

APRIL

Hassyampa Elementary Menu

Fresh Fruit & Vegetable Bar Served Daily!

ANNOUNCEMENTS

Be a Vegetarian for a Day!

Every Tuesday during the month of April we will have a special vegetarian menu. Our entrées and salad bar will include locally grown fruits and veggies. Pump it up with more fruits and veggies SFE style!

Did you know?

To make one quarter-pound hamburger, it takes 6.7 pounds of animal feed, 52.8 gallons of water, and 74.5 square feet of land. Love your Earth! Go meatless on Earth Day, April 22nd.



SFE This institution is an equal opportunity provider.

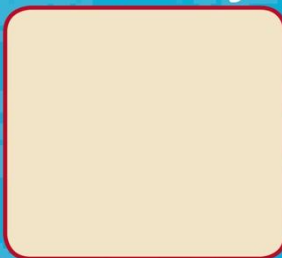
Questions or Comments?
 Brian Stradling, Director of Dining Services
 Phone: 928-684-6607



Monday Tuesday Wednesday Thursday Friday



Menu is subject to change.



Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast

3 Lunch
 Chilled Ham & Cheese Sub
 Crispy Chicken Tenders
 Rotini noodles in Marinara
 Smooth Cut Carrots

Breakfast
 Mini Blueberry Pancakes

4 Lunch
 Grilled Cheese Sandwich
 Macaroni & Cheese with Ham
 Southwest Veggie Wrap
 Seasoned Green Peas

Breakfast
 Pancake Wraps

5 Lunch
 BBQ Pork Rib Sub
 Chicken Nachos with Homemade Cheese Sauce
 SunButter & Jelly Sandwich
 Colorful Mexicorn

Breakfast
 Scrambled Egg Spicy Chorizo with Whole Grain Tortilla

6 Lunch
 Cheese-Filled Breadstick with Homemade Marinara
 Seasoned Beefy Macaroni
 Crispy Chicken Ranch Wrap
 Fresh Broccoli with Cheese

Breakfast
 French Toast Sticks

7 Lunch
 Two Cheese Pizza
 Pepperoni Pizza
 Teriyaki Chicken Wrap
 Seasoned Corn

Breakfast
 Whole Grain Donut

10 Lunch
 Crispy Orange Chicken
 Classic Coney Dog
 BBQ Chicken Wrap
 Fresh Broccoli with Cheese

Breakfast
 Pancakes with a Savory Sausage Patty

11 Lunch
 Layered Garden Vegetable
 Lasagna
 Cheesy Nachos
 Veggie Wrap
 Seasoned 5 Way Vegetables

Breakfast
 Whole Grain French Toast Sticks

12 Lunch
 Toasted Turkey Melt
 Down Home Chicken & Waffles
 Adobe Chicken Wrap
 Seasoned Green Peas

Breakfast
 Egg, Ham, Potato & Cheese Bowl w/ Buttery Toast

13 Lunch
 Baked Cheese Enchiladas
 Large BBQ Chicken Salad
 Juicy Cheeseburger
 Colorful Mexicorn

Breakfast
 Cinnamon Rolls w/ Icing & Sausage Patty



17 Lunch
 Loaded Chicken Snowbowl
 Chicken Corn Dog
 Crispy Chicken Ranch Wrap
 Seasoned Corn

Breakfast
 Golden Waffle Sandwich

18 Lunch
 Grilled Veggie Wrap
 Pumped Up Pasta Bake
 Baked Cheese Pizza
 Seasoned Green Peas

Breakfast
 Sausage & Cheese Whole Grain English Muffin

19 Lunch
 Creamy Chicken Alfredo
 Tomato & Beef Ravioli
 Chicken Garden Salad
 Buttered Green Beans

Breakfast
 Cheesy Scrambled Egg & Ham w/ Buttery Toast

20 Lunch
 Chicken Nachos w/ Cheese
 SunButter & Jelly Sandwich
 Green Chile Chicken
 Enchiladas
 Colorful Mexicorn

Breakfast
 Biscuits & Gravy with Sausage patty

21 Lunch
 Two Cheese Pizza
 Pepperoni Pizza
 Pulled Pork Sandwich
 4 Way Mixed Vegetables

Breakfast
 Whole Grain Mini Blueberry Pancakes

24 Lunch
 Orange Chicken w/ Rice
 Turkey Hot Dog
 Small Chicken Caesar Salad
 Smooth Cut Carrots

Breakfast
 Breakfast on a Stick

25 Lunch
 Garden Vegetable Cheesy
 Lasagna
 Southwest Veggie Wrap
 Cheeseburger
 Seasoned Corn

Breakfast
 Golden Pancakes with a Savory Sausage Patty

26 Lunch
 Chicken Corn Dog
 Creamy Macaroni & Cheese with Ham
 Ham & Pepper Jack Sub
 Seasoned Green Peas

Breakfast
 Egg, Sausage & Cheese Whole Grain Bagel Sandwich

27 Lunch
 Creamy Chicken Alfredo
 Beef Ravioli with Dinner Roll
 BBQ Chicken Wrap
 Buttered Green Beans

Breakfast
 Whole Grain French Toast Sticks

28 Lunch
 BBQ Sloppy Joe Sandwich
 Pepperoni Pizza
 Crispy Cheese Pizza
 Fresh Broccoli with Cheese

Breakfast
 Fluffy Egg & Sausage Whole Grain Burrito

Breakfast Meal Price: Paid \$1.25 / Reduced \$0.30 Lunch Meal Price: Paid \$2.60 / Reduced \$0.40 Adult Meal Price: \$3.00