Vulture Peak Middle School Menu

is March 6th

In recognition of NSBW we will be serving a variety of quiches from SFE's Quiche Lorraine concept!



Questions or Comments? Brian Stradling

Director of Dining Services Phone: 928-684-6607





DAILY SELECTIONS

Cheeseburger or Spicy Chicken Cheese or Pepperoni Pizza

DAILY SELECTIONS

Deli Subs & Wraps Fresh Fruit and Vegetable Bar Assorted Low Fat Milk



This institution is an equal opportunity provider.

Monday

Fresh Fruit Selection &

Tuesday

Reduced Sugar Cereals Available Daily at Breakfast

Menu is subject to change.

Lunch

Loaded Chicken Snowbowl Whole Grain Cheesy Meatball Sub Seasoned Corn

Breakfast

Quiche, Spinach & Pepperon

Lunch

Kung Pao Beef & Oriental Vegetables Green Chicken Enchiladas Chicken Taco Salad Colorful Mexicorn Breakfast

Quiche Lorraine

Wednesday

Lunch Kyoto Popcorn Chicken w/

Sunflower Noodles Classic Coney Dog Crispy Buffalo Chicken Salad Fresh Broccoli with Cheese

Breakfast

Oven Baked Breakfast

serole w/ Buttery Toas

Lunch

Creamy Chicken Alfredo **Tangy Crispy Orange** Chicken Crispy Chicken Wrap Seasoned Broccoli

Breakfast Quiche, The Cali

Thursday

Lunch

Orange Chicken w/ Brown Rice Spicy Chicken Sandwich Big Texan Stacker Seasoned Green Peas

Breakfast

French Toast Sticks w/ Sausage Patty

Lunch

Chicken Corn Dog Gooey Macaroni & Cheese with Ham **Buttered Green Beans**

Breakfast

Quiche, The Chili Relleno

FRIday

Lunch

Philly Chicken Cheesesteak Seasoned Beefy Rotini Juicy Whole Grain Cheeseburger Seasoned Corn

Breakfast

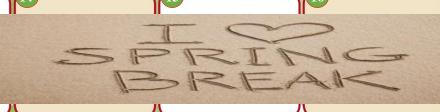
Scrambled Egg Spicy Chorizo w/ Buttery Toast

Lunch

Hawaiian BBQ Kahlua Pork w/ Fried Rice **Texas Dog Buttered Crinkle Cut Carrots**

Breakfast

Quiche, The Austrian



Lunch

Creamy Chicken Alfredo Tangy Crispy Orange Chicken

Crispy Buffalo Chicken Salad Seasoned Green Peas

Breakfast

Whole Grain French Toast Sticks w/ Sausage Patty

Lunch

Cheese-Filled Breadstick with Homemade Marinara Baked Seasoned Beefy Rotin Steamed Broccoli & Cheese

Breakfast

Crispy Southwestern Hash w/ Buttery Toast

Lunch

Savory Pulled Pork Whole **Grain Sandwich** Seasoned Beefy Rotini Turkey & Cheese Wrap **Buttered Cut Carrots**

Breakfast

Homemade Biscuits & Gravy with Ham Slice

Lunch

Country Fried Steak Bowl BBQ Pork Rib Sub w/Cheese Fresh Veggie Wrap Buttered Crinkle Cut Carrots

Breakfast

Breakfast Ham & Cheese Wheat Quesadilla

Lunch

Mini Chicken Corn Dog Savory Meatball Sub Crispy Chicken Caesar Salad Steamed Broccoli & Cheese

Breakfast

Whole Grain Fluffy Pancake with Savory Sausage Link

Lunch

Orange Chicken w/ Brown Rice Big Texan Stacker

Seasoned Green Peas

Breakfast

Egg, Ham, Potato & Cheese Bowl w/ Buttery Toast

Lunch

Macaroni & Cheese with Ham Crunchy Chicken Salad Colorful Mexicorn

Baked Cheese Enchiladas

Breakfast Cheesy Denver Scrambled

Egg w/ Buttery Toast

Lunch

Crispy Popcorn Chicken Potato Bowl Cheesy Meatball Sub Seasoned Corn

Breakfast

Golden Waffle Sandwich with Egg, Sausage & Cheese

Lunch

Loaded Chicken Snowbowl Cinnamon French Toast & Scrambled Eggs Small Fresh Chef Salad Seasoned Corn

Breakfast

Scrambled Eggs & Cheese w **Buttery Toast**

Lunch

BBQ Beef Dipper Sandwich Crispy Buffalo Chicken Salad Oven Baked Cheese Enchiladas **Buttered Green Beans**

Breakfast

Whole Grain French Toast

Breakfast Meal Price: Paid \$1.00 / Reduced \$0.30

Lunch Meal Price: Paid \$2.00 / Reduced \$0.40 Adult Meal Price: \$4.00