

MAY

Wickenburg High Menu



Questions or Comments?
Brian Stradling
Director of Dining Services
Phone: 928-684-6607



Special Lunch on May 4th for meals from a... far away in celebration of Star Wars Day.

Breakfast features Jar Jar Links in a Blanket or Asteroid Cereal Bar. Enjoy a Jabba the Hut Dog, C3PO Macaroni and Cheese or a Sith Spicy Chicken for Lunch. Lunch will also include Vader Tater Tots.

DAILY SELECTIONS

Cheeseburger
Spicy Chicken Sandwich
Cheese or Pepperoni Pizza
Build Your Own Taco & Burrito Bar

DAILY SELECTIONS

Deli Subs & Wraps
Fresh Fruit and Vegetable Bar
Assorted Low Fat Milk



This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

1 Lunch
Chicken Tender & Creamy Potato Bowl
Turkey Pesto Panini
Large Chicken Caesar Salad
Broccoli with Cheese Sauce

Breakfast
French Toast Sticks with Sausage Patty

2 Lunch
BBQ Glazed Chicken
Seasoned Beefy Macaroni
Green Chile Chicken
Enchiladas
Seasoned Corn

Breakfast
Breakfast Casserole w/ Buttery Toast

3 Lunch
Beef Dipper Potato Bowl
Garden Vegetable Cheesy Lasagna
Southwest Veggie Wrap
Buttered Crinkle Cut Carrots

Breakfast
Golden Waffle Sandwich with Egg, Sausage & Cheese

4 Lunch
Creamy Macaroni & Cheese with Ham
Texas Dog
Turkey Power Wrap
Seasoned Broccoli

Breakfast
Whole Grain Golden Jumbo Waffles

5 Lunch
Orange Chicken w/ Brown Rice
Turkey Hot Dog
Seasoned Curly Fries

Breakfast
Baked Breakfast Country Bowl w/ Buttery Toast

8 Lunch
Kung Pao Beef & Oriental Vegetables
BBQ Pork Rib Sub w/Cheese
Seasoned 4 Way Mixed Vegetables

Breakfast
Whole Grain Ham, Egg & Cheese Big Bite

9 Lunch
Cheesy Chicken Fajita Melt
Panini
Creamy Chicken Alfredo
Chicken Teriyaki Wrap
Buttered Green Beans

Breakfast
Fluffy Scrambled Egg Spicy Chorizo w/ Buttery Toast

10 Lunch
Cheesy Layered Beef Lasagna
Spaghetti in Homemade Marinara
Seasoned Peas

Breakfast
Golden Pancakes with a Savory Sausage Patty

11 Lunch
Beef Dipper Sliders
Loaded Chicken Snowbowl
Large Tangy Hawaiian Chicken Salad
Seasoned Corn

Breakfast
Whole Grain French Toast Sticks w/ Sausage Patty

12 Lunch
Turkey Hot Dog
Orange Chicken w/ Brown Rice
Seasoned Curly Fries

Breakfast
Homemade Breakfast Casserole w/ Buttery Toast

15 Lunch
Kung Pao Beef & Oriental Vegetables
BBQ Pork Rib Sub w/Cheese
Seasoned 4 Way Mixed Vegetables

Breakfast
Whole Grain Waffle Stix w/ Sausage Patty

16 Lunch
Loaded Chicken Snowbowl
Whole Grain Savory Meatball Sub
Seasoned Corn

Breakfast
Whole Grain Sausage, Egg & Cheese Panini

17 Lunch
Meatloaf Potato Bowl
Chicken Gyro Whole Grain Pita Sandwich
Large Crispy Chicken Salad
Seasoned Green Peas

Breakfast
Whole Grain French Toast Sticks w/ Sausage Patty

18 Lunch
Creamy Chicken Alfredo
Sloppy Joe Sandwich
Seasoned Beef Tostada
Broccoli with Homemade Cheese Sauce

Breakfast
Mini Bagels with Cinnamon Cream Cheese

19 Lunch
Orange Chicken w/ Brown Rice
Turkey Hot Dog
Seasoned Curly Fries

Breakfast
Fluffy Pancake with Savory Sausage Link

22 Lunch
Orange Chicken w/ Rice
Turkey Hot Dog
Seasoned Curly Fries

Breakfast
Whole Grain Waffle on a Stick

23 Lunch
Orange Chicken w/ Brown Rice
Turkey Hot Dog
Seasoned Curly Fries

Breakfast
Homemade Sausage, Egg & Cheese Big Bite

24 Lunch
Orange Chicken w/ Rice
Turkey Hot Dog
Seasoned Curly Fries

Breakfast
Egg, Ham, Potato & Cheese Bowl w/ Buttery Toast

25

26

29

30

31

Menu is subject to change.

Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast

Breakfast Meal Price: Paid \$1.75 / Reduced \$0.30 Lunch Meal Price: Paid \$2.80 / Reduced \$0.40 Adult Meal Price: \$3.00