

A Note from the Counselor

It is privilege to have the opportunity this year to work with the students of Hassayampa Elementary as the school counselor!

The Guidance and Counseling Program at Hassyampa Elementary is designed to reach <u>all</u> K-5 students in order to help meet their academic, social, emotional and physical needs. This is accomplished through classroom guidance lessons, small group activities and individual counseling.

If you have any further questions about the Guidance and Counseling Program, or if you'd like to refer your child, please feel free to contact me. I look forward to working with your child this year!

Sincerely,

For more information about the Guidance and Counseling Program, please contact:

> Diane Keith-Prohl, MAE School Counselor

Hassayampa Elementary School: Guidance and Counseling

251 South Tegner Street Wickenburg, AZ 85390 Phone: 928.668.5309 Room 158 dkeithprohl@wickenburg.k12.az.us

Progress to Success

Hassayampa Elementary School

Student Services Information



Guidance and Counseling Program

Main Office: 928.684.6750 Fax: 928.684.6751

Diane Keith-Prohl

Guidance and Counseling

What is a School Counselor?

Elementary school counselors are professional educators with a mental health perspective who understand and respond to challenges presented by today's diverse student population. School counselors work with students, parents and school staff to assist students in becoming successful learners.

- American School Counseling Association

Counseling and Guidance Mission:

The school counselor, in partnership with school educators, families and community members, supports every by providing student а comprehensive and developmental school counseling program where all students can grow in social and academic excellence throughout their This program includes lives. education. intervention and consultation with all students in the areas of academic, career and personal/social growth.

Guidance Lessons

Aims to teach the "soft skills" that are essential to the success, growth and development of young children. Lessons are built upon the Character Counts! framework of responsibility, caring, fairness, respect, trustworthiness and citizenship.

Other topics may include:

- Bullying and conflict resolution
- Nutrition
- Gender specific concerns
- Drug Prevention
- Career Development
- Emotional Intelligence



Small Groups

Character Counts! Pillars: responsibility, caring, fairness, respect, trustworthiness and citizenship. This is a process where students, sharing similar issues and concerns, work together in a small group environment that consists of about 5-8 peers. The group sessions usually last about 30 minutes and are held for approximately 6-8 weeks.

Topics are dependent upon student needs but may focus on:

- Social Skills
- Anger Management
- Family Transitions
- Gender-specific Concerns
- Grief/Loss

If your child is recommended for group work, you will be contacted.

Individual Counseling

Individual referrals to the counselor can be made by families, teachers and other support staff, or by the students themselves. Students can discuss issues in a safe, positive, and confidential setting.