
Guidelines for Activities

Welcome to the Page High School Athletic/Activity Program. You should derive a sense of accomplishment and self-pride because of your decision to participate in athletics/activities. You should be proud of your community, school, and the black & red uniform you will be wearing as its representative. This handbook has been written to answer the most common questions asked about the activity program. If you have any other questions, feel free to come by the Assistant Principal's office or see one of the coaches.

Requirements for Participation

You are not eligible to participate in any athletic or AIA sponsored activity until the following items have been submitted:

1. Application for permission to participate on file.
2. Physical examination completed and papers on file in high school office. Forms may be picked up on or after March 1st of the current year. (Physical examinations are not required for participation in music programs)
3. Insurance records on file in Athletic Office.
4. A copy of your birth certificate on file.
5. Emergency release form on file in high school office.
6. Verification that you have viewed the informed consent program "Sports Risk: You Be the Judge" on file in the Athletic Office. (Not required for participation in choir or orchestra programs)
7. All eligibility requirements have been satisfied.

Conduct of Participants in Activities and Athletics

The conduct of a student is closely observed in many areas of life. It is important that your behavior be **above reproach** because you serve as a **role model** and as a **representative** of Page High School and the community.

In the area of competition, there is no place for profanity or illegal tactics. Losing is part of the game, and you should be gracious in defeat and modest in victory.

Academics need to be your number one priority. You must plan your schedule so that you give sufficient time and energy to your studies. **This may mean sacrifice of personal time rather than team or study time.**

The way you act and look on campus is of great importance. Students involved in activities should be leaders and provide a positive example to the rest of the student body.

Training Rules and Regulations

Students involved in an activity that violates school policies or regulations will be disciplined according to the guidelines established in the Student Handbook. Coaches/Sponsors may also impose additional penalties due to their disciplinary expectations. Training rules are in effect during the entire time of the season, both on campus and off.

Any student involved in activities that have a first offense involving the possession and/or use of alcohol, drugs and tobacco will be suspended from the activity. Any incidence of criminal behavior or charges instituted by an officer of law will be cause for suspension. The suspension from the activity program will end following the last competition of the activity from which he/she was suspended. A second offense will be a one calendar year suspension from all activities. **A third offense will result in permanent removal from all activities for the remainder of the student's school career at PHS.** An offense will be identified as any of the above mentioned violations or any combination there of.

Discipline for Activities

Coaches/sponsors are **required** to provide students with a **written** copy of their rules and regulations and to have students and parents/legal guardians sign acknowledgment of them. A copy of the rules and regulations will be on file in the high school office.

Discipline for violation of a particular sport/activity rule or regulation developed for that particular sport/activity, is the responsibility of that head coach/sponsor. Page High School rules and regulations apply to behavior not only in Page but also while traveling to or attending events either at home or away.

Due Process

A student or parent/legal guardian contesting the disciplinary action taken based on team/group or department rules shall have the right to a hearing with the assistant principal responsible for athletics **or activities**. In cases of disciplinary action taken by the assistant principal, the principal of the school will hear the appeal. Requests for a hearing may be made orally or in writing to the principal.

Attendance for activities

Students participating in activities at Page High School must meet the following attendance requirements:

1. Students must attend the entire school day in order to be eligible to attend an activity function occurring that day.
2. For weekend competitions or activities, students must attend the entire day prior to the competition or activity.
3. Exceptions must be cleared through the principal or his designee prior to participation in a game or practice.

Athletic Department Policies

- ◆ **Dropping an Activity** - Quitting a sport or activity is not encouraged by the activity department, but situations may sometimes dictate this action by a student. Students will have a two-week grace period in which to drop out of a sport or activity. **The two-week period begins with the official start of that particular season of practice.** After the grace period, any student who quits will be ineligible for any other sport or activity that season of sport. **Any exception must be approved by the coaches/sponsors.**
- ◆ **Equipment** - School equipment checked out by students are their responsibility. They are expected to keep it clean and in good condition. Loss of any equipment is the student's financial obligation. All equipment must be returned within one week of your last event or disciplinary action will be taken.
- ◆ **Travel** - All students must travel to and from out-of-town contests in transportation provided by the activities department. Exceptions will only be made for extreme circumstances such as, ACT testing, doctor's appointments, etc. Exceptions must be cleared in writing by the Principal or designee a minimum of 24 hours in advance of the trip.

Students will remain with their squad or group and under the supervision of school personnel when attending away activities. **Students that violate established curfew rules will be required to miss the next two trips out of Page.**

Students will be expected to follow all regular school bus rules, including: food, noise, remaining in seats and care and respect for equipment. In returning from events all students will return with the team or group unless released to the parents/legal guardians and the provided forms are completed before releasing the student.

Exceptions must be cleared by the Principal or designee a minimum of 24 hours in advance of the trip. Students will be expected to dress appropriately and in good taste.

- ◆ **Conflicts in co-curricular Activities** - A student who attempts to participate in a number of co-curricular activities will, undoubtedly, be in a position of a conflict of obligation. A.I.A. competitive activities will have precedence over school sponsored activities.

Students have a responsibility to do everything they can to avoid continuous conflicts. This responsibility includes being cautious about participating in too many activities where conflicts are bound to happen. It also means notifying the faculty sponsors involved immediately when a conflict does arise.

When conflicts arise, the sponsors will attempt to resolve the situation with as little discomfort as possible. If a solution cannot be determined then the student will make the decision.

Once the decision is made, the student will not be penalized by the coaches/sponsors. It is understood that missed time because of a conflict may result in a student having to earn a position back while it was occupied by another student during the conflict. Team or group membership will not be taken away because of an activity conflict.

Eligibility Rules - A.I.A.- Page High School

- ◆ **Age** - If a student becomes 19 years of age after September 1, he/she is eligible to compete for the remainder of that school year. If he/she becomes 19 years of age on or before September 1, he/she is not eligible for any part of that school year.
- ◆ **Domicile** - A student is privileged with eligibility for interscholastic competition only at the school in the district in which his/her parents are domiciled. An exception is the eighth grade graduate who is enrolling in the ninth grade for the first time at a school outside the domicile of the parents. Students will be eligible for interscholastic activities at the enrolling school. For specific situation regarding domicile and transfer situation, refer to the A.I.A. constitution and bylaws.
- ◆ **Guardianship** - A student for whom a legal guardian has been appointed by a court of law may be declared eligible at the school in which said legal guardian is domiciled by petitioning the executive board of A.I.A. Refer to the A.I.A. Constitution and bylaws for an explanation of the petition process.
- ◆ **Semester of Participation** - A student is privileged with eligibility for only four consecutive seasons in each sport or activity and for only eight consecutive semesters after he/she first enrolls in the 9th grade. Exceptions to the above may be found in the A.I.A. Constitution and bylaws.
- ◆ **Page School's Academic Eligibility** - A student, in order to participate in all co-curricular activities must pass all classes every three weeks. The period of ineligibility will begin the Monday following grade checks. During the period of ineligibility, the student is required to spend one hour as designated by the coach, working on academics. During the period of ineligibility, the student shall not travel, miss any school due to team/group functions, be in uniform with the team/group, or represent the team/group at any scheduled function.

The student must remember that participation in activities is not a right. It is a privilege you earn by adhering to the rules established by the A.I.A., "AAAA" Conference, Grand Canyon Region, Page High School, and the individual sport or activity.

Thank you for your interest in the program. We hope that you will enjoy participating in your favorite sport/activity.