



Greetings to the students, parents and patrons of Page High School:

Congratulations you have finished the first semester of the 2016-17 school year. I hope it was a good semester for you and that you are reaching the goals you set for you and this school year. If you didn't quite reach your goals I challenge you to look at how you can make some changes so you can and will be successful in your school endeavors.

One thing that we are going to do as a school is introduce how one word can change your life. This comes from Jon Gordon. This one word will serve as your vision or theme for the entire year. Every New Year 87 percent of adult's, more than 206 million people create new goals and resolutions, only to experience the same frustrating results: false starts and failure. In fact, 50 percent of resolution makers will fail by the end of January.

The One Word process has created laser-like focus throughout the year. It has become the driving force and stretches us in all six dimensions of life: spiritual, mental, relational, emotional, and financial.

It has a Three Step Process:

1. **Prepare your heart by looking in.**
2. **Discover your word by looking up.**
3. **Live your word by looking out.**

Truthfully, there is only one thing you need to put One Word into practice-if you're breathing, you qualify! You must have a desire to live life to the fullest and become the best you. There is no secret recipe. No hidden tricks. One Word for one year of your life.

Step One:

When we talk about preparing your heart, we mean by getting your heart ready by looking in. Failing to prepare= preparing to fail. You need to answer these three questions.

1. What do I need? What areas of your life need the most change, and why?
2. What's in my way? Looking for obstacles or things that are preventing personal growth is a powerful process.
3. What needs to go? Sometimes we are held hostage by past mistakes or pain. Other times, the words should have prevented us from moving forward.

Step Two:

Once you have prepared your heart, you are ready to receive your word. There is a word that's meant for each of us-a word based on where we are in our lives.

Step Three:

When your word comes to you, it may come in the form of a character trait, discipline, a person, a spiritual focus, an attribute, or a value. Some Examples could be Love, Joy, Patience, Health, Discipline, Commitment, Positive, Inspire, Integrity etc.

Once you discover the word that is meant for you, then it's time to live it out. Keep your One Word front and center throughout the year. Post it in many prominent places so you see it regularly. What gets attention gets your focus: what gets your focus gets done.

When you come back in January your teachers will share this process and you can hang your one word along with your fellow students and staff.

Some other Tips I would like to share for a Positive New Year are:

- Stay Positive. You can listen to the cynics and doubters and believe success is impossible or you can trust that faith and an optimistic attitude all things are possible.
- Remember that outside circumstances and events have no power over you. You create your world from the inside-out.
- Talk to yourself instead of listen to yourself. Instead of listening to your complaints, fears and doubts, talk to yourself and feed your mind with words of truth and encouragement you need to keep moving forward.
- Post a sign that says “No Energy Vampires Allowed”. Gandhi said, “I will not let anyone walk through my mind with their dirty feet.”
- Get more sleep. You can’t replace sleep with a double latte.
- You don’t have to be great to serve but you have to serve to be great. Look for opportunities to Love, Serve and Care.
- Live your purpose. Remember why you do what you do. We don’t get burned out because of what we do. We get burned out because we forget why we did it.
- There’s no such thing as an overnight success. Anything worthwhile takes time to build.
- Don’t seek happiness. Instead decide to live with passion and purpose and happiness will find you.
- Focus on “get to” vs “Have to.” Each day focus on what you get to do, not what you have to do. Life is a gift not an obligation.


Finally I would encourage to smile and laugh more. I wish you success as you start out this new semester and New Year.



January 9-12, 2017
Compete with other 3rd hour classes!
Winner will receive a cupcake or pizza party!

CHECK THIS OUT!

College Readiness Night



Refreshments will be served.

Page High School
When: Jan. 24, 2017
Where: CAB

WINTER



DRESS UP DAYS:

Monday: Pajama Day 

Tuesday: Jersey Day 

Wednesday: Dress Your Dream 

Thursday: Throwback Thursday



Freshman: 

Sophomores: 

Juniors: 

Seniors: 

Friday: *WINTER* 


LUNCHTIME ACTIVITIES:

