

MARCH

Vulture Peak Middle School Menu

School Breakfast Week
is March 6th - 10th



Questions or Comments?
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Director of Dining Services
Phone: 928-684-6607



In recognition of NSBW we will be serving a variety of quiches from SFE's Quiche Lorraine concept!



DAILY SELECTIONS
Cheeseburger or Spicy Chicken
Cheese or Pepperoni Pizza

DAILY SELECTIONS
Deli Subs & Wraps
Fresh Fruit and Vegetable Bar
Assorted Low Fat Milk

SFE This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

Menu is subject to change.

Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast



1 Lunch
Kyoto Popcorn Chicken w/ Sunflower Noodles
Classic Coney Dog
Crispy Buffalo Chicken Salad
Fresh Broccoli with Cheese
Breakfast
Oven Baked Breakfast
Cereole w/ Buttery Toast

2 Lunch
Orange Chicken w/ Brown Rice
Spicy Chicken Sandwich
Big Texan Stacker
Seasoned Green Peas
Breakfast
French Toast Sticks w/ Sausage Patty

3 Lunch
Philly Chicken Cheesesteak
Seasoned Beefy Rotini
Juicy Whole Grain Cheeseburger
Seasoned Corn
Breakfast
Scrambled Egg Spicy Chorizo w/ Buttery Toast

6 Lunch
Loaded Chicken Snowbowl
Whole Grain Cheesy Meatball Sub
Seasoned Corn
Breakfast
Quiche, Spinach & Pepperoni

7 Lunch
Kung Pao Beef & Oriental Vegetables
Green Chicken Enchiladas
Chicken Taco Salad
Colorful Mexican
Breakfast
Quiche Lorraine

8 Lunch
Creamy Chicken Alfredo
Tangy Crispy Orange Chicken
Crispy Chicken Wrap
Seasoned Broccoli
Breakfast
Quiche, The Cali

9 Lunch
Chicken Corn Dog
Gooney Macaroni & Cheese with Ham
Buttered Green Beans
Breakfast
Quiche, The Chili Relleno

10 Lunch
Hawaiian BBQ Kahlua Pork w/ Fried Rice
Texas Dog
Buttered Crinkle Cut Carrots
Breakfast
Quiche, The Austrian

13

14

15

16

17



20 Lunch
Creamy Chicken Alfredo
Tangy Crispy Orange Chicken
Crispy Buffalo Chicken Salad
Seasoned Green Peas
Breakfast
Whole Grain French Toast Sticks w/ Sausage Patty

21 Lunch
Savory Pulled Pork Whole Grain Sandwich
Seasoned Beefy Rotini
Turkey & Cheese Wrap
Buttered Cut Carrots
Breakfast
Homemade Biscuits & Gravy with Ham Slice

22 Lunch
Mini Chicken Corn Dog
Savory Meatball Sub
Crispy Chicken Caesar Salad
Steamed Broccoli & Cheese
Breakfast
Whole Grain Fluffy Pancake with Savory Sausage Link

23 Lunch
Baked Cheese Enchiladas
Macaroni & Cheese with Ham
Crunchy Chicken Salad
Colorful Mexican
Breakfast
Cheesy Denver Scrambled Egg w/ Buttery Toast

24 Lunch
Loaded Chicken Snowbowl
Cinnamon French Toast & Scrambled Eggs
Small Fresh Chef Salad
Seasoned Corn
Breakfast
Scrambled Eggs & Cheese w/ Buttery Toast

27 Lunch
Cheese-Filled Breadstick with Homemade Marinara
Baked Seasoned Beefy Rotini
Steamed Broccoli & Cheese
Breakfast
Crispy Southwestern Hash w/ Buttery Toast

28 Lunch
Country Fried Steak Bowl
BBQ Pork Rib Sub w/ Cheese
Fresh Veggie Wrap
Buttered Crinkle Cut Carrots
Breakfast
Breakfast Ham & Cheese Wheat Quesadilla

29 Lunch
Orange Chicken w/ Brown Rice
Big Texan Stacker
Seasoned Green Peas
Breakfast
Egg, Ham, Potato & Cheese Bowl w/ Buttery Toast

30 Lunch
Crispy Popcorn Chicken
Potato Bowl
Cheesy Meatball Sub
Seasoned Corn
Breakfast
Golden Waffle Sandwich with Egg, Sausage & Cheese

31 Lunch
BBQ Beef Dipper Sandwich
Crispy Buffalo Chicken Salad
Oven Baked Cheese Enchiladas
Buttered Green Beans
Breakfast
Whole Grain French Toast Sticks w/ Sausage Patty

Breakfast Meal Price: Paid \$1.00 / Reduced \$0.30

Lunch Meal Price: Paid \$2.00 / Reduced \$0.40

Adult Meal Price: \$4.00