically ill, sub acute client, and cognitively impaired client.
- 11) Explain individual client's needs for independence and methods to accomplish this in daily care.
- 12) Explain individual client's needs including age-specific mental health and social needs.
- 13) Explain the client's rights such as right to confidentiality, right to privacy, and right to be free from abuse, mistreatment, and neglect.
- 14) Explain the need to report abuse, mistreatment and neglect to appropriate staff.
- 15) Explain responses to basic emergencies (prerequisite is CPR for Health Care Providers)
- 16) Explain nutritional needs and diet modifications for various medical conditions.
- 17) Demonstrate admission, transfer and discharging clients.
- 18) Describe the Nurse Practice Act and how they affect nursing assistants.
- 19) Describe the 1987 Omnibus Budget Reconciliation Act (OBRA).

INSTRUCTIONAL METHODS:

Lecture, demonstration, audio-visual aids, quizzes, tests, laboratory practice and clinical experience in nursing facilities. Students will also be required to work in teams for group presentations and practicing clinical skills

GRADING:

Final grade percentages will be equivalent to the letter grades as found in the student handbook.

- 30% - Quizzes, assessments and class activities
- 50% - Papers, presentations, projects and portfolio
- 20% - Midterm/final course assessment

A cumulative grade must be a B or better to continue in the second half of the program.

INSTRUCTOR AVAILABILITY:

This course is designed for 100% success. It will be a transition into adult learning systems that require motivation and determination. Though every effort will be made to recognize areas of need, it is the student's responsibility to approach the instructor with any concerns before the situation is beyond academic control. Not all students will be a perfect fit for this vocation; the only fault is in not addressing the problem/concern early on. Through communication and joint effort, resolution is always possible.

Additional websites and hand-outs will be occasionally provided for study and reference on health care related topics.