



Page Middle School "Together We Succeed"

(928) 608-4300
101 El Mirage
Page, AZ 86040

Page Middle School
October 2015

Message from Administration:

Dear Parents,

I just want to say thank you to all the parents who came and helped with the Reward Rally on September 30 during lunch. The students enjoyed their popsicles and seeing the parents on campus. Our next Reward Rally will be Monday, October 31st, at the end of the school day. There will be a Halloween dance and other activities to enjoy. Remember these Reward Rally's are for students who did not receive any referrals for the month.

We have finished the first quarter of school and are moving forward. We hope to see you at parent teacher conferences. Remember that attendance is a key to student success. Research shows that children who are in school most of the time do better. Also being late for school hurts a child's learning too. A student who is 10 minutes late every day will miss 30 hours of instruction during the year.

We all want your student to be successful. If you have any questions regarding attendance or need to contact the school because your student is absent please call 928-608-4305.

Thanks,

Stephanie Hansen, Assistant Principal

Parent Teacher Conferences

**October 12th
6:00 - 8:00 p.m.
&
October 13th
1:00 - 4:00 p.m.**

The 13th will be a half day of school for the district.

NO SCHOOL

There will be no school on October 14th due to Professional Development for staff.

Fall Break:

October 14-17th

Transportation Policy

For safety reasons, the schools within our district will no longer accept call-in changes of after-school routines after **2:00 p.m.** Also—no student will be released once on a school bus.

Page Middle School

Office Hours

7:30 a.m.—4:00 p.m.



Are you concerned about your child's development or progress in school?

Some Children have difficulty learning or achieving developmental milestones. If you know a child who has a disability or one you suspect may have problems with learning, communication, vision, hearing, behavior, or motor control and coordination, ask for help.

Who can you ask for help?

Page Unified School District provides child find referral services and/or screenings to children birth through age 21 that may have a delay or disability. To refer a child contact Penni Case/Pam Cornaby at 928-608-4176. Anyone can refer a child: a parent, teacher, counselor, friend, relative, neighbor or the student. All referrals are considered confidential



Fall Sports Update

Our Fall sports are at the mid point in their season and will be finishing up at the end of this month. So, come out and catch a game before their season ends. Check out the calendar for dates you can see our athletes compete.

Also, our 8th grade Football team has a great chance to make the NAIC Semi-Final Playoffs again this year.

Parents/Guardians with questions please contact Lou Brown at (928) 608-4308 .

Nurse's Corner

Dear Parents/ Guardians,

Flu season is upon us and if students show signs of a Fever over 100.0, body aches, fatigue, cough and sore throat, please follow up with a doctor. Students will need to provide doctor's note upon returning to school. We also have confirmed cases of Pink Eye and Impetigo, if your child has itchy watery eyes and discharge from the eye, they should see a doctor for possibly being exposed to pink eye. Symptoms of impetigo are staph infected sores around the mouth and nose, both of which are very contagious. Please remind your student to wash their hands and to keep their hands away from their face and other students.

Please keep in mind that the Middle School will not provide Tylenol and cough drops to students. Parents will need to bring the student their own over the counter medication with its original box/container for accurate dosage. Parents will then need to fill out medication consent forms before it can be administered, these forms are located in the front office. These medications will only be available to the student and will be located in the nurse's locked med cabinet. Students are not allowed to bring in their own medications nor will they be allowed to bring them on the school bus, this will result in a referral to the dean.

Domestic Violence Awareness Month

October is Domestic Violence Awareness Month, a time for the community to come together and build awareness and a movement towards safe and healthy relationships for all individuals and families.



After School Programs

Listed below are the programs that we offer after school through the 21st CCC. 3:15 PM to 4:15 PM, Monday through Thursdays. For questions please call Jessica Dodson 21st Century Coordinator at (928) 608-4145.

- Reading Club — Monday
- **Science Club —Monday**
- Academic Tutoring — Mrs. Boldin & Mrs. Robbins—Monday—Thursday
- Cheer Club Mrs. Tilker — Tuesday, Wednesday and Thursday
- Computer Club — Mrs. Manz —Tuesday
- Native American Club — Mrs. Yazzie Pioche—Wednesday
- Safety Club — Mr. Manz —Wednesday
- ELA Tutoring —Mr. Cambridge —Thursday



October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3	4 7th & 8th VB at Navajo Mtn	5 7th & 8th Football @ Kayenta	6 Band Concert 7 pm	7 1st Quarter Ends	8 XC Tuba City VB @ Tuba City Bdg
9	10	11 VB @ Tonalea	12 Parent Teacher Conferences 6 -8 pm Picture Retakes	13 1/2 Day of School—P/T Conferences 1-4 p.m. 7th & 8th VB @ Kayenta / Hopi MS	14 No School Professional Development Day XC Meet @ Golf Course	15
16	17 No School Fall Break	18	19 7th & 8th Football v. TBC @ HOME VB Playoffs @ Kayenta	20	21 PRIDE Assembly	22 XC Championship @ Hopi VB Finals @ Chinle
23	24 No School Fall Break	25 <i>Choir Concert</i> 8th grade Football Semi-Finals	26	27	28	29 NAIC Football Championship
30	31 Reward Rally Halloween Dance					

Upcoming Events:

11/11/16 - NO SCHOOL Veterans Day

11/23-11/27/16 - Thanksgiving Break



INHALENT ABUSE AT THE MIDDLE SCHOOL

There has been an increase of students that have been abusing inhalants, such as AXE body spray, hair spray, air duster, air fresheners, correction fluid, cooking spray or canned whipped cream, just about anything that is in a aerosol can. Inhaling also known as huffing is intentional smelling or breathing in vapors of different chemicals in order to get high. Students who abuse inhalants believe that there is nothing more than canned air in these containers, but all of these inhalants contain harmful chemicals especially in the propellant.

The risks of inhalant abusers can be fatal and life threatening even to those who abuse for the first time. There is various ways to abuse inhalants such as:

Huffing: a rag is soaked in an inhalant and pressed against the mouth

Sniffing or snorting: fumes are sniffed or snorted directly from an aerosol container.

Bagging: fumes are sprayed into a plastic or paper bag and then inhaled.

Spraying: fumes or contents are sprayed directly into the nose or mouth.

Inhaling: nitrous oxide is inhaled from a balloon.

The causes of inhaling or huffing is a sense of euphoria (state of being happy or excited), which could last 15- 30 minutes. It could later be followed by dizziness, slurred speech, loss of coordination, inhibition and control, hallucinations and delusions are possible. Students who abuse inhalants are at risk for serious liver and kidney damage, permanent brain damage, hearing loss and loss of coordination. Inhalants can also cause an irregular heartbeat which makes the heart work harder and faster which can then trigger lethal heart failure.

Warning signs:

Inhalant possession (like in the students locker) full or empty container

Odor, breath or clothing

Paint or stains, redness, on student's face, hands or clothing

Slurred speech

Loss of coordination

Confusion

Irritability

Eye fluttering

Complaints of Headache

To prevent inhalant abuse it is always best to **discuss the risks** with your child and be sure to emphasize that any inhalant can be fatal and is NOT a harmless way to get high. Be a **good listener** and be able to encourage your child to come to you with any questions or concerns. **Set expectations** and let your child know that you and school staff will not tolerate huffing or any other types of inhalant abuse. Remind your child that you love them and that their safety is your priority. Be **involved** in your child's studies and social life, meet their friends and their friends' parents. Always know where your child is at all times especially after school. Teach them to resist peer pressure and that they are more important than another student's way of fun. It's better to lose a friend than to lose your own life for something that could be prevented.