

LWP Committee Meeting Minutes:

2/25/2016

D.O. Conference Room

We read through the policy to determine if the items within the policy were being met.

Most items are being addressed, some were lacking. I.E. High School is missing the education piece of the wellness policy due to time constraints and the fact that most teachers teach to the testing standards and nutrition education is not part of that, therefore is not a priority.

We came up with a couple of possible solutions for next year that the committee can help with to fill some of the gaps.

- We are going to put together an informational flyer that can be distributed to students that talks about nutrition and the importance of exercise and staying active every day.
- We also discussed putting together a district wide health fair as opposed to a couple of individual sites doing their own next school year.

I also submitted some changes to the last paragraph regarding monitoring and evaluation and who the committee reports the information to after each meeting.

We also talked about Fuel up to Play 60. I would like to get each school to sign up for the program. Lots of good things we could do and grants that this program opens up. I am planning to reach out to each school towards the end of April to see if I can meet with them and fill out the grant for next year's program.