Monday: Donut on a String

Tuesday: Human Chair

Wednesday: Chubby Bunny

Thursday: Musical Chairs



WHEN: WED., JAN. 11
WHERE: POOL GYM
TIME: 6:30-9PM
ADMISSION: \$1.00

Winter Formal



When: Friday, Jan. 13

Where: Town House

Time: 9pm-12am

Admission: \$10.00

King & Queen of Sports will be announced at the dance @ 11pm



PAGE HIGH SCHOOL BOYS SOCCER 2016-2017



DATE	DAY	OPPONENT	SITE	Time
1/6/17	Fri	Veritas Prep	Page	3:00
1/13/17	Fri	Anthem Prep	Page	3:00
1/14/17	Sat	Sedona Red Rock	Sedona	4:00
1/20/17	Fri	North Pointe Prep	Moon Valley HS	4:00
1/21/17	Sat	Veritas Prep Academy	Phoenix	3:00
1/26/17	Thurs	Sedona Red Rock	Page	3:00
2/3/17	Fri	1st round state	TBD	
2/4/17	Sat	State Quarter-Finals	TBD	
2/9/17	Thurs	State Semi-Finals	Williamsfield	5 & 7
2/11/17	Sat	State Finals	Williamsfield	4:30



PAGE HIGH SCHOOL WRESTLING 2016-2017



DATE	DAY	OPPONENT	SITE	TIME
1/4/17	Weds	Mingus Multi <i>Barry Goldwater & Page</i>	Cottonwood	4:00
1/6/17-1/7/17	Fri-Sat	Joseph City Invitational	Joseph City	TBA
1/11/17	Weds	Chino Valley Multi <i>Page, Payson</i>	Chino Valley	4:00
1/13-1/14/17	Fri-Sat	Doc Wright Invitational	Winslow	TBA
1/18/17	Weds	Flagstaff Multi	Flagstaff	TBA
1/20-1/21/17	Fri-Sat	Sand Devil Classic	Page	10:00
1/25/2017	Weds	Holbrook Multi <i>Page, Chinle</i>	Holbrook	4:00
2/4/17	Sat	Sectional Tournament	Payson HS	TBA
2/9-2/10/17	Thurs/Fri	State Wrestling Tournament	Prescott Valley	TBA

JV & FRESHMAN WRESTLING

DATE	DAY	OPPONENT	SITE	TIME
1/4/17	Weds	Mingus Multi <i>Barry Goldwater & Page</i>	Cottonwood	4:00
1/11/17	Weds	Chino Valley Multi <i>Page, Payson</i>	Chino Valley	4:00
1/14/17	Sat	Pinnacle HS Wrestling	Phoenix	7:00
1/18/17	Weds	Flagstaff Multi	Flagstaff	TBA
1/20-1/21/17	Fri-Sat	Sand Devil Classic	Page	10:00
1/25/2017	Weds	Holbrook Multi <i>Page, Chinle</i>	Holbrook	4:00

GIRLS SOCCER 2016-2017

DATE	DAY	OPPONENT	SITE	Time
1/6/17	Fri	Veritas Prep	Page	1:00
1/7/17	Sat	ASU Prep	Page	1:00
1/13/17	Fri	Anthem Prep	Page	1:00
1/14/17	Sat	Sedona Red Rock	Sedona	2:00
1/20/17	Fri	North Pointe Prep	Moon Valley HS	2:00
1/21/17	Sat	Veritas Prep Academy	Phoenix	1:00
1/23/17	Mon	ASU Prep	Phoenix	3:00
1/26/17	Thurs	Sedona Red Rock	Page	1:00
2/3/17	Fri	1st round state	TBD	
2/4/17	Sat	State Quarter-Finals	TBD	
2/10/17	Fri	State Semi-Finals	Williamsfield	5 & 7
2/11/17	Sat	State Finals	Williamsfield	7:00



PAGE HIGH SCHOOL GIRLS BASKETBALL 2016-2017



DATE	DAY	OPPONENT	SITE	F	JV	V
1/3/17	Tues	Ganado	Ganado	7:30	4:30	6:00
1/6/17	Fri	Many Farms	Many Farms	12:00	3:00	6:00
1/7/17	Sat	Holbrook	Page	4:00	1:00	2:30
1/10/17	Tues	Tuba City	Tuba City	7:30	4:30	6:00
1/12/17	Thurs	Coconino	Flagstaff	4:00	5:30	7:00
1/17/17	Tues	Monument Valley	Page	7:00	4:00	5:30
1/21/17	Sat	Holbrook	Holbrook	4:00	1:00	2:30
1/26/17	Thurs	Winslow	Winslow	7:30	4:30	6:00
1/28/17	Sat	Window Rock	Ft. Defiance	11:30	11:30	2:30
1/31/17	Tues	Chinle	Chinle	3:00	3:00	6:00
2/02/17	Thurs	Tuba City	Page	7:00	4:00	5:30
2/04/17	Sat	Sedona	Page	-	1:00	2:30
2/9-2/11	Thur-Sat	3A No Regionals	TBD			TBD
2/14/17	Tues	Girls #9-#24	High Seed			TBD
2/17/17	Fri	Girls 16 teams	High Seed			TBD
2/21 or 2/23	Tues/Th	Girls Qtr Finals	TBD			TBD
2/24/17	Fri	State Semi-Finals	Gila River Arena			TBD
2/25/17	Sat	State Finals	Gila River Arena			TBD



PAGE HIGH SCHOOL BOYS BASKETBALL 2016-2017



DATE	DAY	OPPONENT	SITE	F	JV	V
1/3/17	Tues	Ganado	Ganado	6:00	4:30	7:30
1/6/17	Fri	Many Farms	Many Farms	1:30	4:30	7:30
1/7/17	Sat	Holbrook	Page	2:30	1:00	4:00
1/10/17	Tues	Tuba City	Tuba City	6:00	4:30	7:30
1/13/17	Fri	El Capitan	Page	-	5:30	7:00
1/17/17	Tues	Monument Valley	Page	5:30	4:00	7:00
1/21/17	Sat	Holbrook	Holbrook	2:30	1:00	4:00
1/26/17	Thurs	Winslow	Winslow	6:00	4:30	7:30
1/28/17	Sat	Window Rock	Ft. Defiance	1:00	1:00	4:00
1/31/17	Tues	Chinle	Chinle	4:30	4:30	7:30
2/02/17	Thurs	Tuba City	Page	5:30	4:00	7:00
2/04/17	Sat	Sedona	Page		1:00	4:00
2/9-2/11	Thur-Sat	3A North Regional	TBD			TBD
2/15/17	Weds	Boys #9-#24	High Seed			TBD
2/18/17	Sat	Boys 16 teams	High Seed			TBD
2/21 or 2/23	Tues/Th	Boys Qtr Finals	TBD			TBD
2/24/17	Fri	State Semi-Finals	Gila River Arena			TBD
2/25/17	Sat	State Finals	Gila River Arena			TBD

JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Christmas Vacation	A DAY Students Back At School	B DAY 4	A DAY 5	B DAY 6	
	A DAY 9	B DAY 10	A DAY 11	B DAY 12	A DAY 13	
	No School Martin Luther King Day	B DAY 17	A DAY 18	B DAY 19	A DAY 20	
	B DAY 23	A DAY College Readiness Night 24	B DAY 25	A DAY 26	B DAY 27	
	A DAY 30	B DAY 31				

FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			A DAY 1	B DAY 2	A DAY 3	
	B DAY 6	A DAY 7	B DAY 8	A DAY 9	B DAY 10	
	A DAY 13	B DAY 14	A DAY 15	B DAY 16	No School 17	
	No School Presidents Day	A DAY 21	B DAY 22	A DAY 23	B DAY 24	
	A DAY 27	B DAY 28				

MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			A DAY 1	B DAY 2	A DAY 3	
	B DAY 6	A DAY 7	B DAY 8	A DAY 9	B DAY 10	
	A DAY 13	B DAY 14	A DAY Parent-Teacher Conferences 6-8pm	B DAY 15	A DAY 17	
	Spring Break					
	B DAY 27	A DAY 28	B DAY 29	A DAY 30	B DAY 31	

APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	A DAY 3	B DAY 4	A DAY 5	B DAY 6	A DAY 7	
	B DAY 10	A DAY 11	B DAY 12	A DAY 13	B DAY 14	
	A DAY 17	B DAY 18	A DAY 19	B DAY 20	A DAY 21	
	B DAY 24	A DAY 25	B DAY 26	A DAY 27	No School 28	

MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	B DAY 1	A DAY 2	B DAY 3	A DAY 4	B DAY 5	
	A DAY 8	B DAY 9	A DAY 10	B DAY 11	A DAY 12	
	B DAY 15	A DAY 16	B DAY 17	A DAY 18	B DAY 19	
	~ Finals Week ~					

IMPORTANT DATES

January 16, 2017	Martin Luther King Day NO SCHOOL
January 24, 2017	College Readiness Night
February 17, 2017	NO SCHOOL
February 20, 2017	President's Day NO SCHOOL
March 15, 2017	Parent Teacher Conference 6-8pm
March 16, 2017	Parent Teacher Conference 1-4pm
March 16, 2017	Students 1/2 Day
March 20-24, 2017	Spring Break NO SCHOOL
April 28, 2017	NO SCHOOL
May 15-19, 2017	Finals Week
May 19, 2017	Students 1/2 Day
May 20, 2017	Graduation